



Guidelines and practical advises

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Care in photonic medicine is always provided in the following sequence:

- 1/ In-depth examination of the pinna and initial treatment on the ear
- 2/ Local treatment on the corresponding area(s) of the body
- 3/ If necessary, treatment of homunculus

In all cases

- Opening with Green 53
- Treat then the symptoms first: inflammation, pain, swollen limb etc.
- Clean with Green 58
- Treat the cause: virus, bacteria, arthrosis, nerve injury, vascular problem etc.
- Clean again with Green 58
- Colors may be added for chronicity (Magenta, violet...)
- Close with Orange 21 whenever it is possible and always finish by Indigo 49B or 98

In case of a patient with pain

When the patient consults us and has acute pain (visual Analogic Scale greater than or equal to 6), or chronic pain that obsesses him, we must begin by carrying out a local treatment, before coming to investigate and treat the auricle.

The local treatment before going to the auricular pavilion:

deliver locally under VAS control an analgesic sequence with : Green 53, Red 24, Red 25, (Red 24 after Red 25 if the pain is very intense), Turquoise 44, Cyan 80 B, Green 58.

The same applies to states of intense psychological suffering, such as certain post-traumatic stress states or generalised anxiety states, where these situations need to be normalised before somatic treatment can be undertaken under the right conditions.

In fact, in these situations which undermine the patient, everything happens as if the brain is obsessed with its pain and is not at all available in the same way for questions or stimuli with a therapeutic aim, and as a result, the result obtained will be poor, because the brain remains engaged 'elsewhere'.

Then in the auricle you can use the exploration procedure with green 53, and the look for the answer to the following colors: 25/24/44/80/58/12/47...

If the intense pain is due to an infection (otitis, sinusitis or...), then treat with the anti infectious sequence , and end by 98 or 49B.

In many cases...

Furthermore, as physiology is based on harmonising the distribution of gas and liquid flows, on the use of gas and liquid exchanges, and on the use of particles and molecules in breathing, circulation and nutrition, it is important, in situations where this is necessary, to stimulate the respiratory and digestive functions, and to work even briefly on the spine, the information and circulation highway and energy resource for the brain.

Similarly, when there are various overlapping pathologies, particularly chronic ones, there's no point in trying to treat each pathology or symptomatically, but these fundamental functions need to be revived in order to boost ATP production and replenish the body's energy.

And so naturally, many symptoms will disappear simply because of the energetic enrichment provided.

Photonic medicine, it should be remembered, "goes beyond symptoms".

There are also special situations:

- With children, the sessions are shorter, requiring fewer colours, as children are generally good responders.
- In patients who are exhausted and very low in energy, before "treating", it is sometimes necessary to recharge the patient over several sessions, as VAS reaction is sometimes undetectable, with a very distant pulse, as a sign of deep exhaustion and deep disturbances of cellular respiration.

It should be borne in mind that a photonic medicine session takes around 48 hours to be "metabolised" by the body, which can sometimes lead to tiredness and renewed pain during this time.

In acute cases, it is possible to start with a session every two or three days. Certain indications may require more frequent sessions at first : every day for influenza, or in some acute Covid cases for example.

But in these cases, you soon return to an average of two sessions a week for the improvement to continue.

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In chronic pathologies, a weekly session is generally sufficient to start with, but this can be increased to a more frequent schedule to maintain improvement and recovery.

These rythms, both acute and chronic, need to be established on a case-by-case basis.

In a case of multiple traumas at different levels that happened long time ago, treatment may last long, as usually at minimum half of the time elapsed between the trauma and the present consultation.

In some chronic reumatologic pathologies like arthrosis, photonic treatment may seem poorly effective.

In these cases, it is important to bring a daily input of some vitamins (C and D) and trace elements (Mg^{2+} , Mn^{2+} , Co^{2+} , CR^{2+} , S...) for few weeks, before treating again with photons.

You will then see the positive reaction to the treatment you were expecting before....

Last but not least, it is important to bear in mind that the proposed treatment plans **are only guidelines** and that **each case is unique and different** from the others, even if the major pathophysiological principles are common to the same pathology.

The VAS perception is our most accurate guide, telling us where, how and how long to treat.

In all circumstances, restoration of the physiological processes and functions takes priority over direct treatment of the symptom or injury.

You have the opportunity and privilege of learning a diagnostic and therapeutic discipline, considering the patient in his wholeness, with a holistic approach trying to understand his present condition in a global way, considering all parameters.

Here the body is not cut into small pieces requiring a specialist for each of his parts as a rule, but rather as an exception.

We do not look for electronic devices or machines to assess and treat the patient's condition: here only biological energy is at work: light, touch, sight, a wide open listening and healing compassion.

This is why your practise is SO IMPORTANT

Try to practise daily, even if it is in one or two persons.

The more you will practise, the more you will perceive VAS clearly.

The more clearly you perceive the VAS , the more you will perceive subtleties carried by the pulse profile: the energetic condition of the patient, his emotional mood, or his unstoppable mind...

- 1/ Practice sensing the VAS emissions with patients, clients and loved ones. Compare while treating the intensities and VAS profiles emitted with different colors.
- 2/ Frequently visualize ear maps.
- 3/ Regularly review the information on colors to memorize their main properties.

4/ Start by choosing simple issues: pain, infections (sinusitis, bronchitis), loer back pain, tendinitis etc.

When several issues are detected in a patient, choose the one that gives you the most intense VAS perception.

5/ Begin by working with few colors, 4-5 maximum, always finishing by Indigo 98 or 49B.

7/ If a friend or someone from the family has a medical diagnosis : inflammation, bone fracture, tendinitis, or for example an X Rays of a chest infection, try to make a photonic medicine ear examination and try to feel the VAS in the affected areas, and to correlate the VAS profile to the medical diagnosis.

So when you find again later in someone else the same kind of VAS, you can remember it and try to see if it matches.

You will see that very often, a sick organ will occupy more space in the ar when you are in the detection phase than in the ear charts you have seen in the lessons.

7/ ALWAYS START BY WORKING ON THE PINNA

8/ ALWAYS START WITH GREEN 53 AND FINISH WITH INDIGO 98.

9/ Once the ear has been treated, always treat the corresponding body part(s) using the same color sequence, with VAS control always.

10/ Don't forget to drain the digestive system.

11/ Be patient, do not get discouraged or disappointed

TRUST YOURSELF AND YOUR CAPACITIES as you have all the potential for succeeding