

Gratitude Goddesses Daily Prompts

A Creative Ritual for the Season of Wonder

November 1–30

Week 1: Gratitude for Self — *The Inner Light*

Honor your body, story, resilience, and soul.

1. I am grateful for the woman I'm becoming...
2. A part of me I'm learning to love is...
3. I honor my creativity by...
4. My body has carried me through...
5. A strength I didn't know I had...
6. I offer compassion to the part of me that...
7. I am proud of how I...

Week 2: Gratitude for Nature — *The Wild and Sacred*

Reconnect to earth's beauty, rhythms, and cycles.

8. A moment in nature that soothed or surprised me...
9. I feel most alive when...
10. The season that mirrors my soul right now is...
11. I offer thanks to the trees, because...
12. My favorite natural place and why...
13. Nature teaches me to...
14. I bless the earth with...

Week 3: Gratitude for Others — *The Circle Holds*

Honor relationships, ancestors, and the threads of connection.

- 15. Someone I'm deeply grateful for and why...
- 16. A teacher or guide who shaped me...
- 17. I carry this wisdom from my lineage...
- 18. A friend who held me when I needed it...
- 19. I offer forgiveness to...
- 20. I'm learning to set boundaries with love because...
- 21. I am part of a sacred circle when...

Week 4: Gratitude for Mystery — *The Wonder Way*

Open to spirit, intuition, dreams, and sacred unknowns.

- 22. A synchronicity or sign I'll never forget...
- 23. I'm grateful I don't have all the answers because...
- 24. A dream or vision I'm holding gently...
- 25. Spirit whispered to me when...
- 26. I wonder what's possible if...
- 27. I trust the unfolding of...
- 28. Magic shows up in my life through...

Final Reflections (Nov 29 & 30)

- 29. A blessing I want to carry into the next season is...
- 30. This journey taught me...