

Create the life you dream of and help shape the seeds of a Gaian civilization by participating in a whole new kind of initiation training, contexted in Authentic Joy.



# The Ring of Life Gaiaversity – Intro

A Gaiaversity is a completely new type of institution that serves as a framework for authentic adult initiations and social healing, aiming to facilitate the birth of a new society—a Gaian society. This is a society that acknowledges spiritual values, recognizes the Earth as a living being, and employs political and economic structures that promote a sustainable and regenerative world. And last but not least: creates a culture where free will is at the center, allowing each individual's talents and qualities the optimal conditions to blossom.

The Ring of Life is an association with the purpose of creating the world's first Gaiaversity: **The Ring of Life Gaiaversity**. This is not merely an abstract vision of the future but consists of a series of concrete projects, anchored in the Avalon House in Odense, Denmark.

## The Necessity of an Inner Shift

"Be the change you want to see in the world." - (Gandhi)

The culture we live in is a result of the beliefs and understandings that have dominated our civilization until now.

To shift to a new culture and a new way of living in the world, the change must first start within ourselves and our way of thinking.

However, making such a shift is easier said than done, as our habits, unconscious beliefs, and the inertia of the surrounding world exert a massive pressure that keeps us locked in the status quo. This status quo is often marked by limiting thought patterns that do not serve our spiritual development, as well as habits that hinder an authentic connection with ourselves, each other, and the world.

The path to making an authentic shift and becoming co-creators of a society based in bright principles therefore requires:

- New understandings and distinctions that create a clear and illuminated mindset as a foundation for unleashing our true creative power.
- Effective tools to discover, heal, and transform the inner wounds we all carry, which prevent us from manifesting our luminous selves.
- A team to collaborate with in learning new skills, making discoveries, and building a living community that embodies what we deeply long for.
- Concrete visions, both personal and societal, that are achievable—and which, when realized, will significantly transform both our personal lives and the direction of society.

The Ring of Life Gaiaversity is created with this purpose in mind.

### Worldstory, Context & Gameworlds

Creating a new culture requires entirely new ways of thinking, new structures and new tools. Three central concepts in the creative technology used by the Gaiaversity are: **Worldstory, Context, and Gameworld**.



Figure 1: Three Essential Components in Any Creative Process

A **worldstory** is, as the word suggests, the story we have about the world—our myth or fundamental understanding of how everything came to be. One could also call this our worldview.

A **context** is the fabric of consciousness we live within. It can be an unconscious fabric that we have inherited from our parents or a conscious agreement that opens up new possibilities. This framework determines how we relate, act, and communicate.

A **gameworld** is the concrete framework where we create together and thus "play." Unlike a context, a gameworld is something one can join or participate in. Examples include: *a bank, a post office, an association, or a democracy*. All gameworlds serve a specific purpose. In most cases, these purposes reflect the patriarchal and materialistic values of society. However, nothing prevents us from inventing new gameworlds that serve entirely different purposes—thus making obsolete the old gameworlds that are currently destroying the Earth.

Thus a gameworld has a context, a purpose, and rules of engagement.

The rules of a bank, for example, allow you to deposit and withdraw money and receive or pay interest on savings and loans.

A gameworld is therefore characterized by a set of rules that define how the game is played, and changing even a single rule can completely transform the game. Just imagine what would happen if soccer were played with two balls.

If you have not consciously decided which gameworlds you wish to participate in and which context you want to live in, you have most likely adopted society's values without thinking too deeply about it.

