

Dear Parents/Guardians,

We are writing to inform you about the exciting workshop your child participated in today with a guest dance teacher from **Dance Kids Canada**. The workshop aimed to introduce students to the wonderful world of dance and its numerous benefits.

The workshop began with a warm welcome and an introduction to our talented dance teacher. We discussed the importance of dance in maintaining physical health and ways it contributes to fitness. The emotional benefits of dance and the rich cultural heritage associated with different dance forms from around the world were explored. We emphasized the inclusive nature of dance, welcoming children of all abilities to participate and enjoy the art form. The children had the opportunity to learn eight unique dance skills in the hip-hop style, accompanied by school-safe music and lyrics. They also learned a choreographed routine, allowing them to explore creativity and coordination. The children were then split into two groups to perform for each other, fostering teamwork and confidence. The workshop concluded with heartfelt goodbyes and expressions of gratitude for the children's participation.

Below is a brief overview of the activities that took place:

- Welcome and Introduction (2 mins)
- Dance and Your Physical Health (2 mins)
- Dance and Your Emotional Health (2 mins)
- Dance and the Cultures Around the World (2 mins)
- Dance is for Everyone with All Abilities (2 mins)
- Learning 8 Unique Dance Skills (12 mins)
- Learning a 2-Minute Choreography (8 mins)
- Group Performances (6 mins)
- Goodbye and Thank You (4 mins)

We are delighted to report that your child actively engaged in each activity with enthusiasm and energy. It was a joy to witness the student's passion for dance and their willingness to learn and explore new skills.

We believe that experiences like today's workshop not only enrich your child's life but also contribute positively to their overall development. We encourage you to continue supporting and nurturing your child's interests in dance or any other creative pursuits they may have.

To learn more about **Dance Kids Canada**, we invite you to scan the QR code below.

Best regards,

Miss Amanda

Founder, Dance Kids Canada

