



# 2018 Healing Touch Worldwide Foundation Annual Report

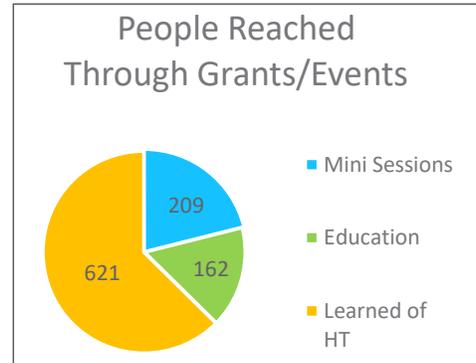


# 2018 Year in review

## Letter from the President

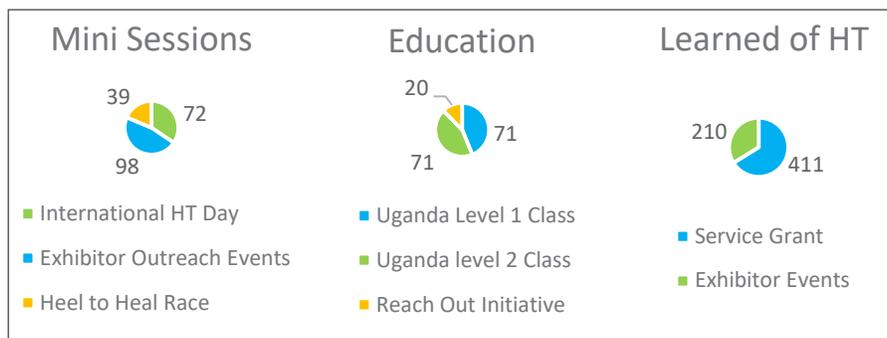
2018 continued to build upon the momentum of Healing Touch Worldwide Foundation's (HTWF) objective of "Growing Awareness of Healing Touch (HT) and HTWF". I am pleased to share that HTWF had a record year reaching/touching more people since its inception back in 1997. I am extremely proud of the work our volunteer board has accomplished and even more so to the HT community for allowing us to support them and touch almost 1,000 hearts in the process, with the gift and benefits of HT. This was accomplished primarily through programs funded by HTWF grant totaling \$9,000.

The chart to the right shows the number of people touched via mini HT sessions, education and HT learning events.



The following charts provide more specifics on the number of people touched in each of these areas.

The 2017 Reach Out Initiative (ROI) pilot grant became a permanent grant opportunity in 2018. The ROI grant goal is to bring a Level 1 HT class to an underserved community that would not have otherwise been able to conduct a class.



The HTPA "Exhibitor Outreach" fund had an impressive first year assisting practitioners to have booths at local health and wellness events. These events promoted Healing Touch, the practitioner's practice, Healing Touch Program, Healing Touch Professional Association (HTPA) and HTWF. Over 300 people learned or experienced Healing Touch.

A number of fundraising events took place in 2018. These events not only raised funds but also provided the opportunity to raise awareness of HTWF and HT. In 2018, HTWF sponsored two regional events, introduced HT International Day, held the 6th Annual Heel to Heal race in Cincinnati and joined Giving Tuesday. Revenue from these fundraising efforts totaled >\$29,000, a 30% increase from 2017.

Karen Chin, our past president, stepped down in 2018. Karen was an active member of our board for 10 years. We are extremely grateful to Karen for her service to the foundation. Though no longer on the board, Karen continues to be active with HTWF as the leader of the nominations committee.

We are excited to move into 2019 and see the how momentum manifests into more grant awards and Growing Awareness of Healing Touch.

Sincerely,



Nancy Lavergne, HTCP



## Our Vision:

Advancing Healing Touch Worldwide.

## Our Mission:

Supporting Healing Touch research, service, and education through grant opportunities.

## HTWF Board

### 2018 Board Members

Nancy Lavergne, HTCP, *President*  
Karen Chin, RN, MS, HTCP/I, *Past President/Nominating Chair*  
Bonnie Kelley Morrow, BNH, DN, HTCP/I, *President Emeritus*  
Norman Morrow, BS, PhD, *Treasurer/Nominating Committee*  
Yolanda Alvarez, BS, MEd, HTP-A, *Secretary*  
Renata Maniaci, MPH, HTCP/I, *Grant Awards Chair*

### 2018 Advisory Board Members

Lisa Mentgen-Gordon, CEO Healing Touch Program  
Carol Komitor, CMT, HTCP/I, HTACP, ESMT, Healing Touch  
for Animals, Founder  
Concepcion Silva, RN, PhD, AHNA-BC, CHTP/I  
Dawn Warnaca, HTCP/I  
Amelia Vogler, MS, HTCP/I, HT Mentor

## Support the Foundation

There are many ways to support HTWF:

### DONATIONS:

- Online or Mail In
- Recurring option
- A Gift In Honor or In Memory of
- Employer gift matching programs
- Scholarships
- Treasure box items for our auctions

