



# Spiritual Coaching

## Practitioner Training

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FULL COURSE CURRICULUM

**This course will teach you the deep metaphysical principles to apply to any healing or holistic session plus be a lifelong resource for your own awakening.**

This course is practical and experiential. Whilst there is a theory component, the key teaching will be the tool/ concept so that you walk away with a tool box to transform lives. The best part is that you can keep layering your own tools and ideas into the mix to expand your suite.

## **There are 4 POWERFUL KEYS to Learn at SPIRITUAL COACHING**



### **Inspire and Ignite**

The concept of seed planting



### **Reflection + Observing**

Finding 'aha' moments and patterns



### **Activation and Balance**

Birthing the new and finding peace



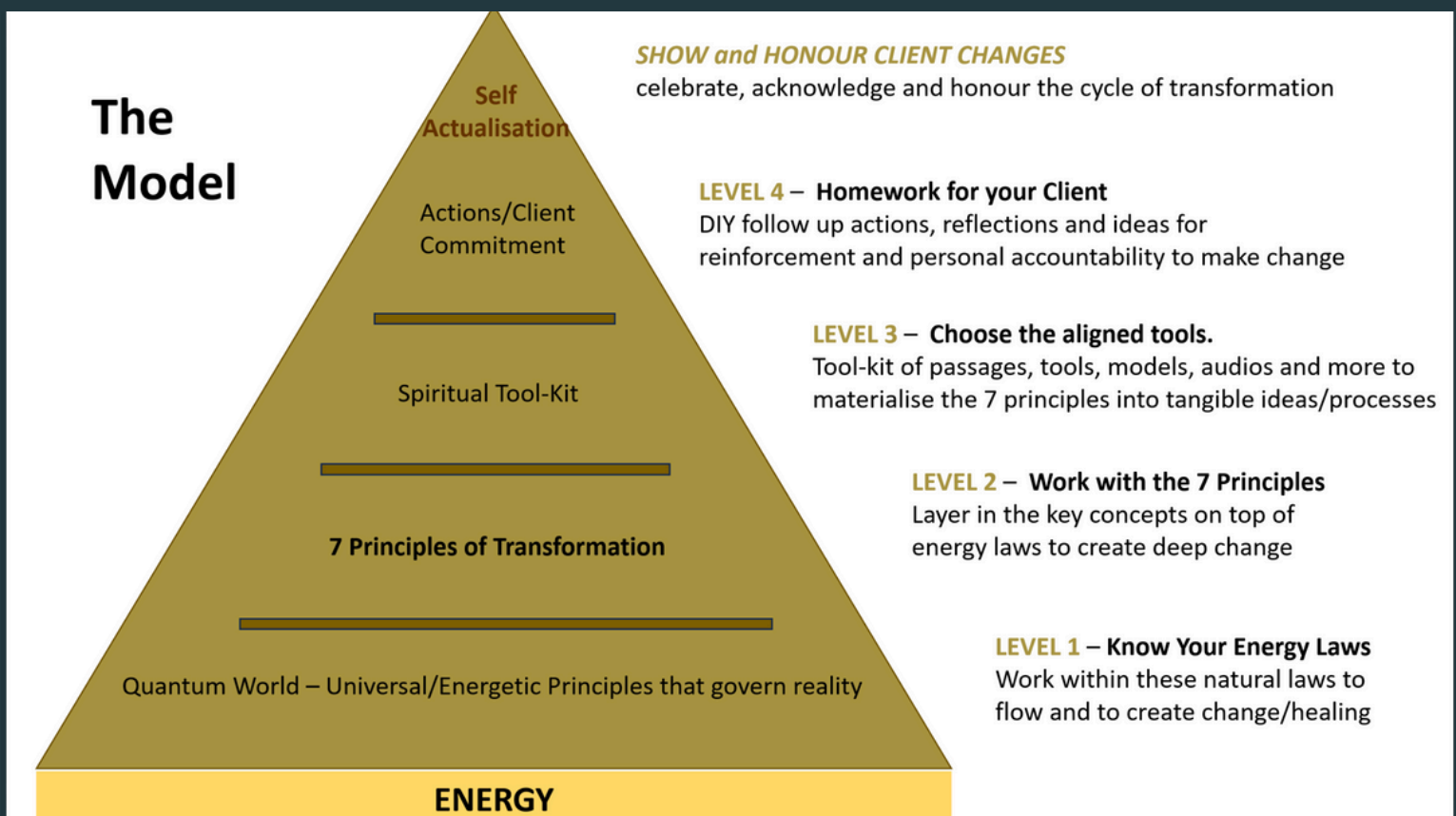
### **Release and Void**

Deathing off that which no longer serves you.



