

Healing Touch Cancer Research References

1. Abe, K., et. al. (2012). Effect of a Japanese energy healing method known as Johrei on viability and proliferation of cultured cancer cells in vitro, *J Altern Complement Med* 18:221-228.
2. Agdal, R. (2014). Energy Healing for Cancer Patients in a Pragmatic Trial. An Anthropological Study of Healing as Self-Processes. PhD thesis, University of Southern Denmark
3. Agdal, R. (2022). "Is the Pain a Sign of Healing?": Cancer Patients' Experiences of Energy Healing in a Pragmatic Trial, *Integr Cancer Ther*, 21. DOI: 10.1177/15347354221118328
4. Agdal, R., Hjelmberg, J. and Johannessen, H. (2011). Energy healing for cancer: A critical review. *Forsch Komplementmed (Research in Complementary Medicine)*. 18, pp. 146–154. <http://doi.org/10.1159/000329316>.
5. Aghabati, N., Mohammadi, E. and Pour Esmaili, Z. (2010). The effect of therapeutic touch on pain and fatigue of cancer patients undergoing chemotherapy. *Evidence-Based Complementary and Alternative Medicine*, 7(3), 375–381. 10.1093/ecam/nen006.
6. Alarcão, Z. and Fonseca, J. R. S. (2016). The effect of Reiki therapy on quality of life of patients with blood cancer: Results from a randomized controlled trial, *European Journal of Integrative Medicine*, 8(3) 239-249, DOI:10.1016/J.EUJIM.2015.12.003.
7. Anderson, J.G. and Taylor, A.G. (2011). Effects of Healing Touch in Clinical Practice: A Systematic Review of Randomized Clinical Trials. *Journal of Holistic Nursing*, 29(3), 221-228. doi: 10.1177/08980101110393353
8. Anderson, J.G. and Taylor, A.G. (2012). Biofield therapies and cancer pain. *Clin J Oncol Nurs*, 16:43-48.
9. Armstrong K., Lanni, T. Jr, Anderson M.M. and Patricolo G.E. (2018) Integrative medicine and the oncology patient: options and benefits. *Support Care Cancer*. 26(7):2267–73. PubMed PMID: 29396594. Epub 2018/02/06.
10. Astin, J., Harkness, E. and Ernst, E. (2000). The efficacy of “Distant Healing”: a systematic review of randomized trials. *Ann. Int. Med.* 132, 903–910. doi: 10.7326/0003-4819-132-11-200006060-00009.

11. Avci, A. and Gün, M. (2023) The Effect of Reiki on Pain Applied to Patients With Cancer: A Systematic Review. *Holistic Nursing Practice* 37(5), 268-276, DOI: 10.1097/HNP.0000000000000601
12. Badger, T.A., Braden, C.J. and Mishel, M.H. (2001) Depression burden, self-help interventions, and side effect experience in women receiving treatment for breast cancer. *Oncol Nurs Forum*. 28(3):567-74. PMID: 11338763.
13. Bardia, A., Barton, D., Prokop, L., Bauer, B. and Moynihan, T. (2006). Efficacy of Complementary and Alternative Medicine Therapies in Relieving Cancer Pain: A Systematic Review. *Journal of Clinical Oncology*, 24(34) 5457-64. doi: 10.1200/JCO.2006.08.3725.PMID: 17135649
14. Barrett, M., Huang, P., Chu, A., Chen, J. and Dhingra, L. (2016) Complementary and Alternative Medicine Approaches for Pain in Underserved Chinese-American Cancer Patients: Prevalence and Correlates. *J Pain Symptom Manage*. doi: 10.1016/j.jpainsymman.2016.01.002.
15. Beard, C., Stason, W.B., Wang, Q., Manola, J. Dean-Clower, E., Dusek, J.A., Decristofaro, S., Webster, A., Doherty-Gilman, A.M., Rosenthal, D.S. and Benson, H. (2010). Effects of complementary therapies on clinical outcomes in patients being treated with radiation therapy for prostate cancer, *Cancer*, 117(1):96-102. MED: 20803609.
16. Bengston, W.E. and Krinsley, D. (2000). The effect of the “laying on of hands” on transplanted breast cancer in mice. *J Sci Explor*. 14(3):353-364.
17. Birocco, N., Guillame, C., Storto, S., Ritorto, G., Catino, C., Gir, N.D., Balestra, L., Tealdi, G., Orecchia, C., Vito, G.D., Giaretto, L., Donadio, M., Bertetto, O., Schena, M. and Ciuffreda, L. (2012). The Effects of Reiki Therapy on Pain and Anxiety in Patients Attending a Day Oncology and Infusion Services Unit. *American Journal of Hospice and Palliative Medicine*®, 29, 290 - 294.
18. Bottorff, J.L. (1993) The use and meaning of touch in caring for patients with cancer. *Oncol Nurs Forum*. 20(10):1531–8. PubMed PMID: 8278279. Epub 1993/11/01.
19. Bullock, M. (1997). Reiki: a complementary therapy for life. *American Journal of Hospice & Palliative Medicine*, 14(1), 31-33. <http://europepmc.org/abstract/med/9069762>
20. Cadet, T., Davis, C., Wilson, P and Elks, J. (2022) The Experiences of Touch Therapies in Symptom Management of Rural and Regional Cancer Patients in Australia, *Int J Ther Massage Bodywork*, 15(1):66–71. PMCID: PMC8887860 PMID: 35280240