### MERCHANT GIVE BACK PROGRAMS

- AmazonSmile

### PLANNED GIVING

- Properties
- Bonds
- Securities
- Bequeaths

### VOLUNTEER

- your expertise
- your time

# Grants

This was a busy year for the grant committee, we received 16 grant applications, 7 of which met our criteria and received awards, >\$9,000! In the realm of 'International Education' we are thrilled to have supported the instruction of 4 HT classes in Uganda where no previous HT classes had ever been taught. We are also proud of having completed our first ever *Reach Out Initiative* grants supporting Level 1 classes for 2 underserved communities; one class of domestic violence survivors, and one of veterans and their dependents. HTWF was also able to spread HT by helping an Australian HTCP become an instructor, and by sharing HT at 4 different events reaching over 600 people. Overall, the Foundation had a very successful year 'advancing Healing Touch worldwide' and is hopeful to fund a research study with women veterans early in the new year!

## INTERNATIONAL EDUCATION

*Right:* 49 Ugandan students took a Level 1 & 2 HT class in June; Uganda students learning Healing Touch during a level 1 class. *Below:* 22 Ugandan students took a Level 1 and Level 2 HT class in March



## JANET MENTGEN FUND

Supports Instructor Training of Certified Practitioners from foreign countries, for Level 1, 2 and 3 training.



Congratulations to *Gillian Robertson* of Western Australia for completing Level 6 class instructor training in Boulder, CO.

## REACH OUT INITIATIVE PILOT

Bringing a Level 1 Healing Touch class to an underserved population who desire to learn yet are unable to pay for classes.

*Left:* Barbara Starke who taught HT Level 1 to ten students at Safe Shelter for Domestic Violence, Benton Harbor MI. *Right:* Evans Army Community Hospital Fort Carson, Colorado Springs, CO. Six Military veterans, veteran dependents and four hospital staff took HT Level 1.



*"HTWF put out a call to the HT community in 2018 for a grant opportunity to "teach an underserved populations." I applied. This was the first time I'd ever sought funding for a project and I was gratified and surprised to receive it! I wouldn't have done the project without the HTWF's offer. It gave me an opportunity to bring HT Level 1 to a group of people highly unlikely to seek it out for themselves and it gave me an opportunity to learn about those most "at risk" and get involved in a group mostly invisible to those of us who have very different life situations.*

*Thank you for the offering this Initiative to bring HT to At Risk Populations. I hope others take advantage of this opportunity. It has the potential to be quite eye-and heart-opening."*

*-Barbara Starke RN, MSN, FNP-BC, HTCP/I*



## SERVICE GRANT

Amelia Vogler presented at the **2018 World Burn Congress**, over 400 people learned about Healing Touch, Energy medicine, learning how to feel energy and techniques for self-care.



## EXHIBITOR OUTREACH GRANTS



*Left:* Susie Engel and 9 other HT practitioners shared HT with 120 people and gave 44 mini sessions at XPANDFest in Asheville, NC. *Below center:* Laura Medina and Amanda Dewitt shared about HT to 50 people and gave 40 mini HT sessions at the Touched By Cancer event in San Diego, CA. *Below right:* Rose Cavanaugh and Denise Hollis shared HT with 40 people and gave 14 mini HT sessions at the Minnesota Gerontological Society Annual Conference in Brooklynn Park, MN.



# Fundraising

We had a full year of fundraising events and spread out to uncharted territory to reach more people and raise new funds. We had 3 very successful online pick-your-item raffles where people could choose to put their tickets on one item or disperse them over as many as they like, giving our followers opportunities for a vacation getaway to a Smart TV! We held our 6th Annual Cincinnati Heel to Heal 5K race in October in lieu of June this year which unfortunately caused us to lose 60% participation. Although very disappointing, we still netted 50% revenue by cutting expenses and receiving more donations! We also trialed a 30-day Virtual Heel to Heal challenge which went over very well with the participants. We plan to make it bigger in 2019. Exploring new territory, we organized and sponsored two small regionals and increased revenue by \$8,500 of new funds.

## 6<sup>TH</sup> ANNUAL CINCINNATI HEEL TO HEAL 5K RACE

*Right: Some of our 5k Walkers, Far right: 5k runners at the start. Below: 30 participants tried their first virtual race. Binki shared "Super Fun way to motivate and challenge themselves and being each others cheer-leader was a huge KUDOS fest."*



## Heel 2 Heal Grand Canyon Virtual Challenge

A 69.5-mile virtual race

September 5 - October 5, 2018

## HTWF SPONSORED CINCINNATI OKI HEALING TOUCH COMMUNITY REGIONALS

*Right: Marie Manuchehri presented a full day of Accessing Higher Vibrational Energy to 80 people at the Spring OKI Healing Touch Community Regional in Cincinnati, OH. Far right: 60 People gathered for an evening of networking and learning Body Prayer taught by Cynthia Hutchison at the Fall OKI Healing Touch Community Regional in Cincinnati, OH.*



# HTWF Financial Summary

In 2018, HTWF began sponsoring some regional meetings. This increased income (and expenses) versus previous years without an HTP National Conference. While no large research grants materialized in 2018, several significant service grants were made and an ongoing outreach initiative to bring HT to underserved communities was started.

