

The Love Verse Activity has 5 parts:

Personalize:

Let God express love to you through the words of scripture by first, making the passage all first person from God to us, and adding your name into the verse. Second, ask the Spirit of Truth, to guide you as you amplify your passage with the words that are meaningful to you. The passage then shifts from being a description of God to words of love from God.

Vocalize:

Express your personalized Love Verse out loud, not just in writing or in your head, and then ask someone else to express it back to you.

Memorize:

"Fix these words of mine in your hearts and minds" [Deuteronomy 11:18]

Spend time and effort remembering your Love Verse. You may find that it is easier to memorize your personalized passages because you will want to hear God's words of love for you specifically - over and over.

Meditate:

Bring the personalized Love Verse to mind as often as you can throughout the days and weeks that follow first doing the activity. Every time you vividly rehearse the Love Verse, your mind processes it as a unique experience of being loved, this is how to be transformed by the renewing of your mind!

Imitate:

Being loved well shapes us, and gives us a picture of how to love others well. Now that you have been loved, go and do likewise!

If you find that you struggle to believe what you wrote for the Personalize part, it may not be that the words are untrue, but that they seem
too good to be true.

Ask a trusted friend to help you weigh and test what you wrote to discern if it is trustworthy.

Personalize

Psalm 90:14; Numbers 6:24-26; Romans 15:13

I will **satisfy** you, _____, in the morning with My unfailing love, that you may sing for **joy** and be glad all your days! I will **bless** you, _____, and keep you; I will make My face shine upon you and be **gracious** to you; I will turn My face toward you _____, and give you peace. For I am the God of Hope, and I **fill** you with all joy and peace as you trust in me.

STEP ONE:

The words emboldened above (satisfy, joy, bless, gracious, fill) are listed below. Below each of those words are lists of synonyms and antonyms (similar and opposite words). Circle the words that impact you the most.

SATISFY

Synonyms: delight, fill, enthrall, quench, enrich, provide an abundance

Antonyms: agitate, distress, discourage, deprive, disappoint

JOY

Synonyms: gladness, delight, ecstatic happiness, cheer, wonder, glee

Antonyms: heartache, distress, sadness, disappointment, sorrow

BLESS

Synonyms: anoint, glorify, ordain, protect, honor, magnify, exalt

Antonyms: blame, criticize, disrespect, shame, insult, humiliate

GRACIOUS

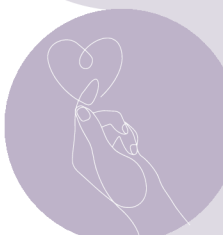
Synonyms: compassionate, accommodating, hospitable, generous, kind

Antonyms: cold, withdrawn, ungiving, severe, indifferent

FILL

Synonyms: make full, distribute, replenish, to supply, saturate, overflow

Antonyms: deplete, remove, take away, exhaust, withhold



Love Verse Activity: Joy

STEP TWO:

Ask the Holy Spirit, the Spirit of Truth, to guide you as you amplify your passage with the words you chose that are meaningful to you. But also, be free to write other words or phrases that come to your mind because they can also be from Holy Spirit. Below each phrase, rewrite the phrase adding the word(s) you selected from the lists of synonyms, antonyms, and any other terms that come to your mind.

“I will **satisfy** you, _____, in the morning with My unfailing love...

...that you may sing for **joy** and be glad all your days! I will **bless** you, _____...

I will make My face shine upon you and be **gracious** to you...

For I am the God of Hope, and I **fill** you with all joy...

Love Verse Activity: Joy

Vocalize

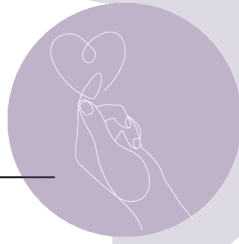
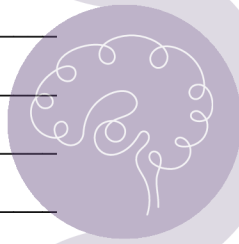
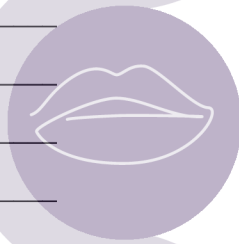
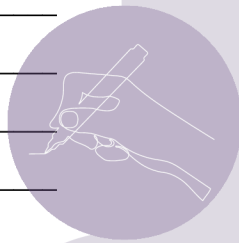
Write your Personalized Love Verse out below, combining all the amplified phrases from the previous page into one paragraph. Write legibly so that you and others can read it out loud.

This image shows a blank sheet of white paper with horizontal blue ruling lines. On the right edge, there are three overlapping circular purple decorative elements. Each circle contains a white line drawing of a person's head and shoulders, facing left. The circles are arranged vertically, with the top one partially cut off by the edge of the page.

Speak your Personalized Love Verse out loud, and say it like you are talking to the person you love the most. (Yes, initially it's just you talking to yourself.)

After saying it to yourself ask a loved one to read it out loud to you. We recommend bringing it to your Touchpoint Group and having them read it to you.

Write the name of the person you are going to ask to read it back to you:



Love Verse Activity: Joy

Memorize

Make a plan for how you can "Fix these words on your heart and mind" [Deuteronomy 11:18]. Everyone remembers things differently, so what works best for you? Explore and try different techniques! Below are some suggestions. Circle a memory method to try with this Love Verse:

Rewrite my
Verse every
day for a week

Make word map
to visualize the
verse

Work to recall
all the verbs in
order first

Write my verse
on a 3x5 card
to carry around

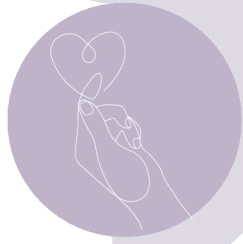
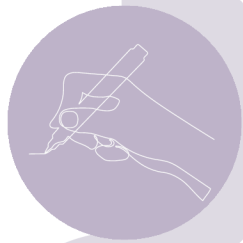
Use the space below and on the next page to follow through on the method you chose.

This image shows a single sheet of white paper with horizontal ruling lines. The lines are evenly spaced and run across the width of the page. There are no margins, text, or other markings on the paper.

Love Verse Activity: Joy

Memorize

Use the space below to get creative! Draw or doodle, write out the verse, or paste a picture that helps you remember this love verse.



Love Verse Activity: Joy

Meditate

Let God express love to you through these words again and again. Call the personalized verse to mind, and ponder, listen, imagine, discuss, accept, and revel in the truth and love the Holy Spirit shared with you through it. What is a visual or audio reminder of this verse that you incorporate into your day?

What can you do to replay and recite this Love Verse throughout your week?

What is something about this love verse that you struggle to believe or trust?

Who is someone you can talk to about what God revealed to you specifically through this love verse?

Love Verse Activity: Joy

Imitate

Loving others as you have been First Loved takes intentionality. Be on the lookout for ways to express the love you experienced through this Love Verse

Write the name(s) of someone you can love in the way you have been loved:

What can you do to be intentional and proactive about loving people this way?
(It may be as simple as sharing a personalized version of this verse!)

When can you be intentional and proactive about loving the people named above in this way?

