

# Zugdidi Festival 2025

Eurythmy - Harmony in Motion

**Saturday, 19 July 2025**

## **Eurythmy Therapy for Self-help**

15:00 Stress Relief

15:45 Trauma Coping

16:30 High sensitivity

## **Program for Children**

15:00 – 17:00

Fairy Tales and Stories  
Movement and Colour  
Playing and Dancing

## **Artistic Eurythmy**

20:00 Evening Performance

Bach, Schubert, Beethoven, Kvernadze,  
Georgian folk songs and texts by various  
poets



**Admission  
free**

**Gurtskaya  
Gymnasium**

Tsiashvili №32  
Sugdidi, Georgia