

CATFARM PRESENTS:

# Voices of the Earth

TRAINING

3C

**ERASMUS+ TRAINING:  
CLAY - COMMUNICATION - COMMUNITY  
29 apr to 08 may 2026**

**FOR YOUTH WORKERS FROM: SPAIN, NETHERLANDS  
PORTUGAL, BELGIUM, FRANCE & GREECE**

# Voices of the Earth: Infopack

## 3C Skills for Youth Workers **Clay · Communication · Community**

Welcome to a training where we put a handful of clay in your hands. Using this powerful natural tool of clay to be able to speak and listen with your whole self. If you are a youth worker looking for embodied, low-impact, and creative tools to strengthen dialogue and community, this journey is for you.



### **Who are we? Catfarm Education**

Catfarm Education is our association supported by an intentional community located in the outskirts of the medieval village of Poussan in the Herault department, in Southern France. We opened the doors of our association five years ago, although the Catfarm existed already before this. Catfarm community is the location of our projects. It is a welcoming off-grid international community of creatives and nomads with the energy to explore an alternative lifestyle closer to nature and demonstrate self-sufficient living while finding ways to ethically work together.

You can explore about us in our website:  
**[www.catfarm.net](http://www.catfarm.net)**

# About the Project: Voices of the Earth

Voices of the Earth is an 8-day international Training Course (Erasmus+ KA153) that treats clay as a medium, metaphor, and material for youth work . We respond to a simple observation: when hands are shaping the earth, conversations become safer, voices become softer, and group tensions ease . This project equips you with a practical 3C toolkit to address eco-anxiety, disconnection, and group conflicts through earth-based practices.



## Objectives & Key Principles

The program is built on the 3C Skills model:

**Clay** (Earth Practice): Using low-cost, air-dry clay (no kiln needed!) for reflection, emotional literacy, and group cohesion.

**Communication** (Dialogue): Strengthening active listening, NVC-informed feedback, and de-escalation skills.

**Community** (Process): Practicing consent-based decision-making (horizontal governance), restorative circles, and inclusion-by-design.

Real Transfer: This is not just a trip! **Every participant commits to running one local 3C Earth Voices session in their own community within 90 days after the course.**

# Participation: Who & Where to Apply

We are looking for 40 youth workers (staff or volunteers aged 18+) from 6 partner countries:

**Netherlands:** Stichting Adventures of the Valparaiso

**France:** Catfarm Education

**Greece:** Kinoniki Sineteristiki Epihirisi (COB)

**Belgium:** Gaia Education Europe

**Portugal:** Associação Waking Life

**Spain:** Verbena Espacio Creativo

Requirements: No prior clay skills needed

You just need functional English (B1) for safety and a strong motivation to apply these tools with your youth groups.

## More information:

Dates: **April 29th to May 8th, 2026 (8 activity days + 2 travel days)**

**Accommodation:** An immersive experience! You'll sleep in tents in the Catfarm camping area. We will provide tents (which may be shared with other participants), camping beds, and blankets. We recommend bringing a sleeping bag if you are sensitive to cold. If you prefer to have a private tent, you are welcome to bring your own.

**Food:** Delicious vegan meals based on local, seasonal products. We will provide 3 meals and 2 tea breaks during each project day.

**Temperature wise:** April and May, temperatures in Poussan are typically between 17–23°C during the day, with cooler evenings around 11–14°C.

**Cultural Night:** A creative moment to share your culture beyond stereotypes will happen in the training!

**Youthpass:** All participants receive the official European certificate recognizing the competences developed.

## Travelling Informations:

**We encourage green travel options (train, bus, car sharing).  
These will be prioritized for full reimbursement.**

Choosing a sustainable route gives you a higher budget  
and extra travel days to support your journey.

Participants must be in contact with the Partner organizations and Catfarm Education to ensure they have the necessary paperwork to travel to France, and that travel is legal. If restrictions mean that travel is not possible the participant must inform Ari (ari@catfarm.net) as soon as the cancellation is confirmed.

### The reimbursement for travel per country is:

Country:	Green Travel	Non-Green Travel
Netherlands:	380 €	309 €
Belgium:	380 €	309 €
Greece:	380 €	309 €
Portugal:	380 €	309 €
Spain:	285 €	211 €
France:	60 €	

- In order to receive reimbursement, please **keep all original documents of transportation** (invoices, tickets, boarding passes, etc.)
  - Your trip must start from your home country
- Please **DO NOT** buy your tickets without having prior confirmation from the coordinator
  - You need to attend to all the activities of the exchange to get the refund

### Travelling to Poussan:

The venue is near Montpellier. ( 699 Chemin de Cabrolous, 34560, Poussan )

You can find detailed directions to reach Catfarm in the link below.

<https://bit.ly/4c2o8ND>

Are you ready to mold the future with us?

**APPLY IN THE LINK BELOW:**

<https://bit.ly/4c0kuDY>

**OR CLICK HERE TO  
ACCESS THE FORM**