

What can get in the way of achieving your goals?

Last week we spent time writing your goals for the next year. You identified two personal and two professional goals that you wanted to achieve in each. Now I invite you to be proactive and list the things that might get in the way from realizing your goals. Things like (negative self talk, no support from your boss/team/family, poor time management, lack of focus, etc). Write them down here:

Let's look at your top 5 possible roadblocks and design strategies to manage them:

DANGER	STRATEGY

Questions? [Email me](#). Want to connect? Schedule a FREE Strategy Session!

YEAR END REVIEW PART 2