# THE SPIRITUAL COACHING MODEL

The coaching model presented below demonstrates the intelligence behind how coaching is structured. It starts with the concept of energy then layering on top the universal laws, the 7 principles of transformation, and over 30 powerful tools that you will learn.



# THE 7 PRINCIPLES OF TRANSFORMATION

There are 7 key concepts you will explore in this coaching course. All of the principles relate to the universal laws and the tools that you will receive over the course of 6 weeks.







## HOW IS THE COURSE DELIVERED?

### **Pre Course Access Opens Two Weeks Before Day One Immersion**

Early access gives you space to gently prepare and set yourself up with meditations, spiritual wisdom on the 7 layers of self and quantum universal laws training.

### **DAY 1 Immersion: Core Concepts and Foundations**

Learn the deep spiritual laws and metaphysical principles behind transformation and healing. These core concepts will underpin all of your healing work and be a framework to operate from. You will receive handouts, short videos to recap lessons and audio scripts.

## DAY 1 TOPICS TO COVER:



Spiritual Concepts of Transformation



Spiritual and Universal Laws that govern reality



The Knowing Field and how to Interact with it as Spirit

# WEEK 1 TO WEEK 5

## Select your Personal Challenge to Work Through

This course is both a personal journey and a professional one. At the beginning you will select a personal challenge or opportunity you are facing so you can apply all of the tools and get mentored along the way to learn in real time - experientially. Expect a personal and professional transformation.



Aside from your personal goal, you will also learn how to apply these tools to scenarios such as:

- Relationship conflicts
- Health issues
- Career challenges
- Matters of Love/ Heart
- Life Purpose
- Dark nights of the Soul
- Financial issues

Think of these concepts as a core container to assist the issues above. This one day kickstarter will set you up for success.

[Reserve Your Spot](#)

# 5 x Weekly - 2 Hour Zoom Sessions

to Layer in the Coaching tools



Each week, we'll introduce a new tool to add to your toolbox, expanding your core container. Our 2-hour sessions will focus on training you in the tool and showing you how to apply it effectively. Afterward, you'll have the opportunity to practice with a classmate or a friend of your choice. Q&A and feedback will be provided through our group chat channel.

## WEEKLY ZOOM SESSION COVERS THE FOLLOWING:



Powerful Tools  
and Processes  
for Sessions



The Energy  
Fields (Chakras)  
of the Body and  
How to Create  
Healing and  
Change



Powerful  
Coaching  
Questions  
and Finding  
AHA Moments



Actions for  
post Sessions  
based on the  
4 Quadrants  
of Wellness

# YOU WILL ACCESS OVER 30 OF OUR BEST SPIRITUAL COACHING TOOLS

**Tools will be supplied as written passages and meditation files.**

You can choose to use these directly as is in your practice or recreate your own versions with your own branding. There is no copyright on using the tools in your daily practice, however there is a general understanding that you don't teach them in a formal environment such as this course!

TOOL #1 Shamans Death

TOOL #2 Fire Ceremony

TOOL #3 Lessons and Evolution/ Karma

TOOL #4 Seeding New Story/ Idea

TOOL #5 Fuel Tank and Corp Athlete

TOOL #6 – The Corporate Athlete

TOOL #7 – Fork in the Road

TOOL #8 – Cord Cutting

TOOL #9 – Golden Shadows

TOOL #10 – Death and Rebirth Table

TOOL #11 Revocation

TOOL #12 – King and Queen Tactics

TOOL #13 – Hijacking

TOOL #14 – Death off the “Thought Form”

