



Advancing Healing Touch Worldwide

RESEARCH



EDUCATION



SERVICE



2015 Healing Touch
Worldwide Foundation **Annual Report**

President's and Vice President's Message

As you can see, our new logo is bright, bold, and happy! We would love for each of you to take the time to enjoy our new, colorful, updated website www.htwfoundation.org.

The Nepal earthquake was a devastating event. Our foundation was able to provide critically needed support during this difficult time. Our unending love and gratitude go out to everyone who responded to the Nepal earthquake crisis that occurred in April and May 2015. The overwhelming support for an overwhelming need cannot be overstated. Thank you, thank you from the bottoms of our hearts!

We are extremely proud to note that our grant funding to Dr. Margaret Moga helped her complete research on "Low-Frequency Magnetic Field Oscillations during Healing Touch Interventions." A summary of her research may be found in the Grant Awards section.

Our organization remains dynamic and is ever changing. Foundation focus for 2015 was "Procedures, Processes and Progress." We added role descriptions of our various committees and developed our organizational chart, another fluid tool for the public to visualize our structure.

In regard to personnel changes, board members leaving HTWF this year included Roberta Davis and Dawn Warnaca, both of whom remain active in various committees. Exiting the Grant Committee is Dr. Barbara Cordell. We would like to thank her for five years of volunteer service as a grant reader and for her contributions as an integral part of the committee.

As we progress into 2016, we invite each of you to be an active committee member. Come be a part of this coming year's renewal ... a shift can already be felt!

Karen Chin, RN, MS, HTCP/I
President

Nancy Lavergne, HTCP
Vice President, Fundraising Chair



2015 BOARD MEMBERS

Bonnie Kelley Morrow, BSNH, DN, HTCP/I, President Emeritus, Nominating Committee
Norman Morrow, PhD, Treasurer
Dawn Warnaca, HTCP/I, Secretary
Nancy Stephens, RN, BSN, HTCP/I, Marketing and Publicity Co-Chair
Lee Campbell, HTP, Marketing and Publicity Co-Chair
Beverly Dixon, MSPH, PhD, HTCP/I, Grant Award Committee Chair

2015 ADVISORY BOARD MEMBERS

Lisa Mentgen-Gordon, CEO Healing Touch Program
Carol Komitor, CMT, HTCP/I, HTACP, ESMT, Healing Touch for Animals, Founder
Concepcion Silva, RN, PhD, AHNA-BC, CHTP/I

Grant Awards

HTWF's Grant Awards Committee has been active in 2015. Dr. Margaret Moga completed her research on "Low-Frequency Magnetic Field Oscillations during Healing Touch Interventions." Two facilities, University of Maryland St. Joseph Medical Center Cancer Institute and Nemours/Alfred I DuPont Hospital for Children, Wilmington, Delaware, are conducting Healing Touch research studies. Healing Touch classes, presentations and lectures reached 227 participants in Japan and 113 participants in Nepal through foundation grant funding.

RESEARCH

"Low-Frequency Magnetic Field Oscillations During Healing Touch Interventions"

Margaret Moga, PhD., School of Medicine, University of Indiana, Terra Haute



Dr. Margaret Moga completed research with preliminary findings suggesting that the effectiveness of HT practitioners may be measured. She observed that certified HT practitioners and advanced HT students/apprentices, as a whole, can readily modify magnetic field (MF) activity in the healing space, with more advanced practitioners requiring less time to change the MF activity.

The complete report can be found on the HTWF website, and in the publications listed:

Moga MM (2014a) *Magnetic field activity during psychic healing: A preliminary study with Healing Touch practitioners*. Journal of Nonlocality 3(1).

Moga M (2014b) *Healing Waves*. Energy Magazine, Sept/Oct 2014.

EDUCATION

Japan

Rumi Hashimoto of Be Genki International, the parent organization of Healing Touch Japan, was awarded a \$3000 grant for advancing Healing Touch Education in Japan. Rumi taught Healing Touch Levels 1, 2 and 3 to a total of 120 students at three university locations. She offered "Introduction to Healing Touch" and "Integration of Healing Touch into Nursing Practice" to another 100 participants.



Nepal



In continuing efforts to support and establish Healing Touch Program in Nepal, Tim McConville HTCP/I was awarded \$2800 to travel to Nepal for three weeks. The primary purpose of the trip was to teach level 4 and move the program closer to having more practitioners. An additional objective was to provide Healing Touch to the public in free clinics. During this time 11 students received Level 4 certificates, and over one hundred students in Pokara and Katmandu attended "Introduction to Healing Touch" classes. Tim, together with Aparna Bhatta, conducted Healing Touch practice and treatment sessions, one of which was filmed for local TV shows, "Namaste Europe" and "Gurkha channel," and posted on YouTube (www.youtube.com/watch?v=gBPnSf1MPtk&sns=em).

