



RSR Elite 2025 Planning - Marietta College, Marietta OH

I. TRANSPORTATION

A. ARRIVAL

1. June 17th (optional)

- a) Arrive CMH airport by 6:30pm for shuttle departing at 7pm and/or campus by 8:30pm (EST)
- b) Check in offered 3pm-8:30pm June 17
- c) Those arriving June 17 will need the June 17th night add - on - please contact Coach Jackie if you did not originally register with this in mind (jackie@readysetrow.com)

2. June 18th

- a) Check in runs from 9:30am-3pm; first practice at 4pm
- b) Shuttles depart CMH at 1pm; flights must land by 12:30pm.
- c) NOTE - we do not provide a shuttle from any other airport
- d) Athletes flying into COLUMBUS, OH (CMH) will need the RSR Shuttle add on (contact Coach Jackie if you need this and did not already register for it)

B. CHECK IN

1. Medical - all medications (prescription & OTC) must be checked in and turned into nurse
 - a) Any emergency medications (inhaler, epipen, insulin) must be kept on athlete and ONE EXTRA turned into the nurse
2. Key for room
3. RSR Gear
4. RSR Rules & Requirements

C. FIRST PRACTICE

1. June 18 4pm (EST) - come dressed to workout, fueled and hydrated properly with emergency medications and full water bottle with running shoes on

II. REGATTA & RACING & DEPARTURE

- A. **RSR will leave Marietta July 10** by charter bus to head to Ann Arbor MI for [RowFest](#)
- B. The team will be staying at the [DoubleTree Suites Ann Arbor North](#) (July 10-16)
- C. RSR Athletes will be **racing July 12-15; Times TBD** at 9075 S Huron River Dr Ypsilanti, MI 48198
 1. **NOTE** - Right now, races are scheduled late in the evening July 15th. Historically, all athletes have been released from RSR after racing on July



15th, but with this late schedule we have booked the athletes to stay in the hotel July 15th and check out July 16th.

- D. Shuttle to the Airport - RSR will arrange for a shuttle to take athletes from the hotel at 10am July 16th to the Detroit airport. Any earlier flights should arrange your own transportation.
- E. **RSR Parent Welcome Dinner July 12th Time TBD** - we are currently planning an evening to welcome the parents **to eat dinner with the athletes July 12th at our hotel, please stay tuned.** We will share a ticket registration for those interested soon.
- F. We also print the **2025 RSR Elite T-shirt for parents** attending the regatta who choose to purchase them. We can also sell visors and sunshirts for family as well - please reach out if you would like to purchase these in advance of the regatta. You can also purchase them in campbrain when you register.
- G. Historically, there has been a **College Fair**. USRowing has not officially posted the times of this, but they let us know when we reached out that it will be July 15 and July 16 (Times TBD).
- H. All athletes who have a parent/guardian on site should check out medications with Coach Kelsey on July 15th. Athletes departing via the shuttle will check out their medications at breakfast July 16th.

III. DEPARTURE FROM CAMP

- A. July 16th - Shuttle departs hotel at 10am for Detroit Airport.

A Full RSR25 Handbook is coming as well as a What to Bring list - stay tuned!