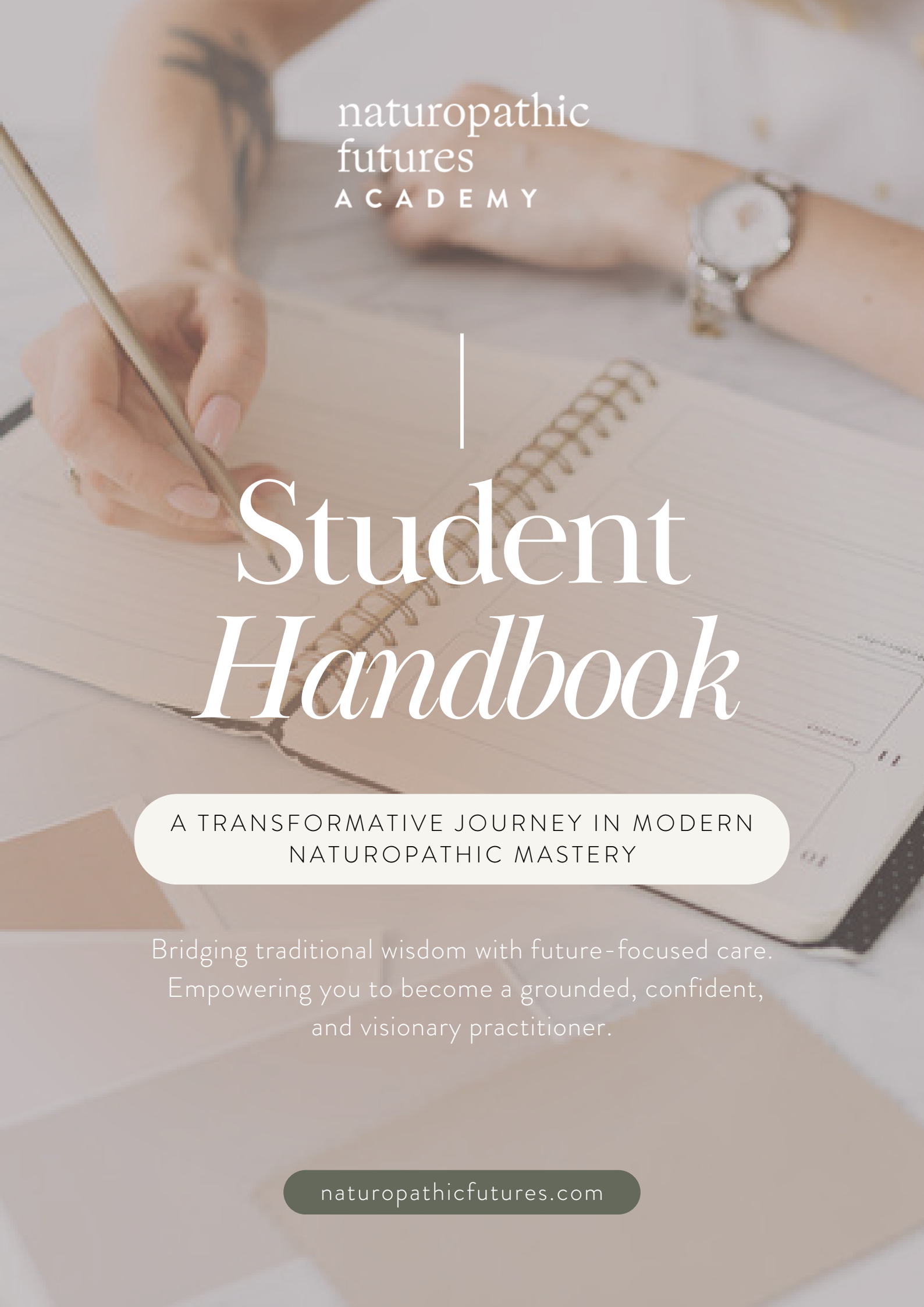




naturopathic
futures
ACADEMY

Student *Handbook*

A TRANSFORMATIVE JOURNEY IN MODERN
NATUROPATHIC MASTERY

Bridging traditional wisdom with future-focused care.
Empowering you to become a grounded, confident,
and visionary practitioner.

naturopathicfutures.com

Welcome to *Naturopathic Futures Academy*

You've landed in a place designed to honour who you are and who you're becoming.

