



The Retreat You're Meant to Lead — From Vision to Reality

Day 1- Practices

Reflection: Arriving in the Vision

- What kind of transformation wants to be held?
- What themes or ideas keep returning?
- What season of life is present right now?

A Common Pitfall to Notice

Is this retreat being designed for who is wished for — or who actually exists right now?

The Retreat Vision Triad

Leader Desire:

- What wants to be expressed?

People's Reality:

- Time, money, capacity, season of life

Shared Transformation:

- Where desire and reality overlap

Practical Reality Checks

- Where?
 - Local / Regional / Destination
- When?
 - Seasonal / Aspirational
- How long?
 - Short container or pilot retreat

3-Question Survey Template

- 1) What kind of support or experience feels most needed right now?
- 2) What makes it difficult to say yes to retreats?
- 3) If a retreat felt truly supportive and accessible, what would it look like?

Integration

- What feels clearer now?
- What assumption may need adjusting?
- What conversation is ready to happen next?