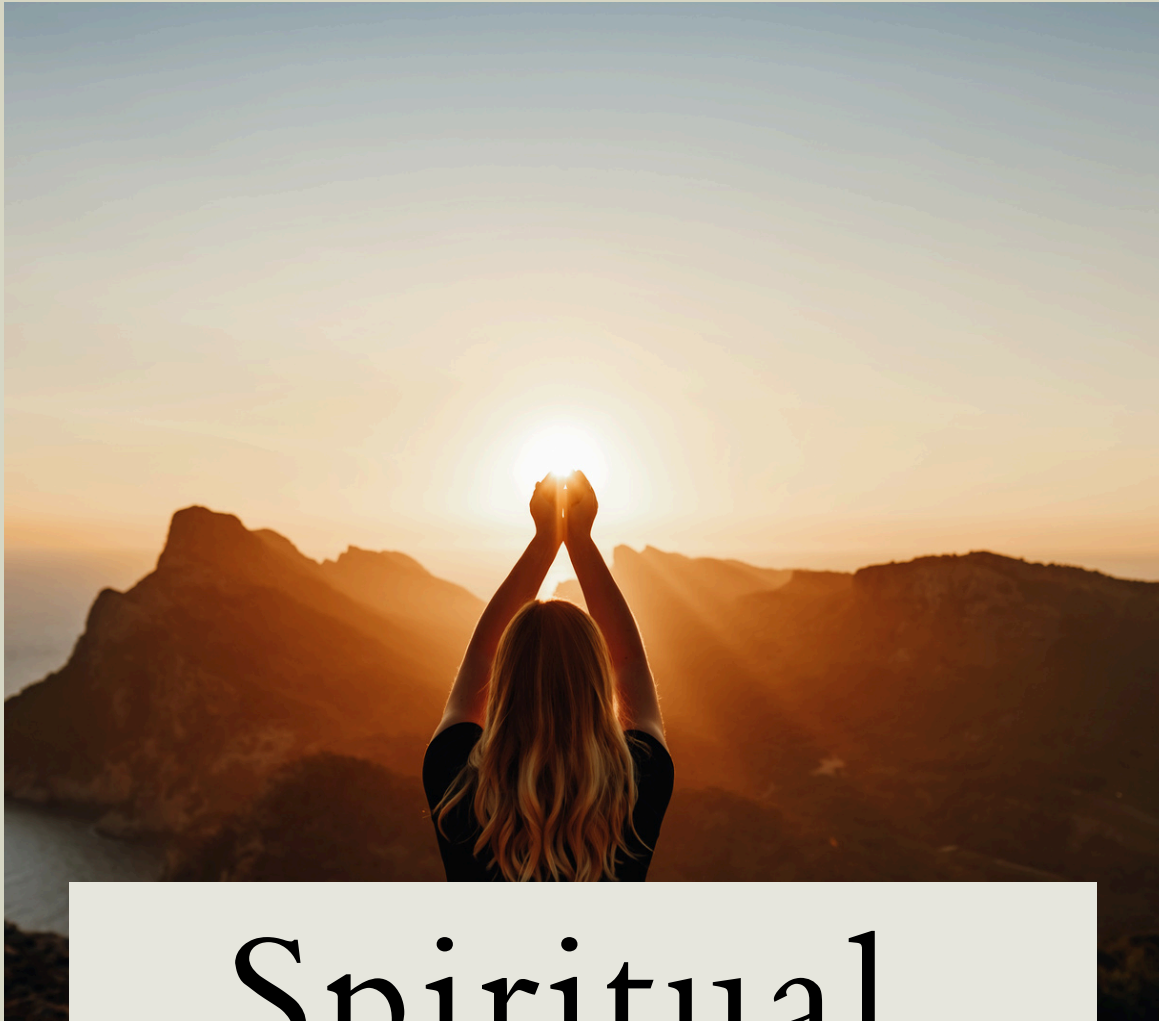


REZINATE

In harmony with spirit & earth



Spiritual Coaching

Practitioner Training

FULL COURSE CURRICULUM

This course will teach you the deep metaphysical principles to apply to any healing or holistic session plus be a lifelong resource for your own awakening.