21. Campo RA, Leniek KL, Gaylord-Scott N, et al (2016). Weathering the seasons of cancer survivorship: mind-body therapy use and reported reasons and outcomes by stages of cancer survivorship. *Support Care Cancer*, 24:3783-3791.
22. Catlin, A. and Taylor-Ford, R.L. (2011) Investigation of standard care versus sham Reiki placebo versus actual Reiki therapy to enhance comfort and well-being in a chemotherapy infusion center. *Oncol Nurs Forum*. 38(3):212–20. PubMed PMID: 21531671. Epub 2011/05/03.
23. Christiano, C.A. (1997) The lived experience of healing touch with cancer patients. ProQuest ETD Collection for FIU. <https://digitalcommons.fiu.edu/dissertations/AAI1386428>.
24. Coakley, A.B. and Barron, A.M. (2012). Energy therapies in oncology nursing. *Seminars in Oncology Nursing*, 28(1):55-63. DOI:10.1016/j.soncn.2011.11.006 PMID: 22281310.
25. Cook, C.A.L., Guerrero, J.F. and Slater, V.E. (2004). Healing touch and quality of life in women receiving radiation treatment for cancer: a randomized controlled trial. *Alternative therapies in health and medicine*, 10(3), 34.
26. Danhauer, S.C., Tooze, J.A., Holder, P., Miller, C. and Jesse, M.T. (2008). Healing touch as a supportive intervention for adult acute leukemia patients: a pilot investigation of effects on distress and symptoms. *J Soc Integr Oncol.*, 6(3):89-97. PMID: 19087765; PMCID: PMC3891375.
27. Deng G, Cassileth BR. (2005) Integrative oncology: complementary therapies for pain, anxiety, and mood disturbance. *CA Cancer J Clin* 2005;55:109–16
28. Dressen, L. and Singg, S. (1998) Effects of reiki on pain and selected affective and personality variables of chronically ill patients. *Subtle Energ Energ Med*. 9(1):51–82.
29. Ferreira, V.T.K., Dibai-Filho, A.V., de Oliveira, A.K., de Paula Gomes, C.A.F, Melo, E.S., de Almeida, A.M. (2015) Assessing the impact of pain on the life of breast cancer survivors using the Brief Pain Inventory. *Journal of physical therapy science*. 27(5):1361.
30. Fitzhenry, F., Wells, N., Slater, V., Dietrich, M., Wisawatapnimit, P. and Chakravarthy, A. (2013). A randomized placebo-controlled pilot study of the impact of healing touch on fatigue in breast cancer patients undergoing radiation therapy. *Integr Cancer Ther*, 13(2):105-113.

31. Fouladbakhsh, J.M. and Stommel, M. (2010) Gender, symptom experience, and use of complementary and alternative medicine practices among cancer survivors in the US cancer population. *Oncol Nurs Forum*. doi: 10.1188/10.ONF.E7-E15.
32. Fouladbakhsh, J.M., Stommel, M., Given, B.A., and Given, C.W. Predictors of use of complementary and alternative therapies among patients with cancer. *Oncol Nurs Forum*. 2005;32:1115–1122. doi: 10.1188/05.ONF.1115-1122.
33. Frank, L.S., Frank, J.L., March, D.E., Makari-Judson, G., Barham, R.B. and Mertens, W.C. (2007). Does therapeutic touch ease the discomfort or distress of patients undergoing stereotactic core breast biopsy? A randomized clinical trial. *Pain medicine*, 8(5), 419-24.
34. Garrett, B. and Riou, M., (2021). A rapid evidence assessment of recent therapeutic touch research, *Nurs Open.*, 2318-2330. DOI: 10.1002/nop2.841. Epub 2021 Mar 20.
35. Gentile, D., Boselli, D., Yaguda, S., O’Neil, G., Bailey-Dorton, C., Eaton, T., Anderson, J. G., Frieson, M. A., Swengros, D., Herbst, A. and Mangione, L. (2018). Cancer Pain Relief After Healing Touch and Massage, *J Altern Complement Med*, 24(9-10):968-973. PMID: 30247960 DOI: 10.1089/acm.2018.0192.
36. Gentile, D., Boselli, D., Yaguda, S., Greiner, R. and Bailey-Dorton, C. (2021). Pain Improvement After Healing Touch and Massage in Breast Cancer: an Observational Retrospective Study, *Int J Ther Massage Bodywork*, 14(1):12-20. eCollection 2021 Mar. PMID: 33654502
37. Giasson, M. and Bouchard, L. (1998). Effect of Therapeutic Touch on the Well-Being of Persons with Terminal Cancer. *Journal of Holistic Nursing*, 16, 383 - 398.
38. Goldberg, D.R., Wardell, D.W., Kilgarriff, N., Williams, B., Eichler, D. and Thomlinson, P. (2015). An Initial Study Using Healing Touch for Women Undergoing a Breast Biopsy. *Journal of Holistic Nursing*, 34(2).
39. Gonella, S., Garrino, L. and Dimonte, V. (2014). Biofield therapies and cancer-related symptoms: a review. *Clin J Oncol Nurs*. 18:568-576.
40. Greenlee, H., DuPont-Reyes, M.J., Balneaves, L.G., Carlson, L.E., Cohen, M.R., Deng, G., et al. (2017) Clinical practice guidelines on the evidence-based use of integrative therapies during and after breast cancer treatment. *CA*. 67(3):194–232. doi: 10.3322/caac.21397.

