

# December New Moon + Solstice ✨

## Intention Guide 🌟

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Grab a journal and use this guide as a sacred companion for crossing the threshold of the last New Moon of 2025 and the Solstice. Pen to paper, antenna to God / Source / Universal Loving Presence—write it right, release what has completed and receive what is ready to be.

### Energy Focus 1: INSPIRING THE FIRE

This New Moon is pure vision energy. It's the last New Moon of the year, bringing big energy to aim high and far with truth, future focus, expansion, and long-range dreaming. This isn't about small dreams or wishes; it's about the bigger visions holding the energy of expansion.

- *What dreams are calling for you to bring alive in 2026 and beyond?*
- *What brave and bold visions can you choose to be the direction your life starts organizing around?*
- *What trailblazing dreams need your vision to take shape?*

### Energy Focus 2: LIVING WHAT TRULY MATTERS

You are being asked not only what you really want, but how you will live what matters most. Where has your time, attention, and life force been going — and does it truly reflect what is most important to you now?

- *What am I done pouring my life force into because it no longer feels true or nourishing?*
- *Where is my heart already clear, even if my mind still tries to argue or explain it away?*
- *What is one real, grounded way I can begin living more of what truly matters in the upcoming new year?*

### Energy Focus 3: THE CYCLE OF COMPLETION & NEW CREATION

This last New Moon of 2025, a “9 year” of completion, carries powerful closure energy and turns the page into 2026, a “1 year” of new beginnings. It highlights the old storylines — ways of being built around survival, over-responsibility, or staying small — and asks if they are finished now so a new blueprint can form.

- *What story about who I am or how my life “has to be” is ready to be completed?*
- *What am I ready to bless, release, and stop carrying into 2026?*

- *What core truth do I choose to let become the new creation blueprint I live from in the year ahead?*

### **End-of-Year Reflection: Completing 2025**

Let the year reveal what it really gave you.

- What moments or experiences from 2025 feel like turning points for your soul?
- Where did you show resilience, courage, or heart in ways you might not have before?
- What patterns or themes kept repeating that you are now ready to release?
- What blessings, big or small, are you grateful for that you don't want to overlook?
- What feels unmistakably complete as this year comes to a close?

### **Welcoming 2026: New Intentions & Creation Blueprint**

Let the new year rise from what is most soul-true.

- If 2026 held one defining energy or theme for you, what would you want it to be?
- How do you want your days to feel in this new season — emotionally, mentally, physically, spiritually?
- What support, structure, or rhythm will help you stay anchored in what truly matters?
- What relationship — with yourself, life, or others — are you most called to deepen or heal in 2026?
- What bold, soul-true intention are you ready to say a clear YES to in this coming year?
- What is your energy word or phrase for 2026? Write it here and let it become your guiding light.

## **New Moon & Solstice Prayer – Season-Crossing Threshold**

In the presence of God / Source / Universal Loving Presence,  
may this New Moon and Solstice be received as a turning of the light  
and a turning of your life.

The season that is closing is acknowledged  
for what it has asked of you  
and what it has given—  
the stretching, the softening, the breaking open,  
the blessings and the lessons.

May the inner fire of vision be reignited in you now.  
Let the dreams that are truly yours  
rise from within with clarity and courage—  
the trailblazing dreams that need your vision to take shape.

May your days move closer to what truly matters.  
Let your time, attention, and life force  
serve what is real, nourishing, and soul-true  
in this new year rising.

May the old stories that have finished their work  
be gently completed—  
the survival patterns, the over-responsibility,  
the ways of staying small.  
Let them be blessed, released, and laid to rest,  
so a new creation blueprint can form in their place.

As this New Moon seeds the dreaming dark  
and the Solstice turns the light,  
may your next season be guided by deeper truth,  
steady peace, expanded love,  
and a living remembrance of your purpose to shine as a remarkable soul.

Amen

Namaste

*1. Write on the left, a list of your action steps that you will do to support your manifesting desires and intentions.*

*2. Write on the matching right the corresponding co-creation support you need from the Universe/God/Source with your manifesting desires.*

*3. Now, do your part and surrender your intentions to the UNIVERSAL FEILD OF POSSIBILITY and POWERS THAT BE to be brought forth in the synchronistic way that is supportive for you.*

*Fold this sheet in half and place under your candle.*

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My Intentions / Actions

Help/Support from the Universe