This course is practical and experiential. Whilst there is a theory component, the key teaching will be the tool/ concept so that you walk away with a tool box to transform lives. The best part is that you can keep layering your own tools and ideas into the mix to expand your suite.

There are 4 POWERFUL KEYS to Learn at SPIRITUAL COACHING

Inspire and Ignite

The concept of seed planting

Reflection + Observing

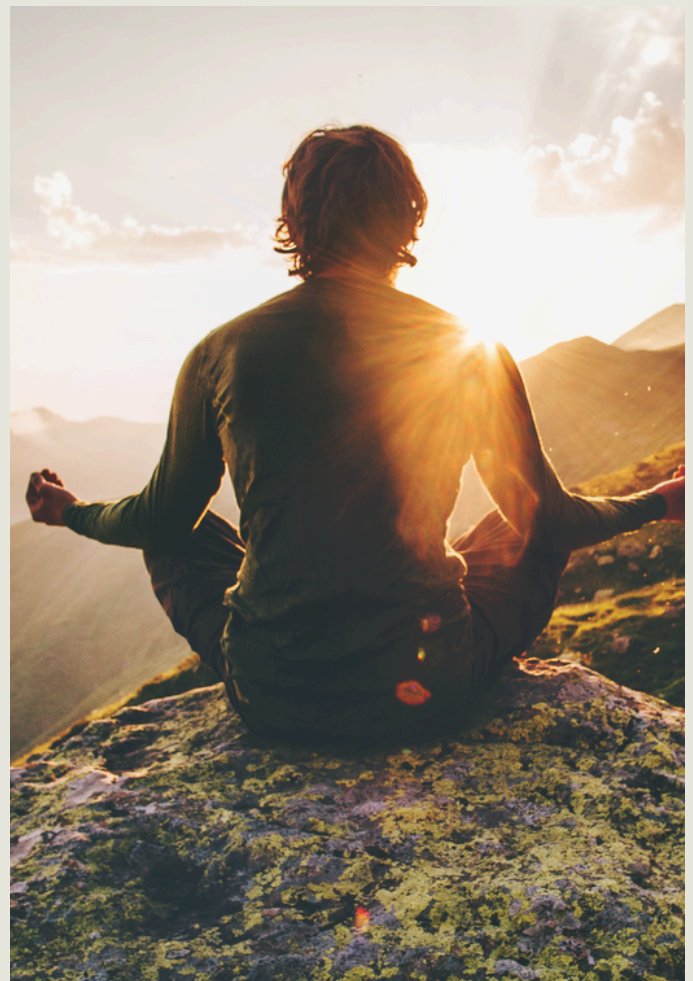
Finding 'aha' moments and patterns

Activation and Balance

Birthing the new and finding peace

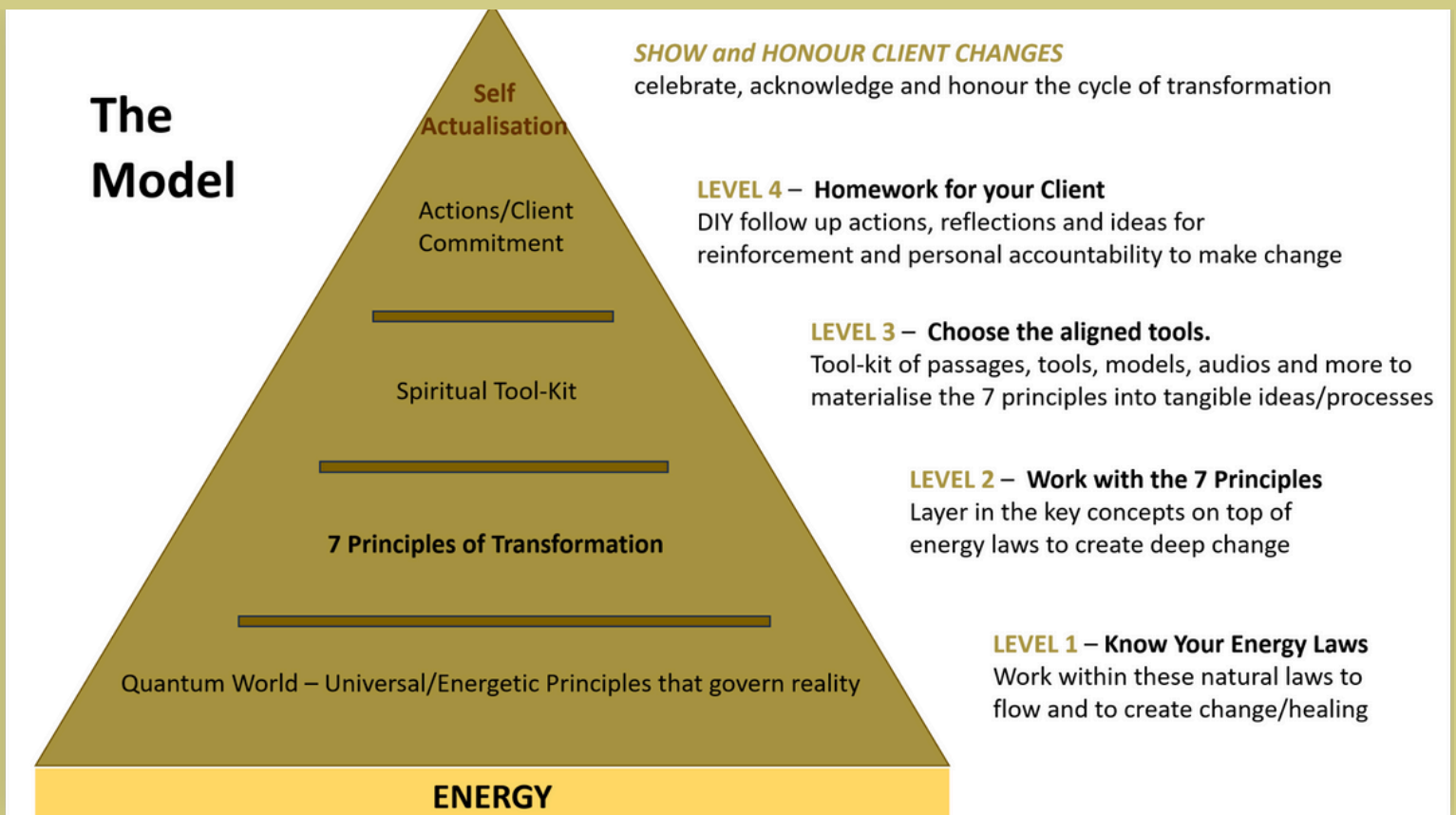
Release and Void

Deathing off that which no longer serves you.



THE SPIRITUAL COACHING MODEL

The coaching model presented below demonstrates the intelligence behind how coaching is structured. It starts with the concept of energy then layering on top the universal laws, the 7 principles of transformation, and over 30 powerful tools that you will learn.



THE 7 PRINCIPLES OF TRANSFORMATION

There are 7 key concepts you will explore in this coaching course. All of the principles relate to the universal laws and the tools that you will receive over the course of 6 weeks.





HOW IS THE COURSE DELIVERED?

DAY 1 Immersion: Core Concepts and Foundations

Learn the deep spiritual laws and metaphysical principles behind transformation and healing. These core concepts will underpin all of your healing work and be a framework to operate from. You will receive handouts, short videos to recap lessons and audio scripts.

DAY 1 TOPICS TO COVER:



Spiritual Concepts of Transformation



Spiritual and Universal Laws that govern reality



The Knowing Field and how to Interact with it as Spirit

WEEK 1 TO WEEK 5

Select your Personal Challenge to Work Through

This course is both a personal journey and a professional one. At the beginning you will select a personal challenge or opportunity you are facing so you can apply all of the tools and get mentored along the way to learn in real time - experientially. Expect a personal and professional transformation.



Aside from your personal goal, you will also learn how to apply these tools to scenarios such as:

- Relationship conflicts
- Health issues
- Career challenges
- Matters of Love/ Heart

- Life Purpose
- Dark nights of the Soul
- Financial issues

Think of these concepts as a core container to assist the issues above.

This one day kickstarter will set you up for success.