TOOL #15 – Void Journey to Let Go

of the Thought Form

TOOL #16 – Shadow Flipping

TOOL #17 – Noticing/ RAS -Your Goat Trail  
Diary

TOOL #18 – Love Matrix

TOOL #19 – Dream Catchers V Dream Killers  
V Fence Sitters

TOOL #20 – Witness/ ACT model

TOOL #21 – Snipers Rifle Meditation

TOOL #22 – Values/ ACT

TOOL #23 – Inner Critic

TOOL #24 – Hearth Rhythm Coherence

TOOL #25 – Retrieve What Was Lost- Void  
Journey/ Soul Retrieval

TOOL #26 – Life Purpose Course Correct  
Model

TOOL #27 – Burden Basket

TOOL #28 – Make Peace with the Past

TOOL #29 – Complex v Wicked Problems

TOOL #30 – 2 Types of Fears



# BONUS: CHAKRA TRAINING

In this bonus training, we will delve into the seven chakras and their essential role within the body's energy system, discovering how each chakra impacts physical, emotional, and spiritual health. You will also gain practical tools and techniques to enhance not only your personal well-being but also those of your clients' through balance and healing of chakras.



- **Root Chakra (Base):** Understanding grounding, stability, and the connection to the material world for physical and financial security.
- **Sacral Chakra:** Exploring emotions, creativity, and relationships, focusing on healthy emotional flow and self-expression.
- **Solar Plexus Chakra:** Building self-esteem, personal power, and the ability to take confident action aligned with one's purpose.
- **Heart Chakra:** Learning to open the heart to love, compassion, and emotional balance, fostering deeper relationships and self-acceptance.
- **Throat Chakra:** Mastering the art of authentic self-expression, communication, and voicing personal truths with integrity.
- **Third Eye Chakra:** Developing intuition, insight, and visionary thinking, learning to trust inner wisdom and see beyond the physical world.
- **Crown Chakra:** Connecting to spiritual wisdom, divine consciousness, and the higher self, bringing a sense of peace, unity, and enlightenment.



## OUTCOMES AND BENEFITS

Transform your career and take your Spiritual Coaching/Counselling abilities to the next level

- \* You will run transformational and meaningful sessions with your clients.
- \* You will easily identify the cause of your client challenges and be able to implement solutions immediately.
- \* You will access practical tools and meditations to increase your confidence and inner peace as a healer.
- \* You will access your higher (Spirit) mind and start working more intuitively to support change and success.
- \* You will access a set of immediate cutting-edge tools to support your current sessions.
- \* You will learn concepts that will evolve your own abilities of healing - an upgrade of your own consciousness.

[Watch our Videos](#)

# GET MENTORED WITH EXPERIENCED COACH, DEBBIE PASK



“To be a powerful Spiritual Coach, it is important to hone in on your unique style, your X factor and how you show up as a coach/ leader/ healer.

This session is a game changer and creates a way for you to be supported personally.”

With a background in Advertising at board level, a degree in Philosophy and 20 years training in Energy healing work, Debbie Pask is an example of how the rational and intuitive can come together to create a stronger approach to business. Debbie’s core passion is to help people discover & unlock their own ‘life purpose’ and then go about planning and designing their utopian business around it.

**[LEARN MORE ABOUT DEBBIE](#)**

# SUMMARY OF WHAT YOU WILL RECEIVE:

- Early access to pre course materials two weeks before Day One Immersion
- 1- Day Training Immersion
- 5 x Zoom Tutorials
- Learn how to deliver short healing journeys and 30 Coaching Tools
- Members Course Access
- Templates/ Handouts and Audio meditations
- Private Group Chat – Access to Debbie and the Group Mentoring

Free Bonus Group Training

## TESTIMONIALS

### WHAT THEY SAY:

I am excited for my future as a Life Coach. The course content is brilliant. The way in which Debbie presents it, makes it so easy to follow and the tools supplied make it so easy to implement. I found I put into practice what I learnt, almost immediately. The group webinars were a real treat. We all came such different backgrounds, that there was so much to learn from each other. The course has given me the opportunity to appreciate my life experiences and value what my life has taught me. Debbie and the course has given me the biggest gift of allowing me to align my career with my purpose and passion, I couldn't have asked for more.

