

2017 Healing Touch Worldwide Foundation Annual Report

Celebrating our 20th Anniversary

July 1997 – July 2017

In commemoration of our founder, Janet Mentgen RN, BSN, HNC, HTCP/I

It all began some twenty years ago when Janet Mentgen was bequeathed a \$36,000 donation from a thankful person and was legally directed to set up a foundation. In July 1997 Janet founded the "Healing Touch Worldwide Foundation" as a 501(c) (3) non-profit organization. Janet's vision was funding grants for Healing Touch research and bringing overseas instructors for training to the United States to further her idea of Healing Touch around the world. "A practitioner in every home".

Today the foundation has expanded its grant opportunities to include Service for humanitarian outreach, for Education of certified practitioners of foreign countries, for instructor training in the U.S. and HTPA funding for Military Stand downs. We are extremely proud to have funded more than \$200,000 in grants to date! All this is due to the generosity of YOU, our Healing community who supports us through donations, raffles and auctions.

In celebration of our 20th anniversary we commissioned a commemoration painting of Janet. This painting is an intuitive *Essence Portrait* created and donated by Canadian artist, Anne-Denise Mejaki, a friend of a board member who was a total stranger to Janet and HT!

The painting is a true likeness of Janet and is a representation of her journey and her soul's purpose of Healing. To see the magnificent details of the painting and get a limited print or notecards of the commemoration painting, please visit our website.

In 2000, Janet entrusted the reins of the foundation to Bonnie Kelley Morrow to guide the foundation. Bonnie is currently serving as President Emeritus, seventeen years later to ensure Janet's mission is followed. As Bonnie says, "Janet was an angel with her feet on the ground, a business woman as well as a fantastic healer". Today we follow Janet's simple but powerful words growing the foundation, "**just do the work**".



Artist: **Anne-Denise Mejaki**
ART ABOUT YOU productions
<http://anned-mejaki.pixels.com>

President's Message

My first year as president of HTWF has been an exciting year and also a year of learning. The Foundation's objectives for 2017 were "Guidelines, Growth and Advancement". This was about re-evaluating and renewing our guidelines and to leverage these to seek new opportunities to promote our vision of Advancing Healing Touch. We have made progress in all these areas.

I am proud of the work the board has accomplished. We endeavored to think outside the box and concentrate on ways we could facilitate growing and broadening Healing Touch domestically. With extensive advertising in our community newsletters, we had an influx of volunteers stepping up to help on our fundraising committee, an increase of 50%, providing more diversity and capability to our team.

Stepping out of what the foundation has ever done, we all were very excited about our grant committee issuing a "Request For Proposal" for research in the amount of \$25,000 to encourage credible investigators for Qualitative research! We were happy to receive seven proposals of which three contained the biomarkers expected to move to the next step of a full application.

We also launched a pilot that provides instructors an incentive to teach a Level 1 class to underserved communities and expanded the use of our HTPA fund for Exhibitor Outreach funding, to assist HT Practitioners to spread knowledge of HT in their communities.

In July we celebrated our Healing Touch Worldwide Foundation 20th anniversary! We commissioned a commemorative portrait to honor our Founder Janet Mentgen. The art-piece was created and donated by Canadian artist Anne-Denise Mejaki. Her intuitive surrealist style transcends the painting and highlights hidden treasures found within, drawing towards a deeper reflection. This is being offered to our community as sets of notecards or as a fine art print which are available on our website.

We would like to acknowledge the following board member changes. We are extremely thankful to Nancy Stevens who served on the board for 3 years. Nancy was instrumental in the updating of our website, supporting the Nepal Earthquake fundraiser and supporting worldwide conference fundraising efforts. Also, a special thanks to Donna Adams who was instrumental in our 2017 annual report and in development of the Underserved pilot initiative during her stay on the board. We welcome Yolanda Alvarez as our new secretary. We are thankful that our previous secretary Sharon Walker (Scandrett-Hibdon) will remain on the board sharing her vast knowledge of research and HT, that will greatly serve our new initiatives.

I am enthusiastic to start 2018 with several projects to continue the momentum established in 2017 and bringing more awareness of the work we do.