Earthquake Relief in Nepal - A Report from Aparna Bhatta

Healing Touch (HT) has become my primary focus and central light leading my life for the past five years. Teaching HT gives me the greatest joy, satisfaction and fulfillment in my path of service to humanity. I share and teach wherever I can. It has been a life changing experience in my growth and expansion personally and as a health care practitioner.

My HT practice has been a solid foundation for me, as the earth, on which I stood, started shaking. On April 25, 2015, the day of the 7.8 earthquake, I was attending the International Cultural Heritage workshop on the third floor at the city center academy building in Kathmandu. There were approximately 100 attendees from different districts of Nepal and other countries. When the 100 year old building started to shake, I decided to get out and ran down the stairs with others behind me. We were thrown from side to side, falling to the ground, finding a divine strength to guide me to a small tree to hold on to. Tremors continued for three hours. People were screaming, shouting and praying; I started providing HT at this time and have continued sessions and workshops to the present day.

Since April's initial earthquake, four severe quakes have followed with magnitude of up to 7.3 and over 100 tremors. After each quake, the community experiences trauma, grief and suffering. As we say in Nepali, 'Ke garne'; "What to do."

Ten months later, I am honored to provide details about how the HT international community has helped provide relief in Nepal's time of great need. Immediate rescue need provided tens of thousands of people with supplies such as: tents, mosquito nets, medicines, food and supplemental food, blankets, clothing, household supplies such as sanitary items, toiletries, buckets, pots, pans, tin boxes, towels, school supplies, and supplementary food for schools. This service mission provided opportunity for myself and many HT students to travel to eight districts in the earthquake affected areas and provided healing sessions to more than 20,000 clients. Over 20 integrative health camps were conducted, including HT workshop trainings including nourishing food, as well as transportation provided for the team. Hundreds of new HT students were trained in their home communities to provide empowerment for self-healing, healing of others and their communities. Over 90 families who lost loved ones, homes and livestock received corrugated iron sheets to build small sheds for safe shelter. These tiny homes provided a roof to protect from the elements for four to eight elders, children and adults per shed. Our team reached remote districts, temporary camps, hospitals, community clinics, colleges, schools, offices of government and non-government offices, rehabilitation centers for physically disabled children and adults, elder's homes, orphanages, spiritual and leprosy rehabilitation centers.

Today, my students and I continue to offer healing sessions in the Kathmandu valley and in other districts; the need continues to be great. At present, 1.2 million people are still homeless and under-served. Families are living in tents and tin sheds. Hundreds are dying from exposure to the elements and even starving to death in different villages. Many villages still have not seen any help because of limited ability to access as the roads have been destroyed. Farming and crop production has been severely affected as the months following the initial quake were followed by four months of heavy monsoon rains in the mountainous areas where villages and small farms are nestled on the hillsides of the mountains. "Ke garne."

"We can do no great things; only small things with great love" - Mother Theresa

Dhanyabad (Thank you) to the Healing Touch international community. We will continue to do our healing work in Nepal. We have opened our Homestay/Healing Centers in Chabil and Nagarkot. Dates are being finalized for Healing Touch Level One and Two for the core group of practicing students here. So much work to be done, and so much love and light to share.

With all the love in my heart,
Aparna Bhatta, MA, MB, RN, HTCP/I
Self Reliant Center President



Images (clockwise starting from top left): Aparna providing a Chakra Connection; Earthquake damage in Nagarkot; There is still joy to be found; Aparna teaching Healing Touch to children and families; Aparna providing HT to Kanchhi after medical staff applied a cast to her damaged ankle; Earthquake damage in Sankhu; Sanitary bags being handed to girls, pregnant and post natal mothers.

Fundraising

Serviceone step at a time

Excitedly, we are experiencing continued growth in the new events we introduced in 2013. Funds raised from our Heel to Heal race grew at a pace of 28%! Two online raffles produced funds at a growth of 7% over last year.

We are extremely grateful for the heartfelt generosity of all who contributed to the Nepal Earthquake relief fund. Please check out the details on our website. Last, but not least, we would like to thank all those working behind the scenes to support our events. Thank You!