6x Weekly 90-minute Zoom Sessions

to Layer in the Coaching tools



Each week thereafter we will explore a new tool that will be added to your tool box so that your core container expands. Our 90-minute session will be a training of the tool and how to apply it. Then you get to practice this on one of your classmates or a friend of choice. Q&A and feedback will be supplied through our group chat channel.

WEEKLY ZOOM SESSION COVERS THE FOLLOWING:



Powerful Tools
and Processes
for Sessions



The Energy
Fields (Chakras)
of the Body and
How to Create
Healing and
Change



Powerful
Coaching
Questions
and Finding
AHA Moments



Actions for
post Sessions
based on the
4 Quadrants
of Wellness

YOU WILL ACCESS OVER 30 OF OUR BEST SPIRITUAL COACHING TOOLS

Tools will be supplied as written passages and meditation files.

You can choose to use these directly as is in your practice or recreate your own versions with your own branding. There is no copyright on using the tools in your daily practice, however there is a general understanding that you don't teach them in a formal environment such as this course!

TOOL #1 Shamans Death

TOOL #2 Fire Ceremony

TOOL #3 Lessons and Evolution/ Karma

TOOL #4 Seeding New Story/ Idea

TOOL #5 Fuel Tank and Corp Athlete

TOOL #11 Revocation

TOOL #12 – King and Queen Tactics

TOOL #13 – Hijacking

TOOL #14 – Death off the “Thought Form”

TOOL #15 – Void Journey to Let Go

of the Thought Form

TOOL #16 – Shadow Flipping

TOOL #17 – Noticing/ RAS -Your Goat

Trail Diary

TOOL #18 – Love Matrix

TOOL #19 – Dream Catchers V Dream

Killers V Fence Sitters

TOOL #20 – Witness/ ACT model

TOOL #21 – Snipers Rifle Meditation

TOOL #22 – Values/ ACT

TOOL #23 – Inner Critic

TOOL #24 – Hearth Rhythm Coherence

TOOL #25 – Retrieve What Was Lost-

Void Journey/ Soul Retrieval

TOOL #26 – Life Purpose Course Correct

Model

TOOL #27 – Burden Basket

TOOL #28 – Make Peace with the Past

TOOL #29 – Complex v Wicked Problems

TOOL #30 – 2 Types of Fears

GET MENTORED WITH EXPERIENCED COACH, DEBBIE PASK



To be a powerful Spiritual Coach, it is important to hone in on your unique style,
your X factor and how you show up as a coach/ leader/ healer.

This session is a game changer and creates a way for you to be supported
personally.

WHAT THEY SAY:

I am excited for my future as a Life Coach. The course content is brilliant. The way in which Debbie presents it, makes it so easy to follow and the tools supplied make it so easy to implement. I found I put into practice what I learnt, almost immediately. The group webinars were a real treat. We all came such different backgrounds, that there was so much to learn from each other. The course has given me the opportunity to appreciate my life experiences and value what my life has taught me. Debbie and the course has given me the biggest gift of allowing me to align my career with my purpose and passion, I couldn't have asked for more.

LAUREN

SUMMARY OF WHAT YOU WILL RECEIVE:

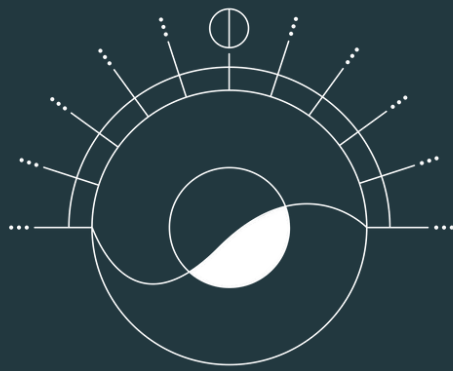
- 1- Day Training Immersion
- 6x Zoom Tutorials
- Learn how to deliver short healing journeys and 30 Coaching Tools
- Members Course Access
- Templates/ Handouts and Audio meditations
- Private Group Chat – Access to Debbie and the Group Mentoring



JOIN DEBBIE PASK FOR THIS SPIRITUAL COACHING CLASS

Take a Quantum Leap in Your
Spiritual Counselling Career

[SIGN UP AND JOIN THE COURSE](#)



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