

Photonic journal Nb: 1 - female, 27 years, right-handed

Current anamnesis/reason for inquiry and symptom(s):

Physical symptoms: Experiences bloating, muscle weakness, a tired feeling in the muscles, muscle and joint pain (pain started in the hips and now also in the knees), nausea, and occasional dizziness. Constantly feeling tired. Finds it difficult to take deep breaths and feels pressure on the chest. Has been going on for 3 months.

Psychological symptoms: Occasionally feeling blue on Sundays, feeling alone (remembers this feeling going back to childhood, not being seen by parents). Feeling stressed, work-related. Difficult to relax. Sleep disorder since childhood. Difficult falling asleep. Often wakes due to nightmares—fear of death, connection to feeling alone.

Occasionally, the food intake is restricted by the client. Is now eating sufficiently.
GP has referred the client to a rheumatologist based on the above symptoms.

Diagnosis(s):

PCOS. Irregular periods.

Eczema since childhood. Worsened at age 14-15. Present in the following areas: elbow, groin, hairline, and the long fingers.

Possible previous and current treatments:

Currently ongoing Hypnotherapy has helped with sleeping issues.

Currently ongoing Psychotherapy, including body breathwork therapy.

Previous study results (pictures, Lab answers):

Normal bloodwork results.

Any Pain/location/ number of VAS (1-10):

Knee pain when walking and being locked. VAS: 3

Hip pain when walking, seated, and lying down. VAS: 4-5

Allergy/food intolerance:

Pollen, grass, cat, and tomato allergy, appeared suddenly at age 15.

Symptoms debuted with red and swollen eyes. A little bit of itch in the nose during the season.

Has never been tested for any allergies.

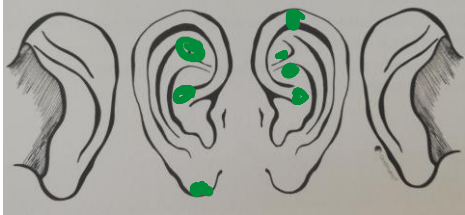
Current medicines, herbal remedies, supplements, and homeopathy:

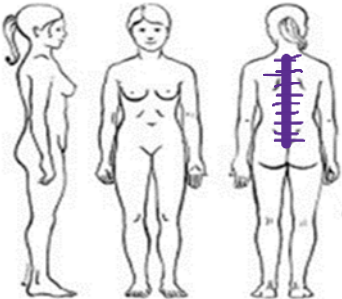
Magnesium, D-vit., B12, c-vit., Zinc and cortisone cream.

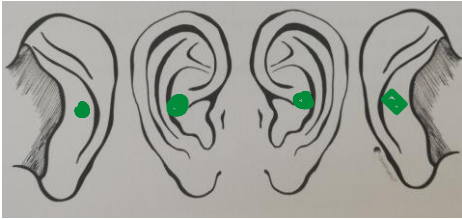
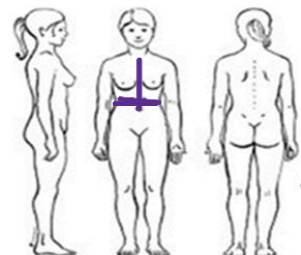
Supplementary anamnesis/ Health information. (Possible disabilities, surgeries, other illnesses, contraindications)

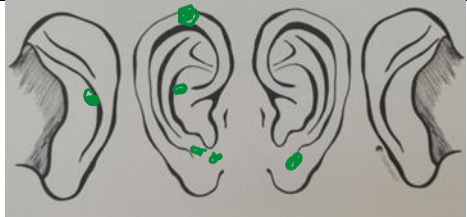
Small scars on the hands and a burn mark on the right UE.

Otherwise, client has no bodily trauma.