We hope that this handbook offers structure, clarity and inspiration as you explore your unique path as a practitioner.

This journey is built to support not just your clinical knowledge, but your self-leadership, confidence and creativity. Whether you're drawn to mentorship, digital innovation, or seasonal practice rhythms, everything here is designed with purpose - to help you integrate wisdom and future-focused care into a deeply sustainable professional life.

Let this be a space where growth feels safe, aligned, and deeply human.

We're so glad you're here.

The NF Academy Team



The Cycle of *Entrepreneurship*

At the heart of our vision is a deep alignment with the wisdom of nature. Just as the seasons follow a natural rhythm, so too does the journey of becoming a practitioner.

Our curriculum is designed to reflect this cycle - moving through ideation, connection, structure, and renewal - mirroring the energetic flow of Summer, Autumn, Winter and Spring.

Each quarter is outlined in the cycle below:

Naturopathic Futures Foundations - Sowing the seeds for your success:

Summer Term (6 Weeks): 1st Mar - 5th April, 2027

Autumn Term (10 Weeks): 3rd May - 29th June, 2027

Naturopathic Futures Advanced - Branching out of clinical practice

Winter Term (9 Weeks): 27th July - 21st September, 2026

Spring Term (8 Weeks): 12th October - 4th December, 2026

- **Summer** - Clinical confidence, business sustainability and success principles, shining a light on foundations to set yourself up for success.
- **Autumn** - Bridging the forgotten healing arts with modern functional medicine and technology adoption, processes and platforms for flow and opportunity.
- **Winter** - Reviewing and renewing career success pathway, professional development, thought leadership and speaking & presentation skills to expand income and impact.
- **Spring** - The future of interdisciplinary healthcare, leadership skills and the creation of a capstone project to impact the profession as a whole.

As you explore this handbook, you'll notice how each phase of learning and growth follows this cyclical flow, grounding your education in the same natural rhythms we all share.

The Cycle of *Entrepreneurship*



Summer Term (6 Weeks):

Subject: Clinical Confidence 101

Faculty Member: Tammy Guest & Carla Wrenn

What To Expect: This foundational subject is not just about what you do in practice, but who you are being.

In a profession built on purpose, this subject invites you to revisit, reclaim and refine your identity as a practitioner. You'll explore the shifting boundaries and ethical responsibilities in today's fast-evolving health landscape, while building the confidence and energetic presence required to show up fully in your role.

A key element of this journey is learning how to step into your professional identity - not just with credentials, but with presence, clarity, and confidence.

You'll explore what it truly means to be a professional: one who upholds high standards, communicates with integrity, shows up consistently, and builds trust across disciplines.

This is the internal work that transforms you from a practitioner into a respected peer in collaborative, integrative healthcare systems.

Through self-inquiry, casework refinement, and cycle-based planning, you'll learn to structure your business and practice in a way that supports your wellbeing, honours your values, and aligns with the seasons of your life. This is where sustainable success begins.

Summer Term (6 Weeks):

Subject: Clinical Confidence 101

Topics:

- W1: Practitioner Identity: beyond “clinician” (mentor, leader, educator)- personality.
 - W2: Scope, boundaries & ethics in the modern landscape.
 - W3: Confidence building, energetic literacy & therapeutic presence.
 - W4: Efficiency of case taking and practical consultations in timelines.
 - W5: Cycle-based practice planning & practitioner wellbeing.
 - W6: Practitioner business in the modern world.
-

Assessment Task: Building Your Professional Foundation

Participants Develop:

- A clinic process + workflow mindmap.
- LinkedIn Bio for professional connection and opportunities.
- A practitioner identity reflection task.

