

**LITTLE ATHLETICS NORTHERN METROPOLITAN
HART SPORT ZONE CHAMPIONSHIP 2025/2026 SEASON**

TRACK PROGRAM - Friday 28 November 2025

CIRCULAR TRACK

MARSHALLING FOR ALL EVENTS WILL BE AT 6:40 pm

FIRST RACE WILL COMMENCE 7:00 pm

[illegible]

There likely be 2, 3 or 4 races in total

The number of races and age/gender combinations will be determined when entries close

FIELD PROGRAM - Friday 28 November 2025

PLEASE NOTE: Times shown are 'NOT TO START BEFORE" times (i.e. events may start later)

MARSHALLING FOR FIRST EVENT WILL COMMENCE AT 5:40pm

[illegible]

LITTLE ATHLETICS NORTHERN METROPOLITAN HART SPORT ZONE CHAMPIONSHIP 2025/2026 SEASON											
FIELD PROGRAM - Saturday 29 November 2025											
PLEASE NOTE: Times shown are 'NOT TO START BEFORE" times (i.e. events may start later)											
MARSHALLING FOR FIRST EVENTS WILL COMMENCE AT 7:40am											
300	16	Girls	High Jump	*8:00	High Jump 1	305	9	Boys	Long Jump	*8:00	LJ 1
301	17	Girls	High Jump	*8:00	High Jump 1	306	10	Girls	Long Jump	*8:00	LJ 2
302	U20	Girls	High Jump	*8:00	High Jump 1	307	15	Girls	Triple Jump	*8:00	LJ/TJ 3
303	12	Girls	High Jump	*8:00	High Jump 2	308	13	Boys	Triple Jump	*8:00	LJ/TJ 4
304	9	Girls	High Jump	*8:00	Scissor Mat						
						316	16	Boys	Long Jump	9:30	LJ 1
329	13	Girls	High Jump	10:00	High Jump 1	317	17	Boys	Long Jump	9:30	LJ 1
330	14	Boys	High Jump	10:00	High Jump 2	318	U20	Boys	Long Jump	9:30	LJ 1
331	10	Boys	High Jump	10:00	Scissor Mat	319	12	Boys	Long Jump	9:30	LJ 2
OFFICIALS LUNCH BREAK						320	11	Girls	Triple Jump	9:30	LJ/TJ 3
341	11	Girls	High Jump	12:30	High Jump 1	321	16	Girls	Triple Jump	9:30	LJ/TJ 4
342	15	Girls	High Jump	12:30	High Jump 2	322	17	Girls	Triple Jump	9:30	LJ/TJ 4
						323	U20	Girls	Triple Jump	9:30	LJ/TJ 4
309	14	Girls	Javelin	*8:00	Javelin	332	14	Girls	Long Jump	11:00	LJ 1
324	15	Boys	Javelin	9:30	Javelin	333	7	Girls	Long Jump	11:00	LJ 2
336	11	Boys	Javelin	11:00	Javelin	334	8	Boys	Long Jump	11:00	LJ 3
OFFICIALS LUNCH BREAK						335	15	Boys	Long Jump	11:00	LJ 4
343	13	Boys	Javelin	12:45	Javelin	OFFICIALS LUNCH BREAK					
354	12	Boys	Javelin	2:15	Javelin	344	11	Boys	Long Jump	12:45	LJ 1
						345	8	Girls	Long Jump	12:45	LJ 2
310	14	Boys	Discus	*8:00	Discus 1	346	14	Boys	Triple Jump	12:45	LJ/TJ 3
311	12	Boys	Discus	*8:00	Discus 2	347	12	Girls	Triple Jump	12:45	LJ/TJ 4
325	15	Girls	Discus	9:30	Discus 1	355	13	Girls	Long Jump	2:15	LJ 2
326	11	Boys	Discus	9:30	Discus 2	356	9	Girls	Long Jump	2:15	LJ 4
337	13	Boys	Discus	11:00	Discus 1	312	16	Boys	Shot Put	*8:00	Shot 1
338	10	Girls	Discus	11:00	Discus 2	313	17	Boys	Shot Put	*8:00	Shot 1
OFFICIALS LUNCH BREAK						314	U20	Boys	Shot Put	*8:00	Shot 1
348	16	Girls	Discus	12:45	Discus 1	315	13	Girls	Shot Put	*8:00	Shot 2
349	17	Girls	Discus	12:45	Discus 1						
350	U20	Girls	Discus	12:45	Discus 1	327	7	Boys	Shot Put	9:30	Shot 1
351	7	Boys	Discus	12:45	Discus 2	328	14	Girls	Shot Put	9:30	Shot 2
357	9	Boys	Discus	2:15	Discus 1	339	12	Girls	Shot Put	11:00	Shot 1
358	8	Girls	Discus	2:15	Discus 2	340	9	Girls	Shot Put	11:00	Shot 2
						OFFICIALS LUNCH BREAK					
						352	15	Boys	Shot Put	12:45	Shot 1
						353	10	Boys	Shot Put	12:45	Shot 2
						359	8	Boys	Shot Put	2:15	Shot 1
						360	11	Girls	Shot Put	2:15	Shot 2
* For first event only please go direct to field event area											
For all other events please report to the Field Marshalling Tent											