41. Gronowicz, G., Secor, E.R. Jr., Flynn, J.R., Jellison, E.R. and Kuhn, L.T. (2015). Therapeutic Touch Has Significant Effects on Mouse Breast Cancer Metastasis and Immune Responses but Not Primary Tumor Size. *Evid Based Complement Alternat Med*. 2015:926565. doi: 10.1155/2015/926565. Epub 2015 May 31. PMID: 26113869; PMCID: PMC4465772.
42. Gronowicz, G., Secor, E.R. Jr., Flynn, J.R. and Kuhn, L.T. (2016). Human biofield therapy does not affect tumor size but modulates immune responses in a mouse model for breast cancer. *J Integr Med*. 14(5):389-99. doi: 10.1016/S2095-4964(16)60275-3. PMID: 27641610.
43. Guy, J.B., Bard-Reboul, S., Trone, J.C., Vallard, A., Espenel, S., Langrand-Escure, J., Hamrouni, A., Mrad, M.B., Morisson, S., Michaud, P., Magné, N. and Rancoule, C. (2017). Healing touch in radiation therapy: is the benefit tangible? *Oncotarget*, 8(46):81485. doi: 10.18632/Oncotarget, 20594. Ecollection
44. Hammerschlag, R., Marx, B.L. and Aickin, M., Nontouch biofield therapy: a systematic review of human randomized controlled trials reporting use of only nonphysical contact treatment, (2014). *J Altern Complement Med*. 20(12):881-92. doi: 10.1089/acm.2014.0017. PMID: 25181286.
45. Hart, L.K., Freel, M.I., Haylock, P.J. and Lutgendorf, S.K. (2011). The use of healing touch in integrative oncology. *Clin J Oncol Nurs*, 15(5): 519–525. PMID: 21951738.
46. Harlow, C. and Sheppard, K. (2013). A critical analysis of healing touch for depression and anxiety. Unpublished manuscript for The University of Arizona College of Nursing.
47. Hauptmann, M., Kutschan, S., Hübner, J. and Dörfler, J. (2023) Bioenergy therapies as a complementary treatment: a systematic review to evaluate the efficacy of bioenergy therapies in relieving treatment toxicities in patients with cancer, *Journal of Cancer Research and Clinical Oncology* 149:2607–2619 <https://doi.org/10.1007/s00432-022-04362>
48. Henry, F., Wells, N., Slater, V., Dietrich, M.S., Wisawatapnimit, P. and Chakravarthy, A. (2014). A randomized placebo-controlled pilot study of the impact of healing touch on fatigue in breast cancer patients undergoing radiation therapy. *Integr Cancer Ther*.13(2):105–13.

49. Hersch, J., Juraskova, I., Price, M. and Mullan, B. (2009). Psychosocial interventions and quality of life in gynecological cancer patients: A systematic review. *Psycho-Oncology*, 18(8), 795-810. doi:10.1002/pon.1443
50. Hess, S.M. and Beaupin, L.M., (2017). Growing Healing Touch as supportive cancer care in western New York, *Journal of Clinical Oncology* 35(5) suppl (February 10, 2017) 176-176.
51. Hibdon, S.S. (2005) Biofield considerations in cancer treatment, *Semin. Oncol Nurs.*, 21(3):196-200. DOI:10.1016/j.soncn.2005.04.009
52. Jackson, E., Kelley, M., McNeil, P., Meyer, E., Schlegel, L. and Eaton, M. (2008). Does therapeutic touch help reduce pain and anxiety in patients with cancer?, *Clin J Oncol Nurs*, (1):113-120. MED: 18258581.
53. Jain, S. (2009). Effects of biofield vs. mock healing for fatigue, cytokines, and cortisol variability in breast cancer survivors : a randomized, controlled trial. *UC San Diego*. ProQuest ID: Jain_ucsd_0033D_10342. Merritt ID: ark:/20775/bb0137615x. Retrieved from <https://escholarship.org/uc/item/0mw318d0>.
54. Jain, S., Hammerschlag, R., Mills, P., Cohen, L., Krieger, R., Vieten, C. and Lutgendorf, S. Clinical Studies of Biofield Therapies: Summary, Methodological Challenges, and Recommendations, (2015). *Glob Adv Health Med*. 4 (Suppl):58-66. doi: 10.7453/gahmj.2015.034.suppl. Epub 2015 Nov 1. PMID: 26665043; PMCID: PMC4654788.
55. Jain, S. and Mills, P.J. (2010). Biofield therapies: helpful or full of hype? A best evidence synthesis. *Int J Behav Med*. 17:1-16.
56. Jain, S., Pavlik, D., Distefan, J., Bruyere, R.R.L., Acer, J., Garcia, R., Coulter, I., Ives, J., Roesch, S.C., Jonas, W. and Mills, P.J. (2012). Complementary medicine for fatigue and cortisol variability in breast cancer survivors. *Cancer*, 118(3), 777–787. <https://doi.org/https://doi.org/10.1002/cncr.26345>
57. James, L.E., Gottschlich, M.M., Nelson, J.K., Cone, L.C. and McCall, J.E. (2019). Pediatric perioperative measures of sleep, pain, anxiety and anesthesia emergence: A healing touch proof of concept randomized clinical trial. *Complementary Therapies in Medicine*. (42):264-269.

