



Guidelines for License to Use I Matter Printed Resources in Professional Practice.

The I Matter Resources have been designed to support progress in understanding what is meant by Relationship Health Practice – currently an overlooked approach to wellbeing.

The I Matter Logo, I Matter ® and I Matter Resources are trademarked as part of our efforts to ensure quality standards for organisations and practitioners associated with the approach. However I Matter is not a therapy it is a psychoeducational resource.

These powerful set of visuals combined with exercises and discussion have proven ability to engage adults and young people in thinking about this complex issue and the implications for their own wellbeing in a wide range of roles, settings and issues.

We license use of printed resources to individual practitioners in professional roles who:

1. Wish to be aligned with the term ‘I Matter Informed Relationship Health Practitioner’ or ‘Relationship Health Practitioner’
2. Are working in a professional role adhering to professional standards of practice in health, education or community.
3. Understand safeguarding practices and are covered by professional insurances
4. Have completed the I Matter Framework Fundamentals with Study Support and passed the Gateway 1 assessment
5. Are registered on the I Matter Deep Dive Programme with Study Support (Trainee I Matter Relationship Health Practitioner)
6. Have passed Gateway 2 and completed and submitted a personal learning account to the community of the use of the resources in their own role and setting and been approved as a Certified I Matter Relationship Health Lead or Lead Plus Practitioner (<specified role>).
7. Have passed Gateway 3 as an Advanced Practitioner to offer coaching support for online.
8. Are a member of the I Matter Professional Practice Extended Learning Community and are committed to their own ongoing I Matter Relationship Health Learning Journey
8. Are listed on the I Matter Directory

The main I Matter Training programme is found in the I Matter Relationship Health online learning journey and associated professional extended learning community. So practitioners are not trained to ‘deliver I Matter’.

Practitioners may:

1. May use the printed resources and exercises in a responsive but discrete fashion to support their own work with individuals and small groups (less than 8) in their routine practice
 2. Provide study support for own clients registered on the online learning journey but must first ensure clients have completed a consult on online RHealth assessment questionnaire
- + We trust practitioners to respect the spirit and intent of the I Matter and Relationship Health approach. Should we become concerned that the resources are not being used as intended, we reserve the right to end the license.

Our aim is a license that is flexible with some quality management www.imattertraining.com