Criteria	ARONAH Competency	Excellent (HD)	Competent (C)	Needs Improvement (NI)
Practitioner Identity & Self-Awareness	C13.1 - Personal Beliefs in Practice	Deeply reflective, identifies evolving practitioner role with clarity, personal story integrated with future vision	Identifies personal strengths and growth areas, shows developing clarity on role	Lacks depth or clarity on practitioner role; minimal self-reflection
Ethical Awareness & Scope	C1.1, C1.4, C12.1 - Legal/Ethical Practice	Applies ethical reasoning to modern challenges; demonstrates strong understanding of professional boundaries	Describes scope and legal principles; can identify common ethical dilemmas	Lacks understanding of scope, legal concepts, or ethical language
Therapeutic Presence & Communication	C3.1, C5.3 - Communication & Emotional Support	Demonstrates excellent language, energetic boundaries and case taking approach; reflective on energetic literacy	Demonstrates active listening and clear communication in written examples	Limited evidence of therapeutic communication skill or presence
Cycle-Based Practice Planning	C5.4, C13.1 - Safe, Individualised Care	Thoughtfully integrates seasonal energy, self-care and sustainable planning into future clinical/business strategy	Understands importance of cycle-based planning; creates realistic map	Incomplete or disconnected from practice realities
Professional Presentation & Accountability	C2.1, C14.1 - Professionalism & Development	Resume, bio and presence exude clarity, confidence and readiness to lead; formatting and communication are highly polished	Resume and bio meet industry standards and show growing confidence	Formatting unclear, lacks polish or intention; missed submission elements

Component	Weight
Reflective Essay	30%
Case Note Submission	20%
Resume + Professional Bio	20%
Cycle-Based Planning Map	20%
Fireside Chat Summary/Video	10%

Summer Term (6 Weeks):

Subject: Business 101

Faculty Members: Tammy Guest & James Burgin

What To Expect: In this subject, we focus on the business of being in practice - where clinical passion meets smart business design.

Whether you're running a thriving 1:1 clinic, dreaming of a digital course hub, or looking to future-proof your work for seasons of change, this subject gives you the tools to build a practice that feels as good as it looks on paper.

You'll explore what truly sustainable business means - from pricing strategies that honour your energy, to systems that streamline onboarding, off-boarding and everything in between.

We'll break open traditional clinic models to make space for group programs, online offers, retreats and other revenue-expanding possibilities. Because your business should work for you, not the other way around.

We also dive into the often-ignored realities of real life: maternity leave, transitions, sabbaticals, retirement planning, and how to practice without burnout. These aren't afterthoughts, they're core to a future-focused, practitioner-led shift.

This subject is about building a business that reflects your values, honours your cycles, and holds the potential to grow with you season after season.

Summer Term (6 Weeks):

Subject: Business 101

Topics:

- W1: Clinic vs. non-clinic pathways (1:1, group, online, retreats) and business models: packages, programs, passive products.
 - W2: Managing time, energy & pricing boundaries.
 - W3: Onboarding + offboarding systems.
 - W4: Practice without burnout: nervous system & business cycles.
 - W5: Future proofing + retirement options.
 - W6: Maternity leave, sabbaticals, time out income streams and continuity of care.
-

Assessment Task: Practice Model Blueprint

Participants Submit:

- A complete blueprint of your ideal sustainable practice (format, financial model, schedule, income stacking).

Criteria	ARONAH Competency	Excellent (HD)	Competent (C)	Needs Improvement (NI)
Sustainable Practice Model	C2.1, C5.4 - Scope + Safety	Practice model reflects aligned scope, real-world clarity and sustainability intentions	Practical and well thought out; may need slight refinement	Unrealistic or missing practical considerations
Financial & Energy Flow Planning	C14.1 - Professional Growth	Demonstrates intuitive + strategic financial/energetic planning including income flow and boundaries	Budgeting and time management shown but lacks depth or creative options	No income clarity, unclear boundaries or misaligned offers
Nervous System & Seasonal Awareness	C13.1, C10.2 - Holistic View	Thoughtfully integrated seasonal/business cycles and somatic tools for resilience	Awareness of stress points and self-support practices	Minimal evidence of wellbeing systems in place
Inclusivity & Future-Proofing	C9.2, C10.3 - Team & Advocacy	Model anticipates team/collaboration growth, adaptability, public health focus	Addresses growth potential or social contribution	Narrow, lacks vision or community awareness

Autumn Term (10 Weeks):

Subject: The Forgotten Healing Arts

Faculty Members: Kira Sutherland, Dr Moira Bradfield Strydom & Elizabeth Greenwood

What To Expect: In a world rushing toward the next breakthrough, there is profound power in remembering what came before.