58. Jhaveri, A., Wang, Y., McCarthy, M.B. and Gronowicz, G.A. (2008). Therapeutic touch affects proliferation and bone formation of human osteoblasts in vitro. *J. Orthop. Res.* 26, 1541–1546.
59. John GM, Hershman DL, Falci L, et al (2016). Complementary and alternative medicine use among U.S. cancer survivors. *J Cancer Surviv*, 10:850-864.
60. Judson, P.L., Dickson, E.L., Argenta, P.A., Xiong, Y., Geller, M.A., Carson, L.F., Ghebre, R., Jonson, A.L. and Downs, L.S. Jr. (2011). A prospective, randomized trial of integrative medicine for women with ovarian cancer. *Gynecol Oncol.*,123(2):346-50. doi: 10.1016/j.ygyno.2011.07.099. Epub 2011 Aug 23. PMID: 21864886; PMCID: PMC3393038.
61. Karaman, S. and Tan, M. (2021), Effect of Reiki Therapy on Quality of Life and Fatigue Levels of Breast Cancer Patients Receiving Chemotherapy, *Cancer Nursing*, 44(6):E652-E658. doi: 10.1097/NCC.0000000000000970.
62. Kelly, A. E., Sullivan, P., Fawcett, J., and Samarel, N. (2004). Therapeutic touch, quiet time, and dialogue: perceptions of women with breast cancer. *Oncology Nursing Forum*, 31(3), 625-631.
63. Kemper, K.J., Fletcher, N.B., Hamilton, C.A. and McLean, T.W. (2009). Impact of Healing Touch on pediatric oncology outpatients: pilot study. *J Soc Integr Oncol.* 7:12-18.
64. Kiang, J.G., Ives, J.A., and Jonas, W.B. External bioenergy-induced increases in intracellular free calcium concentrations are mediated by Na⁺/Ca²⁺ exchanger and L-type calcium channel. *Mol Cell Biochem.* 2005;271:51–29. doi: 10.1007/s11010-005-3615-x.
65. King, R.P. (2005). The integration of Healing Touch with conventional care at the Scripps Center for Integrative Medicine. *Explore (NY)*, 1:144-145.
66. Kwapien, C. A., & Kulakowski, K. P. (2005). The complementary modalities of Healing Touch and reiki for the oncology population. *Oncology Nutrition Connection*, 13(1), 11-13.
67. Lorenc, A., Peace, B., Vaghela, C. and Robinson, N. (2010). The integration of healing into conventional cancer care in the UK. *Complement Ther Clin Pract.* 16(4):222-8.
68. Loveland-Cook, C.A., Guerrerio, J.F. and Slater, V.E. (2004). Healing Touch and quality of life in women receiving radiation treatment for cancer: a randomized controlled trial. *Altern Ther Health Med*,10(3):34-41. MED: 15154151.

