# 'use what you' have supply list

# Below you'll find some information on materials to help you get ready.

Since this is a mixed media class there are a lot of options for materials so I encourage you to use whatever you have already. You can also start keeping an eye out for fabrics, lace and other interesting materials that catch your eye, street finds, sentimental objects, and papers. You will not use all of them, but it is a good idea to have a lot to choose from when we get started.

### The substrate

• Stretched canvas or substrate of your choice. It needs to be fairly good quality so that it doesn't get ripped during the mixed media layering process (I will be using a 16 x 20 canvas as I am planning to stitch through the canvas, otherwise I often use a wood panel.

# The portrait (we will go through this part in detail in our first meet up)

- 1. Printed reference (if transferring your image). The image of you should be of your head and shoulders.
- 2. Also, be sure to print out your reference photo proportionate to your chosen canvas size.
- 3. transfer paper or carbon paper (if transferring your image) (I am using Saral brand transfer paper in red or blue which can found on amazon and in art and craft stores.)

## Acrylic Paints that I will be using:

You can use any acrylic and mediums that you like and a different colour palette if you prefer.

 Titanium white Mars Black Yellow ochre Burnt Umber Cadmium yellow Cadmium Red Ultramarine blue Teal (or turquoise)

# Mediums (I'm using)

- Heavy gel (Semi- gloss or Matte)
- Gel Medium (Semi glass or Matte) or Modge Podge
- (Very Optional) Hard molding paste- this is used for either mixing with your paint or using on it's own to create texture. It has a very long drying time but dries very hard and is very durable.

#### **Tools**

- palette knife
- A variety of small and large brushes (Pick ones you'll be comfortable working with as long as they are suitable for acrylics. Be sure to include a couple of detail brushes and larger brushes for background etc.)
- Your favourite drawing materials such as pencils, markers, charcoal. I like Stabilo All Pencils and Posca Paint pens.
- Apron or clothes you don't mind getting messy.
- Palette

#### **Mixed Media Materials**

## Any mixed media- papers, ephemera, fabrics, found objects, etc

- sentimental things like old postcards, letters, ribbons, fabric from favourite pieces of old clothing, old journal pages, jewellery etc.
- for texture: produce bag, cardboard, lace, ribbon, burlap, plaster, embroidery, packing materials, etc.
- vintage papers: wallpaper, old books, sewing patterns, etc.