This subject invites students into the rich, often-forgotten tapestry of traditional healing arts. The ancient foundations upon which modern naturopathic practice is built.

From the subtle insights of iridology to the elemental power of water therapies, from the vibrational precision of energy medicine to the intuitive frameworks of medical astrology, you will rediscover the sacred art forms that continue to speak to us across time.

Taught by a carefully curated faculty of master practitioners, storytellers, and wisdom keepers, each one a specialist and devoted steward of their modality; this subject is an immersive, respectful journey into the diverse lineages that form the mosaic of naturopathy.

You'll learn not only what these healing systems are, but how to integrate them ethically, creatively and responsibly into contemporary practice.

You'll explore plant medicine from multiple paradigms, revisit the concept of convalescence in an age of urgency, and discover the quiet art of listening to the body, the elements and the unseen.

This is not just a historical tour. It is an invitation to become a bridge: between tradition and innovation, evidence and intuition, past and future.

Autumn Term (10 Weeks):

Subject: The Forgotten Healing Arts

Topics:

- W1: Vitalism and energetic frameworks in natural medicine.
 - W2: Materia Medica through multiple lenses: plant energetics, pharmacology, and plant "personalities".
 - W3: Iridology: reading the body through the eyes.
 - W4: Hydrotherapy and the healing power of water.
 - W5: The art and importance of convalescence.
 - W6: Indigenous and ancestral healing traditions.
 - W7: Medical astrology as a tool for insight and timing.
 - W8: Drop dosing and subtle plant communication.
 - W9: Homeopathy and vibrational medicine.
 - W10: Practicing evidence-based care without compromising your integrity.
-

Assessment Task: Comparative Insight Journal + Live Discussion Panel

Participants Submit:

- A written reflection comparing one ancestral modality (e.g., hydrotherapy, plant energetics) used in modern times .
- Short video/audio on how you integrate scientific evidence with the ancestral modality.

Criteria	ARONAH Competency	Excellent (HD)	Competent (C)	Needs Improvement (NI)
Integration of Traditional & Modern Viewpoints	C15.1 - Traditional + Research Evidence	Shows clear insight and respectful understanding of both lenses; innovative links drawn	Demonstrates understanding of both lenses with relevant comparisons	Shallow or one-sided understanding; lacks respectful comparison
Application to Practice	C5.5 - Principles in Clinical Care	Clear examples of practical use; demonstrates alignment with personal modality style	Provides some practical links or intentions for use	Lacks clarity on how to apply in clinical setting
Intuition & Evidence Coherence	C13.1, C15.2 - Reflective + Evidence	Thoughtfully explores the tension/integration between knowing and proving; critical self-reflection shown	Explores both sides, may lean heavily toward one	Avoids reflection or oversimplifies complexity
Cultural Awareness & Sensitivity	C11 - Cultural Safety	Strong recognition of cultural lineage, Indigenous wisdom and respectful practice	Acknowledges cultural origin or issues respectfully	Limited understanding or uncritical use of traditional systems

Autumn Term (10 Weeks):

Subject: *Tech, Tools & The Modern Clinical Lens*

Faculty Members: Tammy Guest, Rhiannon Hardingham, Chantel Yates & James Burgin

What To Expect: Today's most effective naturopathic practitioners are not only grounded in traditional wisdom, they're also equipped with the tools of the future.

In an ever-evolving clinical landscape, the ability to confidently interpret pathology results, integrate personalised testing, and harness digital platforms is essential.

This subject prepares students to become diagnostically fluent and technologically savvy, empowering them to deliver high-quality care in both in-person and virtual environments.