69. Lutgendorf, S.K., Mullen-Houser, E., Russell, D., DeGeest, K., Jacobson, G., Hart, L., Bender, D., Anderson, B., Buekers, T.E., Goodheart, M.J., Antoni, M.H., Sood, A.K. and Lubaroff, D.M. (2010). Preservation of immune function in cervical cancer patients during chemoradiation using a novel integrative approach. *Brain, Behavior, and Immunity*, 24(8), 1231–1240. <https://doi.org/https://doi.org/10.1016/j.bbi.2010.06.014>
70. Lutgendorf, S. and Mullen, E. (2008). Energy medicine in oncology settings. In D. Abrams & A. Weil (Eds.), *Integrative oncology* (pp. 341-376). Oxford University Press.
71. Lu, D.F., Hart, L.K., Lutgendorf, S.K., Oh, H. and Schilling, M. (2013). Slowing progression of early stages of AD with alternative therapies: a feasibility study. *Geriatr Nurs*. 34(6):457-64.
72. Lyman, G.H., Greenlee, H., Bohlke, K., Bao, T., Demichele, A.M., Deng, G.E., et al. (2018) Integrative therapies during and after breast cancer treatment: ASCO endorsement of the SIO Clinical Practice Guideline. *J Clin Oncol*. 36(25):2647–2655. doi: 10.1200/JCO.2018.79.2721.
73. Mansky, P.J. and Wallerstedt, D.B. (2006) Complementary medicine in palliative care and cancer symptom management. *The Cancer Journal*. 12(5):425–31.
74. Mao, J.J., Palmer, C.S., Healy, K.E., Desai, K. and Amsterdam, J. (2011) Complementary and alternative medicine use among cancer survivors: a population-based study. *J Cancer Surviv*. 5(1):8–17.
75. Marcus, D.A., Blazek-O'Neill, B. and Kopar, J.L. (2013). Symptomatic Improvement Reported After Receiving Reiki at a Cancer Infusion Center. *American Journal of Hospice and Palliative Medicine*®, 30, 216 - 217.
76. Martins, H.T., Costa, M., Melão, A. and Gaspar, S. (2024) The health gains of therapeutic touch in cancer patients with pain: A literature review. *Cancer Nursing*. Available from [https://www.annalsofoncology.org/article/S0923-7534\(24\)02021-0/fulltext](https://www.annalsofoncology.org/article/S0923-7534(24)02021-0/fulltext)
77. Matourypour, P., Zare, Z., Mehrzad, V., Musarezaie, A., Dehghan, M. and Vanaki, Z. (2015). An investigation of the effects of therapeutic touch plan on acute chemotherapy-induced nausea in women with breast cancer in Isfahan, Iran, *J Educ Health Promot*. 4:61. doi: 10.4103/2277-9531.162380. PMID: 26430688; PMCID: PMC4579769.

78. Miles, P. (2007) Reiki for mind, body, and spirit support of cancer patients, *Adv Mind Body Med*. Summer;22(2):20-6. PMID: 20664124
79. Miles, P. (2005). If there is any significant experience with using Reiki in the hospital or ER setting and if there is any literature to support this use? Explore: *The Journal of Science & Healing*, 1(5), 414. <http://europepmc.org/abstract/med/16781577>
80. Molassiotis, A., Fernández-Ortega, P., Pud, D., et al., (2005). Use of complementary and alternative medicine in cancer patients: a European survey. *Ann Oncol*. 16:655-663.
81. Molassiotis, A., Margulies, A., Fernandez-Ortega, P., Pud, D., Panteli, V., Bruyns, I., Scott, J. A., Gudmundsdottir, G., Browall, M., Madsen, E., Ozden, G., Magri, M., Selvekerova, S., Platin, N., Kearney, N. and Patiraki, E. (2005). Complementary and alternative medicine use in patients with haematological malignancies in Europe. *Complement Ther Clin Pract*, (2):105-110. MED: 15955292.
82. Monzillo, E. and Gronowicz, G. (2011). New insights on therapeutic touch: a discussion of experimental methodology and design that resulted in significant effects on normal human cells and osteosarcoma. *Explore (NY)*. 7(1):44-51.
83. Morrow, N., Poelker, D., and Nienaber, J. (2023) The use of Healing Touch in the treatment of Cancer, *Energy Magazine* July/August 2023.
84. Mothersill, C., Smith, R., Henry, M., Seymour, C., and Wong, R. (2013) Alternative medicine techniques have non-linear effects on radiation response and can alter the expression of radiation induced bystander effects. *Dose Response*. 11(1):82-98. doi: 10.2203/dose-response.11-048.Mothersill. Epub 2012 Jan 20. PMID: 23550268; PMCID: PMC3578456.
85. Muehlenpfordt, I., Stritter, W., Bertram, M., Ben-Arye, E. and Seifert, G. (2020). The power of touch: external applications from whole medical systems in the care of cancer patients (literature review). *Supportive Care in Cancer*, 28, 461-471.
86. Nahin, R.L. (2002). Use of the best case series to evaluate complementary and alternative therapies for cancer: a systematic review. *Semin Oncol*. 29(6):552-62.
87. Nahin, R.L., Rhee, A. and Stussman, B. (2024). Use of complementary health approaches overall and for pain management by US adults. *JAMA*, 331(7), 613–615. <https://doi.org/10.1001/jama.2023.26775>

