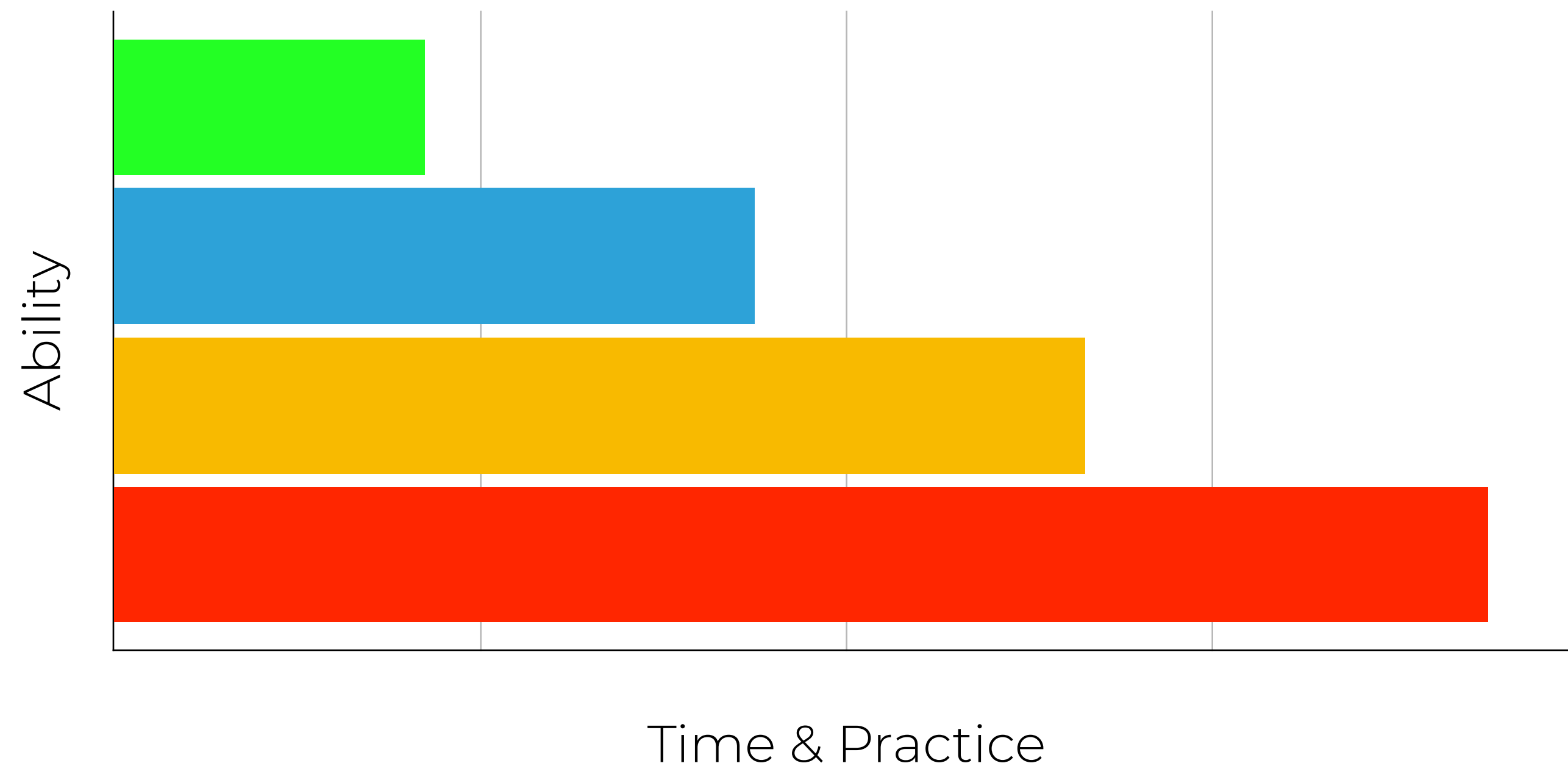


ANYONE CAN GROW THEIR SPIRIT



Ability vs. Time & Practice