**LAUREN**

[READ MORE HERE](#)



# Our Practitioner Courses Provide You Certification, Insurance & a Money Back Guarantee



## Money Back Guarantee

If you attend all of our classes, watch the video training and attend all of the practice sessions and don't believe you have received full value from our class, we offer a 100% money back guarantee. We stand by the quality and mentorship of all our classes.\*

\* A short interview will apply before refunding money.



## Certificate of Completion

Once you finalise your training with us and deliver your relevant assignment, you will receive our Rezinate Certificate of Completion which can be used to gain insurance.



## Insurance to Practice

Ready to start practicing professionally and need insurance? Our courses are registered and authorised with IME insurance and you can [contact them here](#) to arrange your policy today.\*

\*If outside Australia, please contact your country area insurance bodies to arrange insurance

[Learn More Here](#)



# Want to deepen your Spiritual Journey?

We train Spiritual Healers and emerging practitioners to master world-class healing techniques so they can excel in their field and impact more lives.

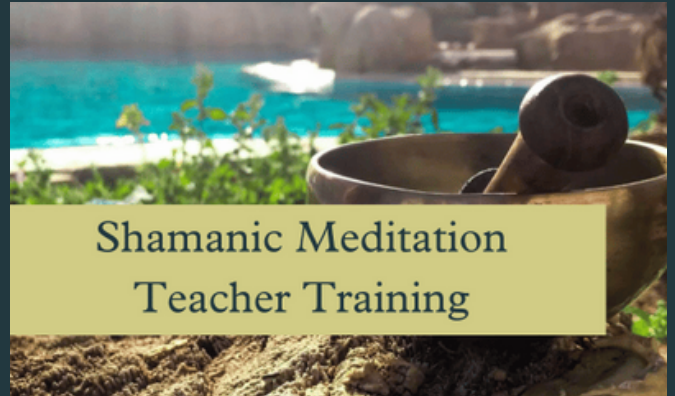


## Spiritual Alchemy Training Live in Australia

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Become a Master Practitioner with Advanced  
Spiritual Timeline Therapy

[Learn More](#)



## Shamanic Meditation Teacher Training

### Shamanic Meditation Teacher Training

Become a Master Practitioner with Advanced  
Spiritual Timeline Therapy

[Learn More](#)

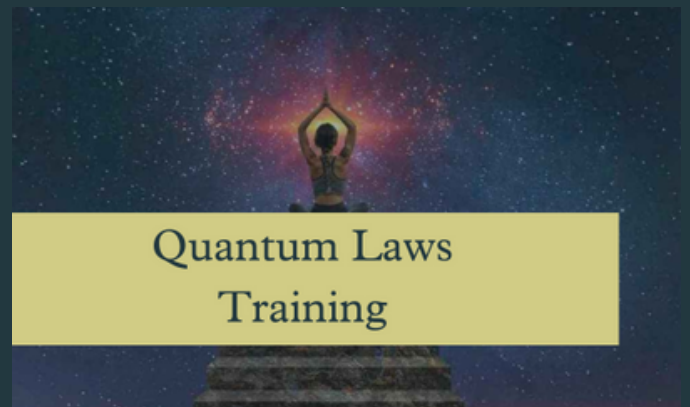


## Energy Medicine Practitioner Training

### Energy Medicine Practitioner Training

Become a skilled and powerful healer  
using world-class techniques and  
teachings.

[Learn More](#)

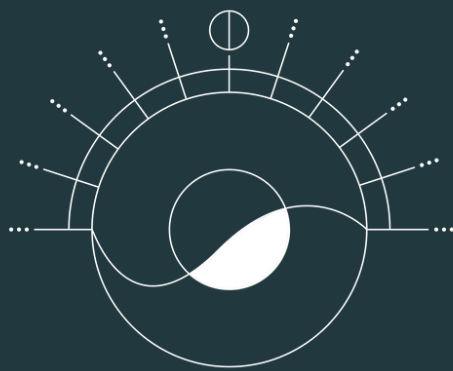


## Quantum Laws Training

### Quantum Laws Training

Master the 21 Universal & Spiritual Laws  
that Govern Our Reality So That Life Happens  
For You (Not To You)

[Learn More](#)



# REZINATE

In harmony with spirit & earth