The purpose of the Gaiaversity is to create new, amazing gameworlds—gameworlds that will transform your life and the world for the better. By understanding the interplay between worldstory, context, and gameworld, we gain the key elements that define any creative process. By becoming conscious of these precise mechanisms, we can create entirely new gameworlds. The clarity of these interconnections forms a **new spiritual creation technology.** 

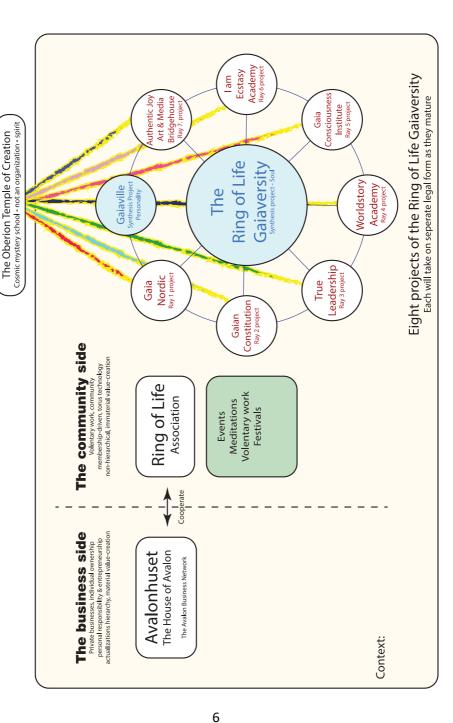
# **Game Changing Game Worlds**

**The Ring of Life** is a game world. It is an association you can join and be part of creating new game worlds. The Ring of Life is thus an association of **gameworld builders**.

There are no limits to how many or how diverse game worlds one can create, and the spiritual technologies taught at **The Ring of Life Gaiaversity** will open many doors for you. But we have a deeper purpose. **The Ring of Life** association is just one part of a complex organism with several components, each playing a specific and vital role in addressing the deeper causes of the world crisis:

- The Ring of Life is the gateway to the overall project and a membership-based organization that offers education and training in the creation technologies of the new era.
- The Avalon House is our business foundation and serves as the venue for events, courses, and much more.
- AUTHENTIC JOY is the context that ties all the parts together.
- The Ring of Life Gaiaversity is a new type of educational
  institution, where the goal is not knowledge but initiation into the
  cosmic mysteries. It consists of eight pioneer projects, each
  designed to transform a vital area of society. The education
  consists of being a co-creator and learning by materializing one's
  soul stream in a high-vibrational team.
- The Oberion Temple is a cosmic mystery temple that unites three cosmic streams (from the Great Bear, the Pleiades, and Sirius) into a unique field of creation.

The **projects** within the **Gaiaversity** consist of **seven ray projects**, reflecting seven cosmic ray energies, analogous to the seven chakras of the human being. Additionally, there are **two synthesis projects**, which can be seen as analogous to the human soul and personality. See next page:



# The Context: Authentic Joy

A **context** is an agreement between two or more people that governs their interactions, communication, and co-creation. **The Ring of Life Gaiaversity** operates within the context of **AUTHENTIC JOY**, which includes a set of essential distinctions. These distinctions are not merely intellectual concepts but existential realities. The distinctions originate mainly from Possibility Management, the Esoteric Teachings and our own research.

Reading about a context can provide a superficial understanding of what it contains. However, for the context to truly "land" in one's being, it must be practiced and felt in the body. Therefore, the full context is only provided in our foundational training: Authentic Joy – Initiation.

Some fundamental distinctions, however, are included in this introduction:

- We live in a responsible universe. Our choices have consequences and function as a magnetic calling tone, attracting people and situations that resonate with our frequency.
- We live in an irresponsible world, where exploiting others, externalizing business costs, lying to gain political power, and dishonesty in relationships are the norm. This irresponsibility is the root of all our problems.
- We are feeling beings and constantly feel everything about anything. Since our culture has primarily taught us that emotions are dangerous (especially anger, fear, and grief), modern society is largely characterized by unconscious emotional reactivity combined with countless artificial stimulants.
- We are creators with access to unlimited resources in the form of bright principles and divine consciousness. We create our perceived reality through our conscious (and especially unconscious) commitments. These commitments often stem from unconscious survival strategies that may have been necessary as children (or in past lives) but have since become an obstacle.

- There are four core emotions (anger, sadness, fear, and joy), and when one develops the ability to feel these emotions 100% purely, it opens the door to the magic of the universe.
- We all have a vast and active underworld, consisting of everything we deny about ourselves (shadow sides). We have been taught to see these aspects as negative, but when we accept and integrate them, something else is revealed.

