

Embodied Eco- Life

By RAIN Collective

September 3rd - September 9th at
Avnø Oasis Community, Denmark



rain collective



Erasmus+

RAIN Collective

RAIN is a new collective aiming to regenerate the relationships of people with themselves, each other and the world around through non-formal education. Our focus is on sharing knowledge, skills and presence with each other by creating emergent spaces for symbiosis, to foster interconnection and resilience. RAIN is growing into a collective of people that have gathered around the same purpose, working in the fields of permaculture, deep ecology and community building. It is grounded in a holacratic governance system that creates a horizontal hierarchy in which people can be involved to different degrees and time periods.

Central to the educational and transformational spaces that we offer are the inclusion of artistic, expressive, introspective and embodied practices.



Embodied Eco-Life

In the upcoming fall - 3rd of September till the 9th of September - RAIN will host its first training in ecovillage Avnø Oasis in Denmark. What will happen during this training is up to us all. It is our intention to create this together with you and witness what is alive in all of us when we open our awareness to what wants to be born and actualise it. In a practical sense this means that all of us can contribute to the training by offering workshops, practices, music and art. It will provide a space for all of us to learn from and with each other, to try out new things and explore facilitation.

As RAIN is a new collective, aiming to be a network of people, one of the main aims of this training is to shape the collective together, exploring this network of facilitators, project managers, artists and community builders, and to see how we would like to involve ourselves in the future. What emerges during this week will be the direction of the collective.



Co-Creation

The first pillar of this training is that it is an open in-depth skillshare, where we all take part in creating the program with help of the two main facilitators (Nicole and Flo). This means that as a participant it is encouraged to think about what you could bring to this training, which can be a workshop, songs, art sessions, practices and much more. We will support all of you to find each other and collaborate/co-create, to see what can emerge when we get together. There are no clearly defined topics other than the general topics of RAIN (regeneration, permaculture, deep ecology, community building, embodiment and art).

The second pillar of this training is the shaping of the collective itself. As RAIN is a new organization that aims to become a network of people with different skills and involvement, it can still take many shapes. The foundation is there, but in terms of all the activities that can take place in the future there are many possibilities.



Who can apply

Our project is open to anyone that wants to actively contribute and bring offerings in any shape or form, and people that feel a calling to get to know, explore, shape or become part of RAIN Collective.

Invitation

As a participant we invite you to:

- Actively take part of co-creation of the program during (and before) the project
- Come prepared to the project with a workshop/practice/session in mind that you would like to offer
- Communicate personal and workshop prep needs beforehand so we can arrange and accommodate for it
- Travel in climate friendly ways



Location

The location for this project will be the eco-community of Avnø Oasis in Denmark. Located two hours south of Copenhagen, this community hosts an adult learning center to create spaces of transformation. It hosts between 10 and 60 people throughout the year of different ages. The land on which the community rests measures about 21 ha of which 5 ha is forest. Close by you can find the Avnø Fjord, which is a beautiful natural area to explore.

The food served at this location follows a macrobiotic diet. This diet consists of organic whole grains, beans, seeds & local vegetables, complemented with smaller amounts of fruits, nuts, seaweeds, eggs and fish, all prepared using macrobiotic principles.



Travel

- The closest bus stop, Sallerup Gade (line 640), is only 5 kilometers away, providing convenient access.
- Lundby train station is 11 kilometers from our location.
- Vordingborg train station, a 14-kilometer (16-minute car or bus ride) journey, connects you to major transportation hubs.
- Copenhagen is approximately 1.5-2 hours away by train from Vordingborg, making the community easily accessible from international destinations.



Costs and Reimbursement

This project is funded by the Erasmus+ program of the European Union, meaning that costs for travel, accommodation, food and all activities are covered. Specifically for travel costs there is a certain budget per participant, depending on the country of origin, which can be seen below. This is the total budget for both ways travel. We highly encourage the use of green travel options as opposed to flying.

- Netherlands: 417 Euro
- Denmark: 56 Euro
- France: 417 Euro
- Belgium: 417 Euro

For the participants offering a session/workshop in the co-created program there is a small financial compensation.



Packing List

Besides all your basic necessities, we invite you to bring instruments and materials to create art, music and other forms of expression. We advise you to bring clothes for both warm and rainy weather.

Daily Structure

We start the day with optional morning practices followed by a shared morning circle to open the day. The rest of the morning sessions will be focused on content, community building and skill sharing. Afternoons are dedicated to curiosity, art and embodiment, opening our hearts and bodies to fully inhabit the process and cycle deeper into the learning as the days pass. In the evenings there is time to wind down in smaller groups and on some evenings there will be some ceremonies or magical moments.



Apply!

We will start selecting participants from the 2nd of July onwards so the sooner you apply, the higher chances you will get a spot. Copy this link to fill the application form:

<https://forms.gle/hYW8v1JKj1vLiigG7>

Contact

For any questions regarding the project and application process, you can reach out to Flo:

florian@raincollective.cc

