

## GRATITUDE as a KEY to SUCCESS

Success for me is: *(Write how YOU define success.)*

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**Practice gratitude as a way of achieving the success you are seeking.** *Print this page and do this section daily as you start your day or simply write these in your journal. (Don't judge it, even if you write the same ten things every day. Keep at it!)*

<b>Today I'm grateful for:</b> <i>(Write down things you are grateful about yourself.)</i>	<b>Today I'm grateful for:</b> <i>(Write down things you are grateful that you have or have received.)</i>
<b>Example:</b> My ability to work.	<b>Example:</b> Having breakfast with my children.

Questions? [Email me.](#) Want to connect? Schedule a FREE Strategy Session!