



ECOSYSTEMS

SUBTITLE

TRAINING COURSE

LOCATION

Irehom https://irehom.org/ Institut de Recerca Holística de Montserrat Vall d'Artigues, Castellgalí, Barcelona

PARTICIPANTS

40 participants (8 participants per country) Spain, Italy, France, Belgium, Greece

DATES

18th to 27th of June 2025 (including travel days)

OBJECTIVES

- Promote active participation in the development of a local community.
- Explore the social and environmental spheres of community-living and their potential impact on the broader society.
- Capacity building and development of your own DIY project.
- Explore environmental education and community lifestyle

REQUIREMENTS

- To be 18 years old or older
- Be able to communicate in english
- To hold the European Health Card (or private insurance).
- To live in one of the sending countries.
- To be a youth worker or linked to non formal education.
- To consent the use of images in which you appear taken during the mobility with legitimate purposes of the project.
- To be interested in the activities organised and/or in community living.



MAIN ACTIVITIES



HOW TO REACH THE ACCOMODATION

Institut de recerca holística de Montserrat

irehom

Nearest train station

Manresa

Nearest airport

Barcelona El Prat (BCN)

Reach Manresa train station on the June 18th in the afternoon:

If you have your flight to Barcelona, you can take the R2 train to Barcelona- Sants and change to R4 train to Manresa

Once you get to Manresa, take the **T5 bus at Plaça de Valldaura** (11 min walk from the train station) towards Sant Salvador de Guardiola.

Get off at the bus stop **El Calvet - C. de Sant Salvador/ C. de Sant Marc**. And we will pick your luggage.

You can take the bus at 17:40, 18:40, 19:40, 20:40 h. Here is the timetable:

https://horaris.gruptg.com/masatstg/?linia=T5

Walk from the bus stop to Irehom (Can Casassaies on Google Maps, 3.6km = 51min). If you cannot walk to Irehom, let us know in advance so we can pick you up at the bus stop.

We can collect your luggage at the bus stop so you don't need to walk with it, but we need to know your arrival time!

TRAVEL INSTRUCTIONS

KEEP ALL YOUR INVOICES, TICKETS AND BOARDING PASSES!

After the mobility we will reimburse your travel costs by bank transfer.

Save your train tickets/boarding passes (sometimes boarding passes expire from your phone if you don't download it). Electronic documents are preferred (you don't have to print anything).

Transfer by Taxi/Uber (or similar) is not eligible for reimbursement. We encourage you to use sustainable ways of traveling when possible.

Blablacar is alowed as a green travel. In case of green travel, up to two nights are cover under the budget.



180 euros for Spain

275 euros for Belgium, France, Italy and Greece





THE PARTNERSHIP

The promoting association of this training "Back to the Roots" is a non-governmental association. Our primary objective is the promotion of environmental education and social inclusion.

We want to involve youth in their local communities to promote changes in the society, finding sustainable solutions to the challenges we face in Europe.

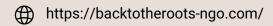
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backtotheroots.eu@gmail.com

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Catfarm, France



New Welness Education Italy



Gaia Education, Belgium



Hopeland, Greece