88. Navo, M.A., Phan, J., Vaughan, C, Palmer, J.L., Michaud, L., Jones, K.L. and Smith, J.A. (2004). An assessment of the utilization of complementary and alternative medication in women with gynecologic or breast malignancies, *Journal of Clinical Oncology*, 22, 671-677.
89. Nunes, M.D.R., Bomfim, E., Olson, K., et al. (2018). Interventions minimizing fatigue in children/adolescents with cancer: An integrative review. *Journal of Child Health Care*. 22(2):186-204. doi:10.1177/1367493517752498
90. Olaku, O., Zia, F., Santana, J. and White, J. (2013). The National Cancer Institute best case series program: a summary of cases of cancer patients treated with unconventional therapies in India. *Integr Cancer Ther*. 12(5):385-92
91. Olson, K., and Hanson, J. (1997). Using Reiki to manage pain: a preliminary report. *Cancer Prevention & Control*, 1(2), 108-113.
92. Olson, K., Hanson, J. and Michaud, M. (2003). A phase II trial of Reiki for the management of pain in advanced cancer patients. *J Pain Symptom Manage*, (5):990-997. MED: 14585550.
93. O'Mathúna, D. (2004). Some preliminary support that healing touch can improve quality of life for women receiving radiation treatment for cancer. *Focus on Alternative & Complementary Therapies*, 9(4), 313-314.
94. Orsak, G., Stevens, A.M., Brufsky, A.M., Kajumba, M.M. and Dougall, A.L. (2015). The Effects of Reiki Therapy and Companionship on Quality of Life, Mood, and Symptom Distress During Chemotherapy. *Journal of Evidence-Based Complementary & Alternative Medicine*, 20, 20 - 27.
95. Pedersen, C.G., Johannessen, H., Hjelmberg, J.V. and Zachariae, R. (2014). Effectiveness of energy healing on quality of life: a pragmatic intervention trial in colorectal cancer patients. *Complement Ther Med*. (22):463-472.
96. Pierce, B. (2007). The use of biofield therapies in cancer care. *Clin. J Oncol Nurs*. 11(2):253-8. DOI:10.1188/07.CJON.253-258 MED: 17573275.
97. Pohl, G., Seemann, H., Zojer, N., Ochsner, C., Luhan, C., Schemper, M. and Ludwig, H. (2006). "Laying on of hands" improves well-being in patients with advanced cancer. *Support Care Cancer*, (2):143-151. MED 17039380.

98. Post-White, J., Kinney, M.E., Savik, K., Gau, J.B., Wilcox, C. and Lerner, I. (2003). Therapeutic Massage and Healing Touch Improve Symptoms in Cancer. *Integrative Cancer Therapies*, 2(4), 332–344. <https://doi.org/10.1177/1534735403259064> MED: 14713325.
99. Rao, A, Hickman, L.D., Sibbritt, D, Newton, P.J. and Phillips, J.L. (2016) Is energy healing an effective non-pharmacological therapy for improving symptom management of chronic illnesses? A systematic review. *Complem Ther Clin Pract.* 25:26–41. doi: 10.1016/j.ctcp.2016.07.003.
100. Reais, D., (2021) Healing Touch and Other Supportive Therapies for Outpatient Cancer Centers, *Energy Mag.* July/Aug 2021.
101. Rexilius, S., Mundt, C., Megel, M. and Agrawal, S. (2002). Therapeutic effects of massage therapy and healing touch on caregivers of patients undergoing autologous hematopoietic stem cell transplant. *Oncology Nursing Forum*, 29(3), E35-44. doi:10.1188/02.ONF.E35- E44
102. Rosenbaum, M.S. and von de Velde, J. (2016) The effects of yoga, massage, and reiki on patient well-being at a cancer resource center. *Clin J Oncol Nurs.* 20(3):E77–E81. doi: 10.1188/16.CJON.E77-E81
103. Running, A. (2015) Decreased cortisol and pain in breast cancer: Biofield therapy potential. *Evid Based Complement Alternat Med.* 2015:870640. doi: 10.1155/2015/870640. Epub 2015 Jun 11.PMID: 26170887
104. Running, A., and Turnbeaugh, E. (2011). *Oncology pain and complementary therapy.* 15(4), 374-379. doi: 10.1188/11.CJON.374-379
105. Schnepfer, L.L. (2009). Healing touch and health-related quality of life in women with breast cancer receiving radiation therapy. [Doctoral dissertation, University of Wisconsin-Milwaukee]. Available from ProQuest Dissertations Publishing, 2009. 3373882.
106. Samarel, N. (1997). Therapeutic touch, dialogue, and women’s experiences in breast cancer surgery. *Holistic Nursing Practice*, 12(1), 62-70.
107. Samarel, N., Fawcett, J., Davis, M.M. and Ryan, F.M. (1998) Effects of dialogue and therapeutic touch on preoperative and postoperative experiences of breast cancer surgery: an exploratory study. *Oncol Nurs Forum.*25(8):1369-76. PMID: 9766290.

