

## Three KEY Elements of Leadership!

Whether you are at the helm of a company, a team, a project or even a family-- you have a choice as the leader-- to lead from a place of best positive outcome or from a place of fear and control.

Here's an exercise that can help you set yourself up for great **leadership**.

*(After all, leading is more about servicing your team and your project than putting yourself on a pedestal.)*

Think of a project you are working on and write it down.

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1) What is the best possible outcome for this project?

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2) What do I need help with? Am I delegating to my team with an understanding of everyone's unique brilliance?

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3) What role does **TRUST** play in this project? Where am I doing great in **TRUSTING**? Where am I holding on too tight?

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