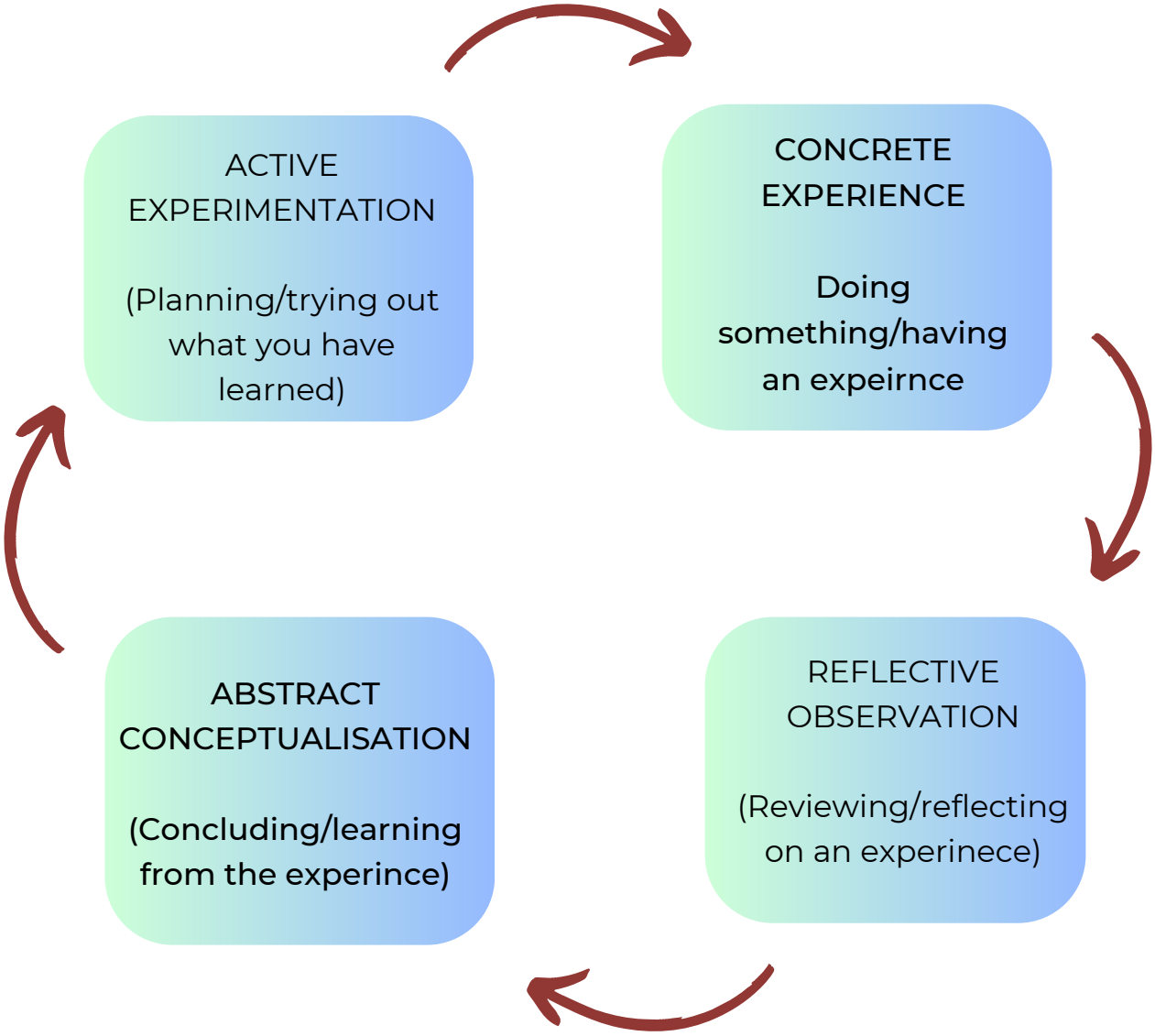
Kolb's Learning Cycle



Kolb's theory of experiential learning identifies a four-stage cycle of learning. The learner is believed to progress through all four stages, with each stage supporting the next. It is possible to start the cycle at any stage and follow through the sequence. However, the learning is only complete once the learner has passed through all four stages of the cycle.