June 13, 2015
West Chester, OH



HTPA and HTWF in Partnership

Serving the men and women in the U.S. Military

Healing Touch Worldwide Foundation in partnership with Healing Touch Professional Association supported volunteer efforts at multiple worthwhile endeavors. The events included Healing Touch (HT) sessions offered by HT volunteers at five different Stand Downs and one Military Reunion. Over twenty volunteers served more than forty-five veterans, as well as military family members, and staff at these events. While hours were not officially tallied, a low estimate puts the total volunteer hours at near one hundred.



Statistics gleaned from those veterans and families receiving HT sessions:

- PAIN – an average decrease of 3.7 (on the 0-10 scale)
- STRESS – an average decrease of 3.3
- 99% and even 100% at some events said they WOULD receive HT again, and recommend it to others

WOW --- Healing Touch DOES make a difference!

HTWF Financial Summary

	2015	2014	2013
INCOME			
Auction Income	\$ 2,437	\$14,436	\$ 3,714
Monetary Donations Received	\$22,955	\$13,848	\$10,777
Raffle Income	\$ 5,227	\$ 7,707	\$ 7,118
Run/Walk Income	\$13,932	\$16,731	\$ 9,243
Value of Donated Items	\$ 7,076	\$14,898	\$ 7,586
Other Income	\$ 237	\$ 2,564	\$ 77
TOTAL INCOME	\$51,864	\$70,182	\$38,515
GRANTS	\$18,221	\$14,644	\$10,068
EXPENSES			
Foundation Board	\$ 5,285	\$ 7,192	\$ 6,329
Fundraising and Advertising	\$15,541	\$16,112	\$11,483
Office Expenses	\$ 6,284	\$ 5,780	\$ 4,830
Value of Donated Items	\$ 5,870	\$14,898	\$ 7,586
Other Expenses	\$ 538	\$ 927	\$ 392
TOTAL EXPENSES	\$33,518	\$44,909	\$30,619
RETAINED	\$ 125	\$10,629	\$ (2,173)

TREASURERS REPORT

2015 was a good year for HTWF. With donations for auctions and raffles exceeding immediate need, we have some very nice items available to use for the 2016 HTP Conference. Grants for earthquake relief in Nepal totaled \$17,300 and made a significant difference to people in the hardest hit areas by bringing them Healing Touch along with much needed food and shelter. The dedicated Nepal fund and its associated fundraising effort was closed at year end.

Donations

Donations Valued at ≥\$500

AK Steel Corporation
Davis-Lewis, Roberta
ExxonMobil on Behalf of Bonnie
Morrow
ExxonMobil on Behalf of Norman
Morrow
Groenewegen, Jacky
Healing Touch Texas
Komitor, Carol
Lavergne, Nancy
McIntosh, Debra D. MD
Tape Products Company
Watanabe, Gail
West Michigan Healers, Inc.
Wong, Teresa

Donations Valued at <\$500

Adams, Donna M
Albanese, Michele
Alesi, Claudia
Alliance Institute for Integrative
Medici
Allison, Erika
Amazon Smile
American Holistic Nurses Assoc
Baber, Angie
Bilodeau, Barbara
Browne, Susan
Buckner, Wanda
Campbell, Lee & Gilda
Chichester, Melinda
Chin, Beverly
Chin, Mavis
Chin, Stanley
Christensen, Suzanne
Climie, Jonna
Cobb, Marilyn
Coe, Jason
Consignment Classics Home
Funrnishings
Cordell, Barbara
Dalles, Pam
Decker, Velice
Devoe, Tina
Dixon, Beverly
Elliott, Caroline
Four Bridges Country Club
Franklin, Cheri
Fresh Market
Future Life Now
Gonzales, Lidia
Gordon, Charlette
Gutierrez, Rachael
Harding, Marilyn
Healing Touch Professional Assn.
Healing Touch Program
Hoddap, Anne
Holistic Connections
Ide, Gail
Institute for Healing Therapies, LLC
Johnson, Lillian
King, Terri
Kinney, Carolyn
Kluny, Rita
Kramer, Barbara
Kroger
Lane, Fa