As a consequence of these realizations, there are some fundamental competencies and methods that form the foundation for all activities in the Ring of Life (which take place in the context of AUTHENTIC JOY).

#### The key principles of the context **AUTHENTIC JOY** are:

- Create what you love to do.
- Be responsible for **your own needs**.
- Show respect for people, time, money, and other resources.

### Practicing the context in daily life includes:

- What is in your awareness is your responsibility. If something is not working, bring it up with your team and agree on a new approach.
- Each person is responsible for any feeling, emotion, or blockage they experience, in order to function within the context.
- Anyone holding a grudge against another team member is responsible for sharing and/or clearing it as soon as possible.
- We bring everything relevant into the field so it can align (emotions, underworld impulses, and feelings).
- Clearly communicate what you want. If you need a specific space (listening space, possibility space, EHP, embracing, etc.), ask for it.
- Take **responsibility** for your thoughts, words, and actions to create a **high-vibrational and respectful environment**.

# **Being Part of the Context**

A context comes alive when we practice it. To realize the vision of a new culture with new structures and new goals, those who wish to be cocreators must make an active choice to step into a new context. In the case of the *Ring of Life Gaiaversity*, this means:

- Committing to noticing one's reactivity (unconscious survival mechanisms) and, upon recognizing reactivity, requesting a healing space (EHP) to transform it.
- Not hiding but openly sharing one's true self, ensuring the group benefits from one's honesty and insights.
- Taking ownership of one's shadow aspects and avoiding the creation of secret spaces where they can thrive unnoticed, under the illusion that this has no consequences.
- Practicing regular inner hygiene (e.g., meditation).

### Radical Responsibility

From a spiritual perspective, **everything is energy and consciousness**— and everything is **perfect as it is**. Even though there is **conflict, war, and suffering**, it is perfect because external circumstances mirror internal realities. The outer world perfectly reflects what is truly happening within humanity as a whole.

A core principle of **AUTHENTIC JOY** is thus **radical responsibility**. This means taking ownership of the fact that we are, in essence, the **creators of our own reality**.

### A Materialistic or Transformative Context?

Everything takes place within a context. The standard context of modern society is a patriarchal and materialistic one, centered around power, money, and control. As a result, many people become apathetic, resigned, or cynical because they feel stuck—feeling trapped in a culture that forces them into roles they do not wish to play.

AUTHENTIC JOY is entirely different. It is a context rooted in free will, built on clarity and love, consciously holding space for inner growth, valuing the richness of our emotional life, exploring our inner world, and conducting experiments to improve our ability to navigate inner realms.

It is a context based in bright principles that balances inner spiritual growth with outer practical needs, returning power to the individual rather than external authorities. Additionally, since the context is based in bright principles, it consciously serves and intentionally invokes these principles when holding space. The bright principles behind **AUTHENTIC JOY** are: **Clarity, Love, and Healing.** 

## The Four Lineages in the Gaiaversity Village

The eight projects in **Gaiaversity** can be seen as eight **mini-villages**, and in well-functioning villages, there are always many different types of people. We have discovered that four types of people (four lineages) are essential for a thriving village. They are:

- **Village Weavers** (Lover energy) those who weave the social life of the village. They are community builders, networkers, ecovillage residents, and relationship creators of all kinds.
- Gaia Guardians (Warrior energy) those who protect everyone in the village from internal and external threats. They are activists, environmental advocates, idealistic politicians, writers, philosophers, and all who fight to protect Gaia.
- **Evolutionaries** (Magician energy) those who drive development and transformation. They are healers, shamans, coaches, lightworkers, magicians, researchers, and all who work with consciousness development.
- Gameworld Builders (King/Queen energy) those who create the structures that make everything work. They are visionaries, possibilitators, cultural engineers, social architects, innovators, and all who design practical solutions for a regenerative future.

If a project (a mini-village) lacks any of these **four lineages** among its members, the village does not function well.

