

Hello

Thanks for reaching out to Autism Understanding.

Our clinical psychologist Lydia Meem currently has closed her books for assessments. Lydia does not provide ongoing counselling.

Here are some other options to try for assessments and counselling:

Hunter-based practices:

- Renee Bennett - Begin Again Therapy, Newcastle
- The Base Health, Newcastle West
- Ciara Fletcher - Wren Psychology, Islington
- Grant Lyall Psychology Services, East Maitland
- Dr Erin Robinson & Kristie Hart, Head Strong Collective, The Junction
- Sany Andrijic, Little Turtle Clinical Psychology, Newcastle, 0491002364
- Dr Alicia Sercombe, 0414 427 792, mobile service Newcastle/Central Coast
- Kim Evans, 0425 352 966, mobile service Newcastle
- Sunny Steps Psychology, Hamilton
- Hunter Valley Children's Therapies (Equine & art therapy, counselling), Sawyers Gully

Telehealth practices:

- Very Helpful Chats
- Haven Psychology
- Neuroaffirm Psychology
- Neudle Psychology
- Zoe Semmler, Life Psychology Australia
- Georgina, Insightfully You Psychology