Sincerely,



Nancy Lavergne, HTCP

HTWF Board

2017 Board Members

Nancy Lavergne, HTCP, *President*
Karen Chin, RN, MS, HTCP/I, *Past President/Nominating Chair*
Bonnie Kelley Morrow, BNH, DN, HTCP/I, *President Emeritus*
Norman Morrow, BS, PhD, *Treasurer/Nominating Committee*
Yolanda Alvarez, BS, MEd, HTP-A *Secretary*
Renata Maniaci, MPH, HTCP/I *Grant Awards Chair*
Sharon Walker (Scandrett-Hibdon), RN, ARNP, PhD, HTCP/I, BC, P.A.T.H. Instructor, HN,-BC
Donna Adams, RN, OCN, CHPN, HTCP/I, CIR, Marketing Chair



2017 Advisory Board Members

Lisa Mentgen-Gordon, CEO Healing Touch Program
Carol Komitor, CMT, HTCP/I, HTACP, ESMT, Healing Touch for Animals, Founder
Concepcion Silva, RN, PhD, AHNA-BC, CHTP/I
Dawn Warnaca, HTCP/I
Amelia Vogler, MS, HTCP/I, HT Mentor

Support the Foundation

There are many ways to support HTWF:

DONATIONS:

- Online or Mail In
- Recurring option
- A Gift In Honor or In Memory of
- Employer gift matching programs
- Scholarships
- Treasure box items for our auctions

PLANNED GIVING

- Properties
- Bonds
- Securities
- Bequeaths

VOLUNTEER your expertise and time

MERCHANT GIVE BACK PROGRAMS

- AmazonSmile
- Target
- Nordstrom
- easy access of over 150 participating merchants from our website

Grants

2017 was an exciting year, developing and implementing two new initiatives as mentioned in the Presidents letter. We are striving to attract more Qualitative research studies and promote educational pilot programs domestically. We are anticipating the fruit of our work to manifest in 2018.

Education

Kim Kuppenheimer, MA, PA, HTCP/I was awarded a \$2,180 grant for advancing Healing Touch Education in India. Kim taught a Healing Touch Level 1 Class to 11 staff physicians, nurses, and caregivers of the Akash Home for the Aged and Hospice, Madurai, India. Kim also had the opportunity to **introduce the concepts of Healing Touch to over 100 primary school aged children.**

Healing Touch Level 1 Class



Teaching Grade School Children



Centering, Grounding and Attuning

Our Hands have super powers when we bring love to them



Magnetic passes

Grants

Completed Research Studies

“The Effectiveness of Complementary Therapy in Managing Pain in Children Undergoing Spinal Fusion Surgery” Nemours/Alfred I DuPont Hospital for Children.

The study’s objective was to evaluate if Complementary and Alternative Medicine modalities - Hypnosis and Healing Touch provided any benefit as measured by postoperative pain and perioperative anxiety in adolescents undergoing posterior spinal fusion surgery. Specifically patients were measured for pain scores, perioperative cortisol levels and anxiety scores. Due to the small sample size, the study team was unable to conclude if Healing Touch and Hypnosis provided any benefit to pain over the standard pain regimen, however the study team did observe a trend towards reduction in postoperative cortisol levels in the HT group on post-op day 2 and reduced anxiety on the follow up visit. Please see complete report at <http://htwfoundation.org/research-grant-results>.

“The Impact of Healing Touch on Oncology Patients’ Perceptions of Fatigue and Health Related Quality of Life” St. Joseph Medical Center – University of Maryland

This study’s objective was to evaluate the effect of Healing Touch on Health Related Quality of Life of patients with breast cancer. Though the study could not conclude that Healing Touch decreases or increases the average in the Quality Of Life questionnaire score, those patients receiving Healing Touch reported reduced levels of pain, anxiety and stress following the HT sessions. **It is believed that HT does benefit such patients.** Please see complete report at <http://htwfoundation.org/research-grant-results>.



St. Joseph Medical Center Pilot Study Poster



**New Grant Initiative
Reaching Out to
Qualified Instructors!**

*Our goal is to increase accessibility
of Healing Touch Level 1 classes
to underserved communities.*



HTWF™
Healing Touch Worldwide Foundation, Inc.

*A New
Education Pilot
Program*

**“Healing Touch
Level 1 Class
to Underserved
Communities”**

Now accepting applications:
<http://htwfoundation.org>

Fundraising

We held two successful fundraising events this year. We completed our 5th Annual Cincinnati Heel to Heal Walk/Run as well as organized an online Pick-Your-Item raffle where participants selected which of the 12 items offered they wished to put their ticket on...A Win Win for ALL. We also implemented a new fundraising platform which attributed to the success of our raffle.

Our fundraising efforts were affected with the absence of a fundraising committee chairperson and fewer regional conferences. We have experienced a slowdown in this area. We are actively seeking interested volunteers to be fundraising chairperson and/or be part of the fundraising committee. Please contact our office if interested in learning more.

The GOOD NEWS is we do have new events that we are planning for 2018.

5th Annual Heel to Heal 5k/10k Run, 5k Walk in Cincinnati, OH



Looking to 2018

We have new committee members that are bringing new energy to help HTWF reach a larger community and produce more grant opportunities.