<b>INCOME</b>	<b>2018</b>	<b>2017</b>	<b>2016</b>
Auction Income	\$ 1,870	\$ 1,091	\$ 10,496
Monetary Donations Received	\$ 6,542	\$ 3,930	\$ 3,655
Raffle Income	\$10,495	\$ 5,660	\$ 8,810
Conference Registrations	\$ 8,515	0	0
Run/Walk Income	\$ 9,652	\$15,091	\$ 18,581
Value of Items Donated for Auctions and Raffles	\$ 6,114	\$11,475	\$ 14,287
Other Income	\$ 109	\$ 715	\$ 48
<b>TOTAL INCOME</b>	<b>\$43,297</b>	<b>\$37,962</b>	<b>\$55,877</b>
<b>GRANTS</b>	<b>\$ 9,050</b>	<b>\$ 2,178</b>	<b>\$ 4,359</b>
<b>EXPENSES</b>			
Foundation Board	\$ 2,804	\$ 2,964	\$ 5,066
Fundraising and Advertising	\$ 20,447	\$ 11,641	\$ 21,674
Office Expenses	\$ 6,721	\$ 6,047	\$ 4,846
Value of Auctioned and Raffles Items	\$ 7,278	\$ 7,497	\$ 15,337
Other Expenses	\$ 1,521	\$ 350	\$ 398
<b>TOTAL EXPENSES</b>	<b>\$38,771</b>	<b>\$28,499</b>	<b>\$47,322</b>
<b>RETAINED</b>	<b>-\$ 4,524</b>	<b>\$ 7,285</b>	<b>\$ 4,196</b>

## Donations

### Donations Valued at ≥\$500

Earthwise Pet Store  
 Healing Touch for Animals  
 Healing Touch Texas  
 Home Depot on behalf of Meghan King  
 Lavergne, Nancy  
 McIntosh, Debra D. MD  
 Stewart, Victoria F.  
 Tape Products Company  
 Taylor, Pamela  
 Washburn, Roberta  
 Wong, Teresa  
 Young, Margaret

Caine, Nancy  
 Campbell, Lee & Gilda  
 Campbell, Tim  
 Chin, Karen  
 Chrysalis Healing Center, Inc  
 Colbath, Jeanne  
 Coronado, Raul  
 Dickerson, Ann  
 Dobbins, Rosita  
 Donato, Donna  
 Douglas, Debbie  
 Evans- Smith, Judith  
 Fischer, Bob  
 Fitzgerald, Sally  
 FitzGibbons, Mary Pat  
 Forry, Cynthia  
 Four Bridges Country Club  
 Fowles, Margaret G.  
 Francoeur, MarieAnn  
 Fresh Market  
 Geiser, Rosann  
 Gordon, Charlette  
 Green, Mindy  
 Hansen, Catherine  
 Harmeyer, Joann  
 Healing Touch Holistic Healing

Healing Touch Professional Assn.  
 Healing Touch Program  
 Holistic Connections  
 Hutchison, Cynthia  
 Kroger  
 Lambert, Rose  
 Larsen, Shahina  
 Leslie, Margaret  
 Maniaci, Renata  
 Martin, Tiffany  
 McConville, Tim  
 McCourt, Roberta & John  
 McKay, Kim  
 Misiaszek, Nadine  
 Mitchells Salon & Spa  
 Network for Good  
 Oberle-Edwards, Loree  
 Osika, Jayne  
 Partners in Planning Inc.  
 Quinn, Susan  
 Rasch, Brenda  
 Rust, Ann  
 Salage, Barbara  
 Schwartz-Hall, Colleen  
 Silva, Connie  
 Springer, Patricia

Stinnette, Dee  
 Stulb, Marilyn  
 The Crystal Guy  
 Thomas, Linda  
 Traveling Vineyard  
 Upton-Cook, Kathleen  
 Vincent, Nancy  
 Voorhees, Terry & William  
 Walsh, Eileen  
 Wing Eyecare, Inc.  
 Wolfington, Eileen  
 Wong, Terri  
 Wooten, Deborah  
 Wooten, Pamela  
 Wyspianski, Nancy

### Donations Valued at <\$500

Adams-Gerds, Walle  
 Ahmad, Masood MD  
 Align Chiropractic LLC  
 Alvarez, Yolanda  
 Amazon Smile  
 American Holistic Nurses Assoc  
 Amos, Lundee  
 Armentrout, Rita  
 Barefoot RNR  
 Becker, Jerry  
 Bissett, Tamra

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