Through deep dives into functional pathology; including bloods, gut health, genetics, and hormones. You'll learn how to order, interpret and integrate clinical tests with precision and clarity.

Alongside this, you'll explore the rapidly expanding role of AI in practice, privacy-aware digital record-keeping, and ethical use of Telehealth to ensure client engagement, trust, and compliance.

Each topic is delivered by leading faculty with real-world expertise in integrative diagnostics and clinical technology.

You'll gain hands-on experience with the platforms, software and systems that allow you to scale your impact, while still holding a client-centred approach at the heart of your practice.

Autumn Term (10 Weeks):

Subject: *Tech, Tools & The Modern Clinical Lens*

Topics:

- W1-6: Functional pathology (bloods, gut, genetics, hormones) and interpreting labs + practitioner-only test ordering.
 - W7: AI in practice: custom GPTs, automation, case support.
 - W8: Digital record keeping, clinical software, privacy.
 - W9: Telehealth mastery: engagement, compliance, trust.
 - W10: Platforms + processes to keep practitioners doing what they do best.
-

Assessment Task: Digital Integration Project

Participants develop:

- A digital case workflow using tech tools (e.g. software, lab integrations, LLMs).
- A reflection on Telehealth ethics and engagement.

Criteria	ARONAH Competency	Excellent (HD)	Competent (C)	Needs Improvement (NI)
Application of Clinical Technology	C5.7 - Tools/Investigations	Demonstrates understanding of digital workflows that enhance care and efficiency	Demonstrates working knowledge of tech tools in practice	Lacks clarity or relevance in tech integration
Diagnostic Interpretation Use	C5.2, C6.1 - Assess/Plan	Demonstrates confident integration of pathology/functional data in practice design	Can interpret basic reports and match to case workflow	Limited diagnostic reasoning shown
Privacy, Security, and Ethics	C1.3, C12.1 - Legal/Ethical	Complete, legally sound approach to data protection + clear articulation of practitioner responsibilities	Understands core privacy principles and practitioner role	Misses core elements of compliance or clarity in communication
Patient-Centred Digital Delivery	C3.2, C5.4 - Patient Support	Demonstrates conscious engagement planning for trust + compliance in telehealth settings	Understands client needs in digital interactions	Minimal focus on client experience or accessibility

Winter Term (9 Weeks):

Subject: *Career Pathways, Research & Professional Diversification*

Faculty Members: Tammy Guest, Dr Moira Bradfield Strydom, Michelle Whitehead & Roberta Barbiellini

What To Expect: A career in natural health is rarely linear. It is ever evolving, shaped not only by clinical skill, but by personal seasons, creative callings, and the changing needs of our communities.

This subject recognises that you may not always remain in the treatment room and you don't have to. Whether you're drawn to teach, write, consult, research, or influence policy, this module opens the door to new professional landscapes that are as diverse as the practitioners within them.

Through guided exploration, you'll uncover the vast range of career options available to you both within and beyond the walls of clinical practice.

You'll gain insight into academia, publishing, education, product development, brand collaboration, and thought leadership. You'll also learn how to protect and license your intellectual property, create values-aligned revenue models, and communicate your vision with clarity and confidence.

This subject is grounded in the understanding that a practitioner's career is a journey of continuous reinvention. It equips you with the practical tools, connections and mindset to pivot with purpose.

Winter Term (9 Weeks):

Subject: *Career Pathways, Research & Professional Diversification*

Topics:

- W1: Practitioner Identity in Leadership and your next chapter.
 - W2: Mission and vision.
 - W3: Research - Higher degrees, publication and in clinic research.
 - W4: Get published and become an author.
 - W5: Licensing your IP, working with brands, product creation.
 - W6: Revenue models for mentoring: licensing, affiliates, royalties, speaking and presenting.
 - W7: Career sustainability through seasons of life.
 - W8: Networking and communication - best practices for courageous conversations.
 - W9: Opportunity pitch: pitch for your dream opportunity.
-

Assessment Task: Career Diversification Map + Opportunity Pitch

Participants Submit:

- A visual or written career diversification map outlining 3+ pathways (e.g., author, educator, consultant).
- A 2-minute recorded pitch for one professional opportunity (podcast, publisher, brand collab, etc.).