We are looking to expand grant opportunities for Healing Touch **Humanitarian Service**, here domestically.

New fundraising events planned...

"International Healing Touch Day", the intent of this fundraising event is to bring Healing Touch to our communities for Free for a suggested donation of \$10. June 2nd, 2018 is the tentative date for this event.

HTWF is sponsoring the **14th Annual OKI (Ohio-Kentucky-Indiana) Healing Touch Community Gathering** in Cincinnati Ohio. Marie Manuchehri will be the presenting "Accessing Higher Vibrational Energy"! This will provide an opportunity to learn new skills in Energy Medicine to our Healing Touch practices, and Healing Touch tool kits. ALL ARE WELCOME!

HTWF Financial Summary

Despite the lack of a National Conference and a limited number of regional conferences, HTWF had a good year in 2017. New fund raising approaches were successfully instituted and expenses were held in check, such that the year ended with the slight increase in assets. Though not dispersed in 2017, most of that asset increase has been granted for an Australian practitioner to attend instructor training in 2018. Considerable effort was expended in 2017 to identify high value research and service opportunities for funding and that effort is expected to bear fruit in 2018, with significantly increased grant activity.

	2017	2016	2015
INCOME			
Auction Income	\$ 1,091	\$10,496	\$ 2,437
Monetary Donations Received	\$ 3,930	\$ 3,655	\$22,955
Raffle Income	\$ 5,660	\$ 8,810	\$ 5,227
Run/Walk Income	\$15,091	\$18,581	\$13,932
Value of Items Donated for Auctions and Raffles	\$ 8,323	\$14,287	\$ 7,076
Other Income	\$ 715	\$ 48	\$ 237
TOTAL INCOME	\$34,810	\$55,877	\$51,864
GRANTS	\$ 2,178	\$ 4,359	\$18,221
EXPENSES			
Foundation Board	\$ 2,964	\$ 5,066	\$ 5,285
Fundraising and Advertising	\$11,641	\$21,674	\$15,541
Office Expenses	\$ 6,047	\$ 4,846	\$ 6,284
Value of Auctioned and Raffles Items	\$ 7,497	\$15,337	\$ 5,870
Other Expenses	\$ 350	\$ 398	\$ 538
TOTAL EXPENSES	\$28,499	\$47,322	\$33,518
RETAINED	\$ 6,633	\$ 4,196	\$ 125

Donations

Donations Valued at ≥\$500

Chrysalis Healing Center, Inc
Davis-Lewis, Roberta
Earthwise Pet Store
Elements Massage
ExxonMobil on Behalf of Bonnie
Morrow
ExxonMobil on Behalf of Norman
Morrow
Greene, Debra
Healing Touch for Animals
Healing Touch Program and HTPA
King, Meghan
Lavergne, Nancy
McIntosh, Debra D. MD
Morrow, Bonnie and Norman
Oberlee-Edwards, Loree
Springer, Patricia
Tape Products Company
Watanabe, Gail
Wong, Teresa

Donations Valued at <\$500

Ahmad, Masood MD
Alliance Integrative Medicine
Amazon Smile
Amos, Lundee
Ancona, Jennifer
Armentrout, Rita
Bigot, Irene
Boyd, Margaret
Bugio, Leslie A.
Bullbrook, Mary Jo
Camp Bow Wow
Chichester, Melinda
Chin, Karen
Dahlin, Dondi
Duennes, Mary
Forry, Cynthia
Four Bridges Country Club
Fowles, Margaret G.
Franklin, Cheri
Fresh Market

Gehlert, Sally
Gorski, Donna & Robert
Hank, Mary
Harmeyer, Joann
Holistic Connections
Holz, Robbie
Hutchison, Cynthia
Hyde, Lee
Kasemir, Nicole
Kendall, KC
Klueter, Debra
Kluny, Rita
Kroger
Leslie, Margaret
Lorentz-Houghtby, Kathryn
Mason Family Clinic
McConville, Tim
Misiasek, Nadine
Mitchells Salon & Spa
Osika, Jayne
Rodizio Grill

Roy, Kathleen
Silva, Connie
Starbucks
Stouffer, Joan C.
The Crystal Guy
The Gurney Institute
Vogler, Amelia
Warner, Jayelene
Wing Eyecare, Inc.
Winning Guidance
Wong, Terri

HTWF™
Healing Touch Worldwide Foundation, Inc.

is
SEARCHING

...for creative, innovative and energetic
volunteers from the Healing Touch community
for our
Fundraising, Marketing and Grant
committees. Bring your skills for writing,
advertising, promotions, grant experience or
other skills you believe will help us
grow Janet's vision to
Advance Healing Touch Worldwide.

If interested, please email Karen at
goldenphoenix54@yahoo.com

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