

Mixed Media Artist  
*Roben-Marie*

# JOURNAL JUMPSTARTS: POCKETS

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## SUPPLIES LIST



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## Supplies List\*

Journal (I am using my [Nest Journal](#) but use whatever you have.)

[White Gesso](#)

Brush or palette knife

[Faux Resin Paper](#) or any kind of paper

Fabric scraps

[Emboidery floss](#) and [needle](#)

Circle stamps (I used [handmade foam stamps](#) but you could even use your fingers)

Assorted Papers: painted, text, misc.

[Gel Medium Matte](#) - feel free to use whatever adhesive you like

Pencils: like watercolor, charcoal, No2, Stabilo, China Marker, etc.

Card to insert into your pocket (I used an [affirmation card](#))

\*This list contains affiliate links which will reward me monetarily when you use them to make qualifying purchases.