LITTLE ATHLETICS NORTHERN METROPOLITAN											
HART SPORT ZONE CHAMPIONSHIPS 2025/2026 SEASON											
TRACK PROGRAM - Sunday 30 November 2025											
PLEASE NOTE:		Times shown are 'NOT TO START BEFORE' times (i.e. events may start later)									
		Track times are Draft Only - times subject to change after entries close.									
CIRCULAR TRACK											
MARSHALLING COMMENCES 7.40am											
ALL WALKERS CAN BE MARSHALLED TO RACE AT 8.00am						468	11	Girls	200m Run	Final	2:30 PM
400	7	Girls	500 Pack Start	Final	8:00 AM	469	11	Boys	200m Run	Final	
401	7	Boys	500 Pack Start	Final		470	12	Girls	200m Run	Final	
402	8	Girls	700 Pack Start	Final		471	12	Boys	200m Run	Final	
403	8	Boys	700 Pack Start	Final		472	13	Girls	200m Run	Final	
404	9	Girls	700m Walk	Final	8:15 AM	473	13	Boys	200m Run	Final	
405	9	Boys	700m Walk	Final		474	14	Girls	200m Run	Final	
406	10	Girls	1100m Walk	Final		475	14	Boys	200m Run	Final	
407	10	Boys	1100m Walk	Final		476	15	Girls	200m Run	Final	
408	11	Girls	1100m Walk	Final		477	15	Boys	200m Run	Final	
409	11	Boys	1100m Walk	Final		478	16	Girls	200m Run	Final	
410	12	Girls	1500m Walk	Final		479	16	Boys	200m Run	Final	
411	12	Boys	1500m Walk	Final		480	17	Girls	200m Run	Final	
412	13	Girls	1500m Walk	Final		481	17	Boys	200m Run	Final	
413	13	Boys	1500m Walk	Final		482	U20	Girls	200m Run	Final	
414	14	Girls	1500m Walk	Final		483	U20	Boys	200m Run	Final	
415	14	Boys	1500m Walk	Final		484	10	Girls	200m Run	Final	2:55 PM
416	15	Girls	1500m Walk	Final		485	10	Boys	200m Run	Final	
417	15	Boys	1500m Walk	Final		486	9	Girls	200m Run	Final	
418	16	Girls	1500m Walk	Final		487	9	Boys	200m Run	Final	
419	16	Boys	1500m Walk	Final		488	8	Girls	200m Run	Final	
420	17	Girls	1500m Walk	Final		489	8	Boys	200m Run	Final	
421	17	Boys	1500m Walk	Final		490	7	Girls	200m Run	Final	
422	U20	Girls	1500m Walk	Final		491	7	Boys	200m Run	Final	
423	U20	Boys	1500m Walk	Final		492	Junior	Girls	Relay	Final	3:15 PM
424	9	Girls	800m Run	Final	10:00 AM	493	Junior	Boys	Relay	Final	
425	9	Boys	800m Run	Final		494	senior	Girls	Relay	Final	
426	10	Girls	800m Run	Final		495	senior	Boys	Relay	Final	
427	10	Boys	800m Run	Final							
428	11	Girls	800m Run	Final		STRAIGHT TRACK					
429	11	Boys	800m Run	Final							
430	12	Girls	800m Run	Final		MARSHALLING COMMENCES AT 7.40am					
431	12	Boys	800m Run	Final		500	11	Girls	80m Hurdles	Heats	8:00 AM
432	13	Girls	800m Run	Final	10:50 AM	501	11	Boys	80m Hurdles	Heats	
433	13	Boys	800m Run	Final		502	12	Girls	80m Hurdles	Heats	
434	14	Girls	800m Run	Final		503	12	Boys	80m Hurdles	Heats	
435	14	Boys	800m Run	Final		504	13	Girls	80m Hurdles	Heats	
436	15	Girls	800m Run	Final		505	13	Boys	90m Hurdles	Heats	