108. Schnepfer, L.L. (2009). Healing touch and health-related quality of life in women with breast cancer receiving radiation therapy. The University of Wisconsin-Milwaukee.
109. Seely DM, Weeks LC, Young S (2012). A systematic review of integrative oncology programs. *Curr Oncol*, 19:e436-e461.
110. Selfridge, N. (2015). Energy Medicine: Is There Evidence? *Integrative Medicine Alert*, March 5, 2015 at <https://www.reliasmedia.com/articles/134837-energy-medicine-is-there-evidence>.
111. Serlin RC, Mendoza TR, Nakamura Y, Edwards KR, Cleeland CS. (1995) When is cancer pain mild, moderate or severe? Grading pain severity by its interference with function. *Pain*. 61(2):277–284. doi: 10.1016/0304-3959(94)00178-H.
112. Shah, S., Ogden, A.T., Pettker, C.M., Raffo, A., Itescu, S. and Oz, M.C. (1999). A study of the effect of energy healing on in vitro tumor cell proliferation. *J Altern Complement Med*. 5(4):359-365.
113. Shamini, J., Hammerschlag, R., Mills, P., Cohen, L., Krieger, R., Vieten, C. and Lutgendorf, S. (2015). Clinical Studies of Biofield Therapies: Summary, Methodological Challenges, and Recommendations, *Global Adv Health Med*, 4(suppl):58-66. DOI: 10.7453/gahmj.2015.034.suppl
114. Smith, M.C., Reeder, F., Daniel, L., Baramée, J and Hagman, J. (2003). Outcomes of touch therapies during bone marrow transplant, *Altern Ther Health Med*, 9(1):40-9. PMID 12564350
115. So, P.S., Jiang, Y. and Qin, Y. (2013) Touch therapies for pain relief in adults. *Cochrane Database Syst Rev*. 2008 Oct 8;(4):CD006535. doi: 10.1002/14651858.CD006535.pub2. Update in: *Cochrane Database Syst Rev*. 2013 Nov 22;(11):CD006535. doi: 10.1002/14651858.CD006535.pub3. PMID: 18843720.
116. Sood A, Barton, D.L., Bauer, B.A. and Loprinzi, C.L. (2007) A critical review of complementary therapies for cancer-related fatigue. *Integr Cancer Ther*. 6(1):8–13. doi: 10.1177/1534735406298143
117. Stephen, J. E., Mackenzie, G., Sample, S., and Macdonald, J. (2007). Twenty years of therapeutic touch in a Canadian cancer agency: lessons learned from a case study of integrative oncology practice. *Supportive Care in Cancer*, 15(8), 993-998.

118. Tabatabaee, A., Tafreshi, M.Z., Rassouli, M., Aledavood, S.A., AlaviMajd, H. and Farahmand, S.K. (2016). Effect of Therapeutic Touch in Patients with Cancer: a Literature Review, *Med Arch*, 70(2):142-7. DOI: 10.5455/medarh.2016.70.142-147. Epub 2016 Apr 1
119. Tabatabaee, A., Tafreshi, M.Z., Rassouli, M., Aledavood, S.A., Alavimajd, H. and Farahmand, S.K. (2016). Effect of Therapeutic Touch on Pain Related Parameters in Patients With Cancer: A Randomized Clinical Trial. *Materia Socio-Medica*, 28, 220 - 223.
120. Trivedi, M. K., Branton, A., Trivedi, D., Mondal, S., and Jana, S. (2024). Effects of distant biofield energy healing on adults associated with psychological and mental health-related symptoms: a randomized, placebo-controlled, double-blind study. *Health psychology research*, 12, 122225.
121. Trivedi, M. K., Branton, A., Trivedi, D., Mondal, S., & Jana, S. (2024). The use of biofield energy therapy as complementary and alternative medicine in human health care system: a narrative review and potential mechanisms. *Journal of complementary & integrative medicine*, 10.1515/jcim-2024-0027. Advance online publication. <https://pubmed.ncbi.nlm.nih.gov/38563780/>
122. Tsang, K.L, Carlson, L.E. and Olson, K. (2007). Pilot crossover trial of Reiki versus rest for treating cancer-related fatigue. *Integrative Cancer Therapies*, 6(1):25-35. MED: 17351024.
123. Turner, J.G., Clark, A.J., Gauthier, D.K. and Williams M. (1998) The effect of therapeutic touch on pain and infection in burn patients. *J Adv Nurs*. 28:10–20. doi: 10.1046/j.1365-2648.1998.00770.x.
124. Utli, H., Dinç, M. and Utli, A. (2023), The effect of acupressure or reiki interventions on the levels of pain and fatigue of cancer patients receiving palliative care: A randomized controlled study, *Explore (NY)* 19(1):91-99. doi: 10.1016/j.explore.2022.11.007. Epub 2022 Dec 5. PMID: 36476354.
125. Vanaki, Z., Matourypour, P., Gholami, R.M., Zare, Z., Mehrzad, V. and Dehghan, M. (2016). Therapeutic touch for nausea in breast cancer patients receiving chemotherapy: Composing a treatment. *Complementary therapies in clinical practice*, 22, 64-8 .