A crucial dimension of **The Ring of Life Gaiaversity** is thus to **create a balance between the four lineages** in all projects and processes, as well as an alliance between the groups in society that represent these energies.

Each lineage's contribution is essential to the **health of the whole**. The four lineages are illustrated in Figure 2.

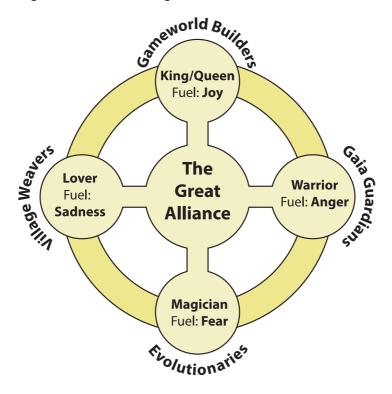


Figure 2: The four lineages reflect the four archetypes. Each lineage is connected to one of the four basic feelings.

# Being a Spaceholder

The space we are in define what can be created at any given time. The distinctions we have integrated within ourselves determine the space we are able to hold and/or function in. The ability to hold space is therefore a crucial competency in the Gaiaversity, and the following types of spaces are central to how we work:

- Healing Space. Since we are sentient beings and all have been exposed to deep traumas in this and other lives, most people are experiencing reactive trauma patterns that play out in their lives. Reactive patterns are always a call for healing, and when met with curiosity and care, the mind automatically heals itself. Learning to hold space for Emotional Healing Processes (EHPs) is a core competency in the Gaiaversity.
- Decision-Making Space. To create, we must act, and to act, decisions must be made, and priorities must be set. Since most people have had traumatic experiences related to authorities (internal or external), money, and power, these processes often trigger reactive patterns disguised as different kinds of objections. Learning to recognize reactivity and create the necessary healing spaces to maintain intimacy and coherence is a core competency in the Gaiaversity.
- Energy Transmission Space. Everything is energy and consciousness, and we are connected to both the cosmos and subatomic particles through our awareness. Engaging in a conscious collaboration with energies from many different dimensions through invocation, prayer, and meditation, and using these forces in our work, is a core competency in the Gaiaversity.
- Work Space. Working in high-vibrational teams on practical tasks—whether it be cooking, construction, cleaning, gardening, coaching, teaching, or something else—requires balancing attention on the task with attention on the people and the energy in which the task is performed. Taking responsibility for a task and holding space for its execution within a team is a core competency in Gaiaversity.

Since the creator culture in Gaiaversity is different from what most people are accustomed to, and very few have already integrated the understandings that form our foundation, the way to participate in our projects is through our fundamental training programs:

- Authentic Joy Initiation (3 days). Here, you learn the fundamental distinctions of the context AUTHENTIC JOY.
- Authentic Joy Activation (3 days). Here, the basic understandings are expanded with more practice, initiation training, and basic spaceholding competencies.
- Builders of the Dawn. Long-term training in manifesting concrete results under one of the eight project domains.
- **Builders of the Dawn Spaceholder**. Here, you learn to hold space for groups working within the context.



Figure 3: Illustration of The Ring of Life as a double ouroboros.

# Ring of Life – Mythology & Worldstory

The Ring of Life Gaiaversity is born from 35 years of spiritual research into the causes behind humanity's challenges. In short, there is a struggle in the world between two directions for humanity:

- A path dominated by power, money, and control The Ring of Power.
- A path governed by love, light and freedom The Ring of Light.

The Ring of Power symbolizes a set of thought patterns that have dominated humanity for millennia. These thought patterns have been embedded in a hierarchical patriarchal culture, centered around power, violence, fear, and control, suppressing and persecuting the feminine for millennia.

The story of the battle between the Ring of Light and the Ring of Power is retold in countless myths, poems, and sagas in Western culture. Examples include: The tales of King Arthur, Parzival, the Nibelungenlied, Wagner's operas, and the Volsunga Saga. Modern examples are: The Lord of the Rings and Star Wars. All these myths and stories share a common theme: The confrontation with darkness, the destruction of the Ring of Power, the rediscovery of the Grail, the reforging of the broken sword, and slaying the black dragon.

