Learning Log

Pre-Course Sessions

PRE-COURSE CONTENT

- Creating a safe space for working together
- Values, ethics and principles underpinning CS4U coaching, including equitable power
- Overview of resources you have access to including the AOC
- Coaching Qualification requirements

Before the session I ...	
I have learned ...	
What matters ...	
How I feel now ...	
Actions to take ...	

Finding What Matters - Pre-Course Content

What matters? Look back over our sessions so far, and use this space to identify your key take-aways from Module 1.