

Advancing the Work of Janet Mentgen and Healing Touch in Japan

- HTWF Grant Final Report -



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Executive Summary

Over the past 6 years, *Healing Touch Japan* has shared Healing Touch with over 600 individuals by providing classes, seminars, conference lectures and clinics. Our mission is to provide opportunities for anyone interested in Japan to learn and experience Healing Touch in their native language while working to advance the work of Janet Mentgen internationally.

Healing Touch Japan, through support from the Healing Touch Worldwide Foundation, successfully provided Healing Touch classes, an Introduction to Healing Touch seminar, and special lectures across Japan between September and December, 2015.

Six Healing Touch Program classes, including three Level 1, two Level 2 and one Level 3, were taught at three different universities within Japan. The first hospital presentation of Healing Touch and Integrative Medicine was presented by Rumi Hashimoto, MSN, RN, HTCP/I, at Yokohama Minami Kyousai Hospital in Yokohama, Japan. The University of Occupational and Environmental Health in Kitakyushu, Japan, also hosted an Introduction to Healing Touch, attended by many nurses and educators. A special lecture for nursing students at Yokohama Soei University, School of Nursing, focusing on the integration of Healing Touch into nursing practice, was well received by nursing students and professors in attendance. Through the various classes and outreach events, the total reach is estimated at 227 participants.

Grant Supported Events

The following Healing Touch classes were offered with support from the Healing Touch Worldwide Foundation grant.

Date	Class	Location	Number of Participants
September 19, 2015	Special Lecture: “Healing Touch and Integrative Medicine”	Yokohama Minami Kyouzai Hospital	80
September 20~21, 2015	Healing Touch Level 1	Yokohama Souei University, School of Nursing	30
September 22~23, 2015	Healing Touch Level 2	Yokohama Souei University, School of Nursing	19
September 26~27, 2015	Healing Touch Level 1	University of Occupational & Environmental Health University, School of Nursing	13
October 3~4, 2015	Healing Touch Level 1	Osaka University, School of Health & Sciences	27
October 5, 2015	Special Lecture: “Integrating Healing Touch into Nursing Practice”	Yokohama Souei University, School of Nursing	15
October 30, 2015	Introduction to Healing Touch seminar	University of Occupational & Environmental Health University, School of Nursing	12
October 31 ~November 1, 2015	Healing Touch Level 2	University of Occupational & Environmental Health University, School of Nursing	14
December 23~24, 2015	Healing Touch Level 3	Yokohama Souei University, School of Nursing	17

Project Evaluation

A. Total Reach

Total Reach for all classes, presentations and lectures: 227 participants

Class	Number of Participants	Total Reach
Healing Touch Level 1	30	120
Healing Touch Level 1	27	
Healing Touch Level 1	13	
Healing Touch Level 2	14	
Healing Touch Level 2	19	
Healing Touch Level 3	17	

Presentation	Number of Participants	Total Reach
Introduction to Healing Touch seminar	12	107
Special Lecture: “Integrating Healing Touch into Nursing Practice”	15	
Special Lecture: “Healing Touch and Integrative Medicine”	80	

B. Class Evaluations

From student evaluations received from participants at the end of each Healing Touch class (Levels 1-3), the following results were calculated:

Related to Instructor	5 (Strongly agree)	4	3	2	1 (Strongly disagree)
“Ability to communicate knowledge of subject”	80.0%	16.7%	3.3%	0%	0%
“Effectiveness of teaching methods”	84.2%	11.6%	4.2%	0%	0%
“Ability to stimulate participants”	80.8%	17.5%	1.7%	0%	0%

C. Student Comments

“I appreciate experiencing Healing Touch Program. I’m happy to participate in the class.”
- Student, HT Level 2 Class, Yokohama, Japan

Thank you for the 2 days. I always learn something new in each class. I can’t imagine myself before I started studying Healing Touch 4+ years ago.
- Student, HT Level 2 Class, Kitakyushu, Japan

“I’m grateful to have participated in this program. I look forward to Level 4!”
- Student, HT Level 3 Class, Yokohama, Japan

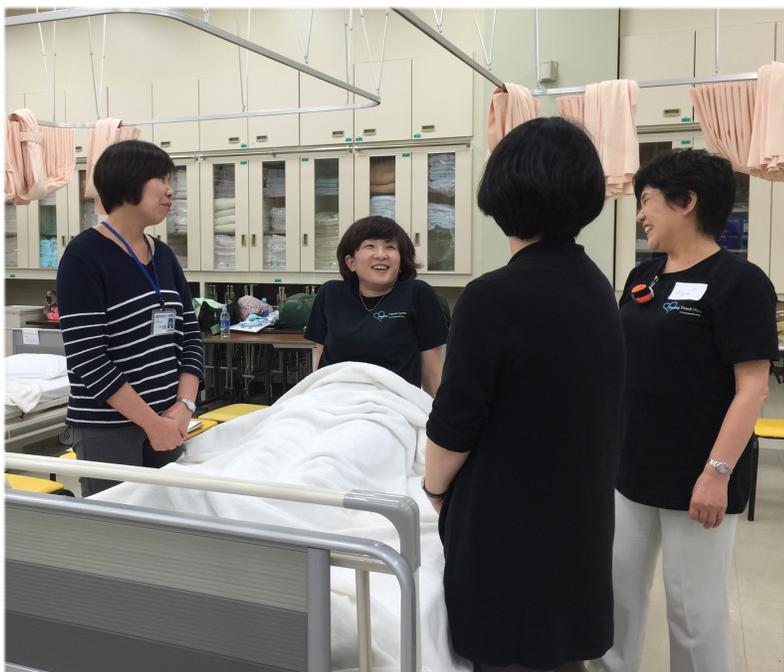
“Everyone including the instructor and HTPA helpers were warm and welcoming.”
- Student, HT Level 1 Class, Kitakyushu, Japan

“Inspiring to see many nursing students attending the workshop.”
- Student, HT Level 1 Class, Osaka, Japan

Photographs: Healing Touch Japan



At Yokohama Minami Kyouzai Hospital (in Yokohama, Japan), Rumi Hashimoto, MSN, RN, HTCP/I, shares Healing Touch and Integrative Medicine with 80 nurses, physicians and health care professionals.



Students of Healing Touch, along with two of the first Healing Touch Practitioner Apprentices in Japan, after a Healing Touch session during the Healing Touch Level 3 Class at Yokohama Soei University. The University School of Nursing hosted Levels 1, 2 and 3 in the Fall, 2015.



Healing Touch Japan, supported through Be GenKi International, offered the first Healing Touch Level 1 Class at the prestigious Osaka University. Nursing students received scholarships to participate in this class, which was attended by nurses, caregivers and community leaders from across Japan.

In collaboration with the Yokohama Soei University, School of Nursing, Healing Touch Level 1 was attended by 30 participants from across Japan. Instructor Rumi Hashimoto, MSN, RN, HTCP/I, teaches Healing Touch classes in Japanese with support from Healing Touch Certified Practitioner, Katrina Shibata, MPH, CHES, HTCP.