Today, we are witnessing the rise of authoritarian regimes and corporations, while chaos, confusion, lies, and deep fakes increasingly pollute public discourse. This is not accidental. These are tools in an agenda aimed at confusing, distorting, and misleading people into believing in illusory ideas, all while a political and financial elite seizes ever more power.

One crucial thing to understand is that this influence cannot be fought directly. If one engages in a direct battle against these forces, one will lose, as they thrive on polarization, conflict and war.

The way to counter these influences is by invoking a greater light and creating something entirely new from a higher plane. This is the method we use through the **Oberion Temple** by calling upon cosmic streams from:

- Ursa Major (Cosmic will, universal law, the Lords of Wisdom).
- **Sirius** (The golden heart stream, compassion, and higher consciousness).
- The Pleiades (Beauty, love, and healing).

By uniting these three cosmic streams in the Oberion Temple, a focus of light is created so powerful that **the Ring of Power is shattered from within**, thereby losing its coherence and influence.

For this cosmic light to be anchored, it must have a place to "land" in our world. If the light cannot be integrated and expressed on Earth in alignment with its high vibration, the energy will simply dissipate and remain ineffective.

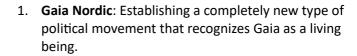
That is why we have formulated eight visionary projects, each of which contains a great revolutionary power and serves as a receptive grail for the cosmic influx. Each of the eight projects has a symbol or logo that represents the energy it materializes, and each belongs to one of the seven rays.

The training within the Gaiaversity field is about creating conscious group work under one of the seven rays and being in service to society through this work. The group works to be a channel, working impersonally yet concretely, to anchor and manifest specific visions associated with the given project.

The work takes place within non-hierarchical structures, where the inner living inspiration is the fuel. The training involves building a bridge between fleeting inspirations and concrete manifestation. Along the way, one must navigate complex group dynamics and individual healing processes.

The eight projects are shown below. The first seven projects are ray projects manifesting the energy of one of the seven rays. The eighth project is a living community that forms the framework for a creative daily life and creates a physical anchor. This project is a *synthesis* project.







 The Gaian Constitution: – Creating a constitution for the entire planet that establishes the basic legal framework for humanity.



 True Leadership International: Developing new leadership and organizational models capable of transforming the world economy.



4. **Worldstory Academy**: Healing our painful past through Truth and Reconciliation.



5. **Gaia Consciousness Institute**: Planting the seeds for a genuine Gaia-based science.



 I am Ecstasy Academy: Healing our relationship with ecstasy and re-establishing the feminine mystery traditions.



 Authentic Joy Art & Media Bridgehouse: Creating a framework for initiation, expansive learning, and the development of articles, documentaries, films and art capable of changing the world.



8. **Gaiaville Community**: Creating a prototype for a new type of community of practice that builds a bridge between the divine and Earth, based in the context: AUTHENTIC JOY

# The Gaiaversity is a Living Being

**Group synthesis is the ultimate purpose** of the context **AUTHENTIC JOY**. Group synthesis is the radiant jewel of creation, which can potentially be brought into existence through the work of individuals who participate in a community of practice, working within a clear context cultivating the balance between the natural, joyful expression of their individual life force and group service to the greater life.

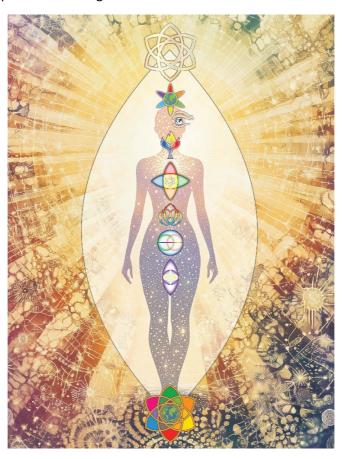


Figure 4: Illustration of a Gaiaversity as a living being (a Mahajiva). Each of the ray projects serves the same function within the Gaiaversity as a chakra does in a human being. It supplies the body with life and allows for the expression of the particular quality that the chakra (or project) embodies.