437	15	Boys	800m Run	Final		506	14	Girls	90m Hurdles	Heats	
438	16	Girls	800m Run	Final		507	15	Girls	90m Hurdles	Heats	
439	16	Boys	800m Run	Final		508	14	Boys	100m Hurdles	Heats	
440	17	Girls	800m Run	Final		509	15	Boys	100m Hurdles	Heats	
441	17	Boys	800m Run	Final		510	16	Girls	100m Hurdles	Heats	
442	U20	Girls	800m Run	Final		511	17	Girls	100m Hurdles	Heats	
443	U20	Boys	800m Run	Final		512	U20	Girls	100m Hurdles	Heats	
						513	16	Boys	110m Hurdles	Heats	
TRACK OFFICIALS LUNCH BREAK						514	17	Boys	110m Hurdles	Heats	
						515	U20	Boys	110m Hurdles	Heats	
U/17 LAP OF HONOUR						516	11	Girls	80m Hurdles	Final	9:20 AM
						517	11	Boys	80m Hurdles	Final	
444	11	Girls	200m Run	Heats	12:30 PM	518	12	Girls	80m Hurdles	Final	
445	11	Boys	200m Run	Heats		519	12	Boys	80m Hurdles	Final	
446	12	Girls	200m Run	Heats		520	13	Girls	80m Hurdles	Final	
447	12	Boys	200m Run	Heats		521	13	Boys	90m Hurdles	Final	
448	13	Girls	200m Run	Heats		522	14	Girls	90m Hurdles	Final	
449	13	Boys	200m Run	Heats		523	15	Girls	90m Hurdles	Final	
450	14	Girls	200m Run	Heats		524	14	Boys	100m Hurdles	Final	
451	14	Boys	200m Run	Heats		525	15	Boys	100m Hurdles	Final	
452	15	Girls	200m Run	Heats		526	16	Girls	100m Hurdles	Final	
453	15	Boys	200m Run	Heats		527	17	Girls	100m Hurdles	Final	
454	16	Girls	200m Run	Heats		528	U20	Girls	100m Hurdles	Final	
455	16	Boys	200m Run	Heats		529	16	Boys	110m Hurdles	Final	
456	17	Girls	200m Run	Heats		530	17	Boys	110m Hurdles	Final	
457	17	Boys	200m Run	Heats		531	U20	Boys	110m Hurdles	Final	
458	U20	Girls	200m Run	Heats		532	7	Girls	70m Run	Heats	10:40 AM
459	U20	Boys	200m Run	Heats		533	7	Boys	70m Run	Heats	
460	10	Girls	200m Run	Heats	1:30 PM	534	8	Girls	70m Run	Heats	
461	10	Boys	200m Run	Heats		535	8	Boys	70m Run	Heats	
462	9	Girls	200m Run	Heats		536	9	Girls	70m Run	Heats	
463	9	Boys	200m Run	Heats		537	9	Boys	70m Run	Heats	
464	8	Girls	200m Run	Heats		538	10	Girls	70m Run	Heats	
465	8	Boys	200m Run	Heats		539	10	Boys	70m Run	Heats	
466	7	Girls	200m Run	Heats		540	7	Girls	70m Run	Final	11:45 AM
467	7	Boys	200m Run	Heats		541	7	Boys	70m Run	Final	
						542	8	Girls	70m Run	Final	
						543	8	Boys	70m Run	Final	
						544	9	Girls	70m Run	Final	
						545	9	Boys	70m Run	Final	
						546	10	Girls	70m Run	Final	
						547	10	Boys	70m Run	Final	
						700-709	Multi	Class	100m Run	Final	12:15 PM

1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31	32	33	34	35	36	37	38	39	40	41	42	43	44	45	46	47	48	49	50	51	52	53	54	55	56	57	58	59	60	61	62	63	64	65	66	67	68	69	70	71	72	73	74	75	76	77	78	79	80	81	82	83	84	85	86	87	88	89	90	91	92	93	94	95	96	97	98	99	100
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