Lanier, Eleanor Crosby
Liberto, Marianne
Lynaugh, Eileen
Malone, Francis
Mason Family Clinic
Mcanany, Barb
McBride, Mary
McConville, Tim
McLaughlin, Robert
Mello, Irene
Mitchell, Sue
Mobility Fit
Moehling, Kathryn
Moore, Diane
Morrow, Norman & Bonnie
Mueller, Thomas
Ngau, Curtis
Nichols, Elaine
Oliver, Vivian
O'Malley, Ann
Osika, Jayne
Oswald, Laurie
Partners in Planning Inc.
Patricio, Susan Lynn
Poe, Emily
Proud, Terri & Timothy
Red Rock Integratfve Healing
Reed, Susan
Reynolds, Patricia & Donald
Rodgers, Judith
Rolle-Berg, Ramona
Rolle-Whatley, Renee
Ryan, Kay
Schnese, Kristen
Sharkey, Margaret
Shaw, Jean Sun
Silva, Connie
Sinnette, Fran
Sixberry, Theresa
Smith, Linda
Sook Jing Yee
Springer, Patricia
Stephens, Nancy
Storer, Susan
Stredny, Diane
Tetzner-Torio Properties LLC
The Spicy Olive
Touch of the Phoenix
Underwood, Louise A
VaCay 9
Vincent, Nancy
Wheeler, Dan & Sue
Williams, Marlene
Wilson, Melissa
Wines, Christine
Wing Eyecare, Inc.
Winning Guidance

Nepal Donations

Donations Valued at ≥\$500

Abby-John Enterprises
Burdick, Penny
Campbell, Lee & Gilda
Choi, Susan
Laffey, Ellen
Morrow, Norman & Bonnie
Newman, Anna Marie
Wong, Teresa

Donations Valued at <\$500

Abilay, Kia
Aguirre, Marie
Amos, Lundee
Balanced Energy for All
Beckman, Catherine
Bennett, Susan
Best, Heather
Boyce, Katy
Brazie, Rebecca
Bright Water Energy Healing
Brikerhoff Associates
Brown, Holli
Bryce, Vicki
Burley, Kimiko
Burns, Nancy
Cameron, Lee
Capodanno, Stephanie
Chin, Karen
Combs, Elizabeth
Cone, Lois
Cornwall, Faith
Counter, Connie
Currey, Janie
Daravanis, Susan
Dever, Joan
Devoe, Tina
Donatelli, Nancy
Douglas, Yolande
Elliott, Caroline
Engelbert, Martha
Evans, Robert & Elizabeth
Fink, Donna
Fitzpatrick, Kathleen
Frayn, Colleen
Friedman, Carol Ann
Garcia, Consuelo
Garkusha, Kay
Gordon, Lisa
Grossan, Ger Lynn
Gulden, Char
Hall, Susan
Hamilton, Ruth
Hank, Mary
Harcey, Franny
Harnish, Regina
Hernandez, Henry
Hinson, Pardee H.
Holistic Connections
Houghtby, Kathryn
Hovland, Sue
Huminiak, Lois
Hutchison, Cynthia
Intemann, Patricia
Jensen, Jane
Johnson, Pam
Jones, Susan
Journeys for Wellness, Inc.
Joy, Linda
Judith Evans Living Trust
Kajs, Theresa
Key, Louise M.
Kidd, Marilyn
Kinlin, Nancey
Klemish, David
Kluny, Rita
Komitor, Carol
Korie's Desert Vision
Kujawa, Jana
Kuman-Lesher, Tomomi
Kunz, Teresa
Lavergne, Nancy
Lawrence, Ronda
Leupold, Penny
MacNair, Candace
Magnus, Linda
Marshall, Keela
McBride, Mary
McConville, Tim
McFarland, Jennifer
Merman, Yelena
Metral, Carol
Michalski, Carol
Mills, Chensun
Mitchell, Maryanne
Moore, Hope
Moran, Eileen
Moyer, Amielle
Mylchreest, Serena
Myrah, Sharon
Numismarketplace and Such
OBrian, Florence
Olden, Karen
O'Malley, Ann
Patti, Cornelia
Placek, Helena (Lynn)
Pohl, Jill
Polichany, Phil
Rasch, Brenda
Red Rock Integratfve Healing
Rolle-Berg, Ramona
Rolle-Whatley, Renee
Ross, Lois
Russell, Susan
Scepka, Jean
Script, Roseanne
Serpe, Richard
Shiplone, Deborah
Siller, Edward
Silva, Connie
Sinclair, Mary Jo
Smith, Vickie L.
Starke, Barbara
Stephens, Nancy
Stewart, Victoria F.
Stierli, Amber
Stopenhagen, Carol
Strick, Nancy
Strock, Janet
Terry, Terry
Tovar, Evelyn
Villeneuve, Louise
Vorherr, Sue
Wagner, Marie
Wagner, Sara
Ward, Cherry-Lee
Warnaca, Dawn
Weaver, Julie
Weil, Nina
Wheeler, Dan & Sue
WholeSpectrum Wellness
Wine, Mary
Winnick, Joie
Wolf, Carol
Wong, Larry
Wultz, Paul
Zimmerman, Jane