Client NB 1 Treatment 1, 13 May 2026		Client's reactions/sensations/observations/evaluations
Actual TREATMENT Treatment	THOUGHTs on	
 First; counted VAS respectively on right and left ear on the Entry point. VAS was equal in both ears; 65. Next; VAS findings with Green 53 on the right ear (marked on the picture with green): VAS 65 on the earlobe scar line VAS 65 on the Zero/stomach area VAS 65 in the hip and knee area Each of these points/areas was treated with Green 53 until no further VAS was felt. These points were located on a line. The VAS overall felt strongest on the right side. Then: Findings with Green 53 on the left ear (marked on the picture with green): VAS was 10-20 for each of these points. Strongest on the allergy and stomach area. Each of these points/areas was treated with Green 53 until no more VAS was felt. Last: the following colors were applied to the above-found areas on both right and left ears, according to the PTSD/anxiety/Stress protocol, all with VAS between 10 and 35, until no more VAS was felt; Red 24 Red 25, followed by M32 Turquoise 44 Cyan 80B Green 58-clean up Yellow 12 Blue 47 in the concha Green 58-clean up Ended with I98 Premio 40, used for examination and treatment. Frequency used: C fundamental (slow)	My Focus is, of course, the areas/points with the most VAS. This client feels restricted, tired, and in pain, and due to a high incidence of traumatic feelings, I chose to go with the colour protocol of PTSD and added M32 due to pain. (taught in first online session in April) Choice of colour: G53: detects imbalance and harmonizes the para- and sympathetic system. Brings the neurovegetative system to a functional level. Eliminates artefacts that give VAS. ↑ sleep. R24 - reduces pain and BP, relaxing used on lobus, balances all organs (acetylcholine) R25 – anti-inflam., detection of bacterial infection, lymph drainage. M32 - It has a very interesting analgesic effect on pain when preceded by the application of T44 E44 - increases flow in structures and releases pain C80B – pain relief with T44. Is a soft, soothing colour that has a harmonizing effect and pain-relieving properties G58 – Clean often and in between, on all treated areas. Purifying colour, reduces inflam., rheumatism, bacteria, viruses, lymph Y12 – Trauma, synapse connection, stimulation of intestine (emotional) Blue 47 – allows energy to be relaxed and distributed. Muscles specific. (Respiratory chain) Sleep inducer. Part of REM therapy together with Y12 I98 – increases acetylcholine (sympathetic), affects and harmonizes all metabolism	During treatment in the right ear: At the start, the client had pain in the hips and knees when lying down. When Filter R24 and R25 were applied, pain would come and go. Once M32 was applied, the pain was gone. As the point in the right earlobe could be reflecting a known trauma (1,5 years ago, approx.), Yellow 12 and Blue 47 were applied while the client was thinking of the trauma. VAS went from 5 to finally 2 during treatment, which ended with filter I98. Observations: The client enjoyed the gentle treatment and was able to take deep breaths. Results of treatment: The client was very relaxed and happy and did not feel pain in knees and hips after treatment. No treatment on the body during this first session, as the ear session took 1,5 hours. Evaluation of the patient and which frequency/colours, going forward: Q: Ask for how long the new symptoms exactly have been present, and from this answer, determine a plan. (I wonder if it's trauma)