126. vanderVaart, S., Gijsen, V.M.G.J., de Wildt, S.N. and Koren, G. (2009). A systematic review of the therapeutic effects of Reiki. *J Altern Complement Med.* 15(11):1157-69.
127. Wardell, D.W. and Engebretson, J.C. (2001). Biological correlates of Reiki Touch healing. *J Adv Nurs.* 33(4):439-45. 2000.
128. Wardell, D.W. and Weymouth K.F. (2004). Review of studies of Healing Touch. *J Nurs Scholarsh*, 36:147-154.
129. Weze, C., Leathard, H. L., Grange, J., Tiplady, P., and Stevens, G. (2004). Evaluation of healing by gentle touch in 35 clients with cancer. *European Journal of Oncology Nursing*, 8(1), 40-49.
130. Wilkinson, D.S., Knox, P.L., Chatman, J.E., et al. (2002), The clinical effectiveness of Healing Touch. *J Altern Complement Med*, 8(1):33-47.
131. Wolfe, R., Johnson, P., Oakjones-Burgess, K., Yakim, E. and Schraeder, R. (2017). The Impact of Healing Touch on Oncology Patients' Perceptions of Fatigue and Health Related Quality of Life – A Randomized Pilot Study. Poster Available at https://www.htwfoundation.org/content_assets/docs/Impact-of-Healing-Touch-on-Oncology-Patients-Perception-of-Fatigue-and-Health-Related-Quality-of-Life-Pilot-Study.pdf
132. Wong, J., Ghiasuddin, A., Kimata, C., Patelesio, B. and Siu, A. (2013). The Impact of Healing Touch on Pediatric Oncology Patients, *Integrative Cancer Therapies*, 12(1):25-30. DOI:10.1177/1534735412446864.
133. Wu HS, and Harden JK (2015). Symptom burden and quality of life in survivorship: A review of the literature. *Cancer Nurs*, 38:E29-54
134. Wyatt, G., Sikorskii, A., Wills, C.E. and Su, H. (2010). Complementary and alternative medicine use, spending, and quality of life in early stage breast cancer. *Nursing Research*, 59, 58-66.
135. Yan, X., Shen, H., Jiang, H., et. al. (2008). External Qi of Yan Xin Qigong induces G2/M arrest and apoptosis of androgen-independent prostate cancer cells by inhibiting Akt and NF-kappa B pathways. *Mol Cell Biochem.* 310(1-2):227–34.

136. Yan, X., Shen, H., Jiang, H., et. al. (2010). External Qi of Yan Xin Qigong Induces apoptosis and inhibits migration and invasion of estrogen-independent breast cancer cells through suppression of Akt/NF- κ B signaling. *Cell Physiol Biochem*. 25(2-3):263–70.
137. Yan, X., Shen, H., Jiang, H., Hu, D., Wang, J. and Wu, X. (2013). External Qi of Yan Xin Qigong inhibits activation of Akt, Erk1/2 and NF- κ B and induces cell cycle arrest and apoptosis in colorectal cancer cells. *Cell Physiol Biochem*. 31(1):113–22.
138. Yan, X., Shen, H., Jiang, H., Zhang, C., Hu, D., Wang, J. and Wu, X., (2006). External Qi of Yan Xin Qigong differentially regulates the Akt and extracellular signal-regulated kinase pathways and is cytotoxic to cancer cells but not to normal cells. *Int. J. Biochem. Cell Biol*. 38, 2102–2113.
139. Yang, P., Jiang, Y., Rhea, P.R., Conway, T.L., Chen, D., Gagea, M., Harribance, S.L. and Cohen, L. (2019). Human Biofield Therapy and the Growth of Mouse Lung Carcinoma, *Integr Cancer Ther*. 18: 1–12. doi:10.1177/1534735419840797
140. Yang, P., Rhea, P.R., Conway, T., Nookala, S., Hegde, V., Gagea, M., Ajami, N.J., Harribance, S.L., Ochoa, J., Sastry, J. K. and Cohen, L. (2020). Human Biofield Therapy Modulates Tumor Microenvironment and Cancer Stemness in Mouse Lung Carcinoma. *Integr Cancer Ther*. 19:1534735420940398. doi: 10.1177/1534735420940398. PMID: 32975128; PMCID: PMC7522816.
141. Younus, J., Lock, M., Vujovic, O., Yu, E., Malec, J., D'Souza, D. and Stitt, L. (2015) A case-control, mono-center, open-label, pilot study to evaluate the feasibility of therapeutic touch in preventing radiation dermatitis in women with breast cancer receiving adjuvant radiation therapy. *Complement Ther Med*. 23(4):612-6. doi: 10.1016/j.ctim.2014.11.003. Epub 2014 Dec 5. PMID: 26275655.
142. Yount, G., Patil, S., Dave, U., et al. (2013). Evaluation of biofield treatment dose and distance in a model of cancer cell death. *J Altern Complement Med*. 19(2):124-127.
143. Ziembroski, J., Gilbert, N., Bossarte, R. and Guldberg, M. (2003). Healing touch and hospice care: Examining outcomes at the end of life. *Alternative and Complementary Therapies*, 9, 146-151.