



The Retreat You're Meant to Lead — From Vision to Reality

Day 2- Practices

From Vision to Action: Structure & Support

Exercise 1: Support Mapping

Which support roles are needed?

- Assistant
- Co-Facilitator
- Guest Teacher

Why does this support feel aligned?

Exercise 2: Pricing with Intention and for Abundance

- Income goal:
- Estimated expenses:
 - accommodations (per person)
 - food (if not included)
 - travel (no flights)
 - excursions
 - gifts
 - YOUR expenses
- Support compensation structure:
- Estimated price per person (for min number of people):

Exercise 3: Schedule Rhythm

Teaching blocks:

- Integration & rest:
- Adventure / culture:
- Teaching/Content:
- Leader rest & support:

Integration Reflection

What feels clearer now?

What decision is ready next?