

Over the Counter Parent and Doctor Standing Order Form

ATHLETE NAME: _____ DOB: _____

Parent Name: _____ Parent Signature: _____

Doctor Name: _____ Doctor Signature: _____

Medication Name	Permission to Self Administer? Circle Yes or No	
Antibiotic Ointment (Bacitracin, Neosporin)	Yes	No
Hydrocortisone 1% (Cortisone)	Yes	No
Calamine Lotion	Yes	No
Aleve	Yes	No
Ibuprofen (Advil, Motrin)	Yes	No
Acetaminophen (Tylenol)	Yes	No
Antihistamines (Benadryl, Diphenhydramine)	Yes	No
Pseudoephedrine (Sudafed)/Phenylephrine (Sudafed PE)	Yes	No
Robitussin DM	Yes	No
Cough Drops	Yes	No
Pepto Bismol	Yes	No
Calcium Carbonate (Tums, Rolaids)	Yes	No
Loperamide (Immodium-AD)	Yes	No

Athletes are not permitted to have OTC medications in their possession while at RSR camps and clinics. RSR keeps a stock of the above listed OTC medications in case an athlete requests them during the course of a camp or clinic. In order for RSR to supervise the self administration of one of these medications, both the parent AND the doctor must indicate, by way of this form, that we have permission to do so by circling "yes" in the appropriate column and having the form signed by both the parent AND the doctor. This form serves as a doctor's standing order for these medications.