In the Age of Aquarius, new and higher dimensions of consciousness seek to express themselves through humanity. To enable the emergence of these higher levels of consciousness, we must create the bodies of manifestation, or consciousness structures, through which this consciousness can express itself.

We do not know exactly how this new consciousness will manifest, and many different forms of spiritual renewal are being experimented with. The Gaiaversity is likewise an experiment in a new form of group synthesis.

## Manifestation of a Mahajiva

A *jiva* is Sanskrit for a soul or an individualized consciousness. A *Mahajiva* is a great soul, a being that is much more evolved than a human, but less evolved than a planetary logos (a planetary being like Gaia).

A Gaiaversity is a manifestation body for such a being (as shown in Figure 4). By creating the opportunity for a higher being to manifest its inner life through an entire village, one can attract the attention of a cosmic being, who then enlivens the village and becomes the inner point of consciousness where synthesis occurs. Because synthesis can only take place where there is a center of consciousness performing the synthesis. The students thus become petals in one of this greater being's chakras.

To understand this idea, consider that:

- A human being has a physical body, seven chakras, a personality, a soul, and a monad. In total, 10 parts – 10 being the number of perfection.
- A Gaiaversity has a physical body of manifestation (land and buildings), seven major wheels of creation (the seven ray projects, corresponding to chakras), a living community (the personality expression), a Gaiaversity (the soul), and a Creation Temple (the monad). Likewise, 10 parts.

### When we examine the analogy on a larger scale, we see that:

- There are great cosmic beings who express themselves through constellations, galaxy clusters, and even the entire zodiac.
- **Humanity as a whole** is the manifestation body for the Earth's inner king, *Sanat Kumara*, who is a flamelord from Venus.
- Nations have national devas who express themselves through a people's culture and civilization.

Life expresses itself in myriad ways, and not all bodies of manifestation are immediately recognizable as life-forms because the form does not resemble what we know as biological life. But when we open ourselves to the dimension of consciousness behind the various forms of appearance, we discover that there is life everywhere.

### **Spiritual Creation Technology for Groups**

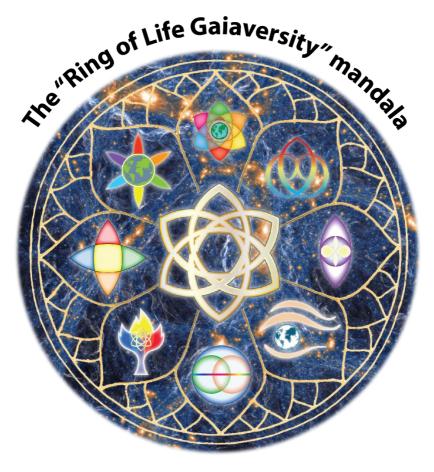
Until now, there has not (as far as we know) been a technology that allows a small group of people to create a body of manifestation for a greater life. The Gaiaversity creation technology now makes this possible.

A central point of the design is, that a Gaiaversity isn't larger than what allows all the student to have a meaningful relationship to each other. Experience shows this limit to be around 100 people. In other words, it is a place where one can make one's influence felt without drowning in bureaucracy, can create and nurture authentic relationships, and can take meaningful responsibility for realizing part of the overall vision.

**The Ring of Life Gaiaversity** is just one single example of what a Gaiaversity might look like. It serves as a prototype and testing ground for this new spiritual creation technology.

The idea of the Gaiaversity is universal and designed to be replicable and potentially integrated into existing communities, thereby serving as a tool to uplevel and expand both context and consciousness in new and existing communities.

The Ring of Life Gaiaversity offers lectures, courses, and opportunities to participate in a wide range of activities in Odense or online. Check our website for current offerings: <a href="www.gaiaversity.com">www.gaiaversity.com</a>.



**Figure 4:** This mandala is an artistic expression of the overall vision behind Gaiaversity. Each symbol represents one of the eight core projects.

# Ring of Life Gaiaversity

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