



**Lisa Goddard**

**ECO DYEING**

[Lisa's Website](#)

## Materials & Supplies List:

Steel Saucepan with lid

Big jars

Stones

String

Scissors

Watercolour paper (I use [Winsor & Newton 300gsm](#))

Mixed Media paper (I mention [Artgecko 150gsm](#))

Fabrics with natural fibres such as cotton, linen, silk & wool

Dye materials such as avocado, onion skins, tea, pomegranate, leaves and flowers

[Allum powder](#)

Iron tablets

Books: [Wild Colour by Jenny Dean](#), [Natural Kitchen Dyes by Alicia Hall](#)