Criteria	ARONAH Competency	Excellent (HD)	Competent (C)	Needs Improvement (NI)
Professional Identity Expansion	C14.1 - Self-Development	Shows clarity and vision across multiple career pathways, aligned with core values	Offers realistic and aligned pathways	Lacks clarity or cohesion in career direction
Clarity and Confidence in Pitch	C3.1, C9.1 - Communication	Highly engaging, succinct and confident; message clear to potential collaborator/partner	Message clear and appropriately structured	Pitch lacks focus, confidence or clarity
Income + Impact Alignment	C2.1, C5.4 - Scope & Safety	Demonstrates pathways that are sustainable, ethical and client/community-serving	Addresses both income and impact elements	Unclear connection to purpose or long-term sustainability
Self-Reflection & Strategic Thinking	C13.1, C15.2 - Reflection	Reflects on growth, legacy, and energetic alignment with proposed pathways	Reflection demonstrates self-awareness	Limited reflection or superficial responses

Winter Term (10 Weeks):

Subject: *Content Creation & Thought Leadership*

Faculty Members: Tammy Guest, Kira Sutherland, Jules Galloway & Rhiannon Hardingham

What To Expect: Every practitioner holds a body of knowledge the world needs, but only some take the bold step to share it beyond the treatment room. This subject is your invitation to embody the core Naturopathic principle of Docere or Doctor as teacher.

In *Content Creation & Thought Leadership*, we explore how to amplify your voice, refine your message, and show up publicly with purpose, presence and professionalism.

Whether you dream of launching a podcast, running practitioner trainings, writing a book, or simply articulating your values online with clarity, this is your container to make it happen.

Led by mentors who've walked the path of public teaching, ethical marketing and authentic visibility, this subject combines the art of communication with the strategy of reach.

You'll learn how to craft compelling content with integrity, how to speak to audiences from stage to screen, and how to create offerings that position you as a trusted leader in the field.

From values-aligned messaging to SEO friendly storytelling, from course creation to coaching, this is your step into becoming not just a practitioner, but a facilitator, educator, and catalyst for change.

Winter Term (9 Weeks):

Subject: *Content Creation & Thought Leadership*

Topics:

- W1: Messaging and communications - Mindset and values-aligned messaging, story telling, hooks
- W2: Social media content with integrity.
- W3: SEO, AEO marketing for client flow and next level opportunities.
- W4: Public speaking and presentation skills.
- W5: Podcasting, writing & publishing techniques.
- W6: Influencing without burnout - working with your brain type and natural presentation style
- W7: Mastering facilitation and group training techniques.
- W8: Coaching skills and behavioural change models in mentoring and practice.
- W9: Creating practitioner-level masterclasses & courses.

Assessment Task: Signature Content Suite

Participants Submit:

- A sample piece of thought leadership (blog, video, webinar, podcast segment, etc.).
- A brand voice messaging guide.

Criteria	ARONAH Competency	Excellent (HD)	Competent (C)	Needs Improvement (NI)
Quality of Thought Leadership Output	C15.1 - Evidence-Based Care	Clear, valuable, evidence-informed and aligned with core message and audience	Content is accurate and aligned, may need clarity or polish	Content lacks focus, accuracy, or audience connection
Content Strategy & Planning	C14.2 - Mentorship & Growth	Content plan reflects consistency, values, audience relevance and professional scope	Topics and formats align with practitioner voice	Unclear audience, inconsistent message or scope
Ethical Communication & Integrity	C12.1, C10.3 - Ethics & Advocacy	Messaging values are clearly articulated; avoids overpromising or misrepresenting scope	Message reflects integrity and basic ethical awareness	Messaging misaligned or lacks ethical depth
Personal Style & Voice	C3.1, C13.1 - Communication	Content demonstrates unique voice, vulnerability and/or confident positioning	Clear communication and style are present	Generic or unclear tone; hesitant or diluted message

Spring Term (8 Weeks):

Subject: *The Future of Healthcare*

Faculty Member: Tammy Guest, Carla Wrenn & Diana Wright

What To Expect: In *The Future of Healthcare*, we explore the expanding frontier of integrative practice.

