Spiritual Development Academy

Your Spiritual Roadmap

A self-paced path from grounding your life to connecting with spirit

begin here

Welcome Module
Your why, your goals, and how to get the most from this course

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Module 1: Change Your Mindset
Ground yourself, find your True North, and restore balance

Module 2: Living in Harmony
Patience, forgiveness, mindfulness, and a daily meditation practice

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Module 3: Your Spiritual Nature
Connect with your inner spirit and deepen your bond with the Divine

Module 4: Mind Focus & Discipline
Quiet the busy mind and build the focus meditation requires

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Module 5: Understanding Your Energy
The chakra system, the aura, and how to work with both

Module 6: Your Psychic Senses
Awaken and develop your intuitive senses, the clairs

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Module 7: The World of Spirit
What spirit is, how guides work with you, spirit vs imagination

Module 8: Connecting With Spirit
Create, hold, and strengthen your own link with the spirit world

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Module 9: Continued Growth
Commit to small, right actions and your vision going forward

Fully self-paced. A suggested rhythm: one module per week. Return to any step as often as you like.