Accreditation
CHECKLIST

Accredited Certificate in Coach Training (ACCT)
The Association of Coaching

Creating Space For You is currently offering the opportunity to study for the Accredited Certificate in Coach Training (ACCT) through the Association For Coaching. The following pages include information provided by the accrediting body on the requirements for accreditation. If you wish to go forward for accreditation, you can find out what you will need to do to become an accredited coach at this level.

DESCRIPTORS OF TRAINING PROGRAMME

- ☐ Teaches comprehensive core coaching skills, including skills drawn from a range of theory, models and practice (may include examples from CBC, NLP, Clean, Behavioural, Neuroscience etc.)
- ☐ Further develops coaching skills and practice
- ☐ Includes three or more Coaching Approaches or Models
- ☐ Develops participants' ability to use a broad range of methods and tools to work with clients
- ☐ Includes working with our coaching competencies and ethical guidelines
- ☐ Includes professional reflective practice based on observation, feedback and in- class supervision
- ☐ ACCT Programme provides sufficient training hours for coaches wishing to pursue Coach / Executive Coach or Professional/ Professional Executive Coach Accreditation with the AC

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- ☐ Train using the AC Coaching Competency Framework and Global Code of Ethics for Coaches, Mentors & Supervisors
- ☐ Other competency frameworks and Codes of Ethics can be referenced
- ☐ Competency frameworks provided within the programme
- ☐ Record your evidence on the sheets provided

Class-based training hours and coaching practice

- ☐ 60 hours required
- ☐ Completed within the programme
- ☐ Combination of live training and recorded training
- ☐ Record your evidence on the sheets provided

Self-study hours

- ☐ 40 hours required
- ☐ Completed in your own time at your own pace
- ☐ Choose any combination of reading, video, or audio material which is relevant
- ☐ Record your progress on the sheets provided

Coaching practice

- ☐ 20 hours required
- ☐ 16 hours built into the course schedule
- ☐ Option to include coaching sessions from your existing practice if you are already coaching
- ☐ Record your progress on the reflection sheets provided

Specific coaching approaches and models trained

- ☐ Three or more approaches required
- ☐ More than three approaches are included in the course
- ☐ Recorded within the reflection sheets provided

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Class-based training hours and coaching practice	☐ 60 hours required ☐ Completed within the programme ☐ Combination of live training and recorded training ☐ Record your evidence on the sheets provided
Self-study hours	☐ 40 hours required ☐ Completed in your own time at your own pace ☐ Choose any combination of reading, video, or audio material which is relevant ☐ Record your progress on the sheets provided
Coaching practice	☐ 20 hours required ☐ 16 hours built into the course schedule ☐ Option to include coaching sessions from your existing practice if you are already coaching ☐ Record your progress on the sheets provided
Specific coaching approaches and models trained	☐ Three or more approaches required ☐ More than three approaches are included in the course ☐ Recorded within the sheets provided

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References	☐ Minimum two participant references ☐ Completed within the programme
Membership	☐ If not an AC Member, please give details of your Proffessional Memebrship Body, Membership Number and expiry date of your memebership