This subject is future focussed into how we, as naturopaths and holistic practitioners, can work collaboratively within the broader healthcare landscape, bringing our full selves to the table with respect, clarity, and competence.

You'll gain practical tools for navigating the medical system with grace and advocacy, learn to write professional referral letters, and have respectful communication even when it seems challenging. You will also understand the powerful language of Salutogenesis: the art and science of what creates health, not just what prevents disease.

Taught by thought leaders and practitioners working in integrative care, public health, and systemic reform, this subject equips you to stand confidently alongside other healthcare professionals, whether in integrative clinics, policy meetings, research forums, or community initiatives.

Together, we'll explore everything from lobbying and regulation, to how emerging health technologies and global wellness trends are reshaping the way we deliver care.

Because true integrative health is co-creating systems that are patient-centred, culturally safe, and grounded in mutual respect, and we play an important role in that.

Spring Term (8 Weeks):

Subject: *The Future of Healthcare*

Topics:

- W1: Navigating medical systems with grace and collaboration.
 - W2: Health tech, integrative models, and practitioner advocacy.
 - W3: Public health perspectives and reaching the wider community.
 - W4: Principles of Salutogenesis and WELL care.
 - W5: Lobbying, regulation, and stepping into leadership roles within the industry.
 - W6: Creating patient-centered ecosystems that prioritise wellbeing.
 - W7: Responding to global trends in integrative and preventive care. World Naturopathic Federation.
 - W8: Proposal Template and Referral Letter Workshop.
-

Assessment Task: Healthcare Innovation Brief + Ecosystem Map

Participants Submit:

- A brief (500–750 words or presentation) proposing a collaboration, system redesign, or innovation in the field.
- A reflective paragraph on their future role in integrative healthcare systems.

Criteria	ARONAH Competency	Excellent (HD)	Competent (C)	Needs Improvement (NI)
Innovation & Vision	C10.3, C7.1 - Public Health & Teams	Presents a compelling, forward-thinking innovation grounded in real systems or emerging needs	Clearly explains a practical innovation or collaboration	Lacks depth, practicality or vision
Ecosystem Thinking & Role Clarity	C7.2, C9.1 - Interprofessional Practice	Map shows depth, role boundaries and mutual contributions of all involved	Clear practitioner role shown within a team or system	Confusing or vague ecosystem, unclear role
Policy/Advocacy Awareness	C12.1, C10.3 - Ethics & Advocacy	Demonstrates awareness of regulations, lobbying and the broader naturopathic impact in health	Mentions regulatory or systemic issues	No engagement with policy or advocacy issues
Self-Awareness & Contribution	C13.1, C14.1 - Reflection	Reflects on personal evolution as a systemic contributor or visionary leader	Demonstrates a growing awareness	Superficial or disconnected from personal practice

Spring Term (8 Weeks):

Subject: *Legacy, Leadership & Lifelong Integration*

Faculty Member: Tammy Guest, Murray Guest & Tara Nelson

What To Expect: This culminating subject is designed to honour where you've been and ignite where you're going.

Legacy, Leadership & Lifelong Integration invites you to step fully into your next-level leadership identity, bringing together the threads of your experience, values, and vision to create something enduring.

Whether your future lies in thought leadership, education, innovation, policy, or mentorship, this is where your personal and professional evolution becomes tangible.

Through structured reflection, strategic planning, and guided support, you will design and refine a Capstone Project that has the potential to elevate not only your career but the entire natural health profession.

This project is your legacy in motion: a course, keynote, book, initiative, or proposal that encapsulates your highest contribution. Those selected will present their project at the Graduation Showcase a celebration attended by mentors, industry leaders, peers, and future collaborators.

In addition to your project, you'll craft a legacy statement, explore wealth-building and retirement planning, and develop the leadership qualities required for sustainable impact. You'll also deepen your skills in mentorship and facilitation, building the capacity to guide others as you continue your own lifelong integration.

