

## Day 1: Develop Your Soulmate Intention Statement

### Directions:

Now that you have your List of 6, write an overarching ***Soulmate Intention Statement***. Make sure it is in the **present tense as if it is already happening**. I have shared my Soulmate Intention with you as a model:

### Example:

I am sharing my life with my incredible soulmate who is a man of the highest integrity that adores and supports me in all ways. We share a passion for travel and new adventures and are having so much fun together while enjoying vibrant health and financial prosperity!