



Let's move with kindness.

Join us on a 15-week, 1,050 km virtual journey with a Kindness Buddy. Walk, roll, run from USA to Canada. Move your body, log your miles, connect with **Kindness Adventurers** and support **Rocky Mountain Adaptive**.

Sunday, March 8 –
Saturday, June 20



International Journey 2026 Virtual Expedition to the Canadian Rockies



LOG MILES: Walk, roll, run miles using the My Virtual Mission (MVM) app. “Travel” from Kindness Adventures’ Headquarters in Blaine, WA to Rocky Mountain Adaptive in Canmore, Alberta, Canada.

TEAMWORK: Teams of 2+ achieve 1,050 kilometers collectively over 15 weeks. That’s about 6.2 miles divided by 2 (or more). Sign up with a Kindness Buddy or we will find one for you.

REGISTRATION FEE: \$75 USD

Includes:

MY VIRTUAL MISSION

- 1050 km Virtual Trail
- March - June - Walk, Run, Roll

KIND COTTON T-SHIRT

Choice of crew or v-neck in 3 colors



A VIRTUAL JOURNEY TO SUPPORT ROCKY MOUNTAIN ADAPTIVE & KINDNESS ADVENTURES

A charitable organization whose mission is to facilitate accessible and inclusive spaces for **individuals living with disability, physical and developmental challenges, and/or neurodiversity** to participate, learn, and excel in mountain sports and recreation.
rockymountainadaptive.com



Blending adventure with community engagement to inspire personal growth and positive change.
kindnessadventures.org
501c3 (Tax ID#92-2242927)

QUESTIONS & MORE INFO:

Email: info@kindnessadventures.org **Visit:** kindnessadventures.org