This subject is both a closing chapter and a bold new beginning because your legacy isn't what you leave behind it's what you build while you're here.

Spring Term (8 Weeks):

Subject: *Legacy, Leadership & Lifelong Integration*

Topics:

- W1: Self-assessment & review of a capstone project of your choice.
 - W2: Creating your legacy statement - what you want to be known for.
 - W3: Longterm plans, financial planning, wealth building and goal setting.
 - W4 - 7: Capstone Project creation - bring your idea to fruition.
 - W8: Graduation showcase + alumni integration.
-

Assessment Task: Capstone Project + Legacy Statement

Participants submit:

- A Capstone Project (talk, white paper, book intro, online course outline, etc.).
- A 500 word Legacy Statement reflecting on body of work and future impact.
- A recorded 5-min Graduation Showcase (presentation of vision/project).

Criteria	ARONAH Competency	Excellent (HD)	Competent (C)	Needs Improvement (NI)
Capstone Project Relevance & Depth	C15.2, C5.4 - Evidence + Safety	High-impact, innovative, and professionally sound; well-suited to audience or industry	Aligned with scope and future goals	Misaligned, unclear, or lacks application
Leadership Voice & Confidence	C14.2, C13.1 - Professional Growth	Clear, powerful articulation of mission, growth and leadership contribution	Confident in expression, room to grow	Lacks clarity or grounded sense of leadership
Legacy Integration	C14.1, C13.2 - Reflection & Ethics	Statement shows deep personal, ethical and professional alignment with future impact	Legacy ideas articulated and values-based	Vague legacy or disconnected from personal values
Communication & Presence	C3.1, C9.1 - Communication	Showcase is confident, engaging, and presents vision clearly to an audience	Effective communication with some growth edges	Presentation unclear or disconnected

Program Structure

Delivery Modes

This program is created in 2 parts that can be done separately:

Foundations is for the new career practitioner to give a complete pathway to holistic success.

Advanced is the program for mid career practitioners ready for their next level and branching beyond the clinic.

This program is intentionally designed for integration and growth - blending live connection, flexible learning, and self-paced reflection. With 2 subjects per term and 2 seasonal terms to complete for graduation, each subject includes 1 classes per week.

- **Weekly Masterclasses:** Live or recorded sessions released every Monday & Tuesday to deepen your learning and clinical & business confidence.
- **Half Yearly Conferences:** In-person events at the end of each half year for a hands-on experience, deeper learning and professional connections. **2026 dates:** June 27 - Melbourne, December 5 - Gold Coast. Save the dates.
- **Action Sheets, Case Studies & Integration Tasks:** Practical tools to apply your learning and track your evolution.
- **Capstone Project & Graduation Showcase:** A powerful close to your journey - integrating your learning into a final creative or professional project, and sharing it with the industry leaders, professional community and your loved ones at an in-person conference day and gala dinner.

Investment Structure

We honour the long-term value of your professional growth with a tiered pricing model that reflects the increasing depth and opportunity of the curriculum. Fortnightly payment plans are available. Please reach out if you need to explore a personalised arrangement.

Applications are also open for supported scholarships in collaboration with our industry partners. These are designed to support practitioners from minority groups and those facing systemic or personal adversity. To apply, please submit your application via email and refer to our [Inclusivity & Diversity Statement](#) for more information.

Academy	Price (AUD) exc. GST	Payment Plan
Foundations	\$4,000	10 x fortnightly payments of \$400
Advanced	\$6,000	10 x fortnightly payments of \$600

Your Future *is Now*

This handbook is just the beginning - a glimpse into a path designed for those ready to make a meaningful impact in the evolving landscape of healthcare.

Your voice, your presence, your contribution matter deeply. If you feel called to step into this work, know that you don't have to do it alone. This curriculum is here to guide you - to support your growth, expand your perspective, and reconnect you with the "why" behind your vision.

We believe in legacy - built not in grand gestures, but in small, intentional steps. If this resonates, we invite you to take the next one with us.

With deep belief in what's possible.

The NF Academy Team

Need support?



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