Client NB 1 Treatment 2, 24 May 2026		Client's reactions/sensations/observations/evaluations
Actual TREATMENT	THOUGHTs on Treatment	
 First; VAS was counted on both ears at the Entry point with Green 53: 48 VAS was felt weaker than last session. Next; with the most VAS, the Adrenal points (phase 1-Nadar Soliman) (marked green) in both ears were treated with; 53, 38, 44, and 21 were added for reinforcement. Cleaned with 58 and ended treatment with I98. Premio 40 was used for examination and treatment. Frequency used: C fundamental (slow) Then; the spine was treated, starting from the top and down with; 53, yellow 3, 38, 44, 22, and ended with 98 on all vertebrae (from inside and out)  Premio 40 was used with Continuous light Lastly, the points with the most VAS on the trauma line (marked red) were treated with I98 until no more VAS was felt. VAS parameter 1-10 for trauma was used. Premio 40 was used for examination and treatment. Frequency used: C fundamental (slow)	The client was feeling very exhausted and stressed due to a sudden, heavy workload since the last session. The situation had passed, but the client still felt very exhausted. I chose to go with the 'exhausting protocol', first treating the adrenal gland in both ears, which presented with the highest VAS, and then the Spine. This was also taught in the April online session. The session today proceeded according to the client's condition. Choice of colour: G53 - detects imbalance and harmonizes the para- and sympathetic system. Brings the neurovegetative system to a functional level. Eliminates artefacts that give VAS. ↑ sleep. T38 and T44 – the colour frequency of Health Its preferential activities focus on inflammation, vitality of movement, and flow; the most active colour on the arterial vessels (but also venous and lymphatic vessels) as well as on the nervous system's tissue (through its action on Na⁺ and K⁺) and its pathologies O21 - works on all solid tissues. Activates, stimulates and reconstructs tissues. ↑↑↑ metabolism. Booster hydrogen oxygen with I98. G58 - Clean often and in between, on all treated areas. Purifying colour, reduces inflam., rheumatism, bacteria, viruses, lymph Y3 - increase osteoblasts O22 - are (with O21) the main colour of the pulmonary parenchyma, which they activate, stimulate and rebuild. They have a centrifugal and decongestant effect on all tissues. I98 - increases acetylcholine (sympathetic), affects and harmonizes all metabolism	The rheumatologist's visit concluded that the patient is healthy and the symptoms are probably stress-related. Has been referred for a blood test. Since the last treatment, pain has come and gone, and then worsened since the extra workload incident. So, no remarkable change in symptoms has been felt. During treatment on the back, the reason for inquiry and symptom(s) arose and were discussed, and it turned out that the client's specific symptoms started right after a talk with the client's boss 3 months ago. During this specific conversation, the patient felt misunderstood and angry. So, I decided to end the treatment of the emotions in the ears, on the points with the most VAS on the trauma lines, while the patient thought about these feelings, one at a time. During treatment on the lobe: The feeling of being misunderstood went from VAS 5 to 4; it was quickly overtaken by anger, with VAS at 8, and VAS ended at 2. There were 3 points in all. Incidents related to when the feelings arose occurred at 9, 24, and 27 years (3 months ago). This correlates well with the points found with VAS in the earlobe. After treatment, the client felt tired but also like there was some energetic process going on. Like puzzles being solved and placed correctly. Happy that the anger VAS was reduced from 8 to 2. Observations: Session ended with the client taking deep breaths. Evaluation of the patient and which frequency/colours, going forward: The next session will focus on the oppressive feeling in the chest and diaphragm.

Client NB 1 Treatment 3, 5 June 2026		Client's reactions/sensations/observations/evaluations
Actual TREATMENT	THOUGHTs on treatment	
 First; VAS was counted on both ears at the Entry point with Green 53. VAS right ear: 42 VAS left ear: 20 Due to the difference in number of VAS Right/Left, these colors were applied on the forehead midline: G58, R25, T38 Hereafter, the VAS was equal to 42 on both L/R. Next: As focus was on the diaphragm, the areas in front and back of the ears were examined and found with VAS approx 42 on both ears. (marked with green). The VAS did, though, feel strongest on the left front ear, so treatment started here with Green 53, and after, also for all the colours that were applied to diaphragm areas. Then: continued with the following colours, until no more VAS was felt; 24, 35, 47, 98, 58 and ended with Orange 21 and 98. Premio 40 was used for examination and treatment. Frequency used: C fundamental (slow) Then the body: Same colours were applied to the diaphragm and the chest midline.  Premio 40 was used with Continuous light Last: the following acupuncture points were applied with filter 98 for 10 sec each; CO4, LE3 bilat., MP6 and LE14 right	My Focus is, of course, the areas/points with the most VAS and the quality of the felt VAS. After talking to the client and treatment advice from PV, I decided to focus the treatment on the client's symptoms of the oppressed feeling in the front chest line and diaphragm. The client tends to close her hands when anger occurs, like holding on to herself and suppressing her feelings. The whole ear was massaged, and the areas relating to the diaphragm were found to be painful and were also examined with the blue pressure pen with a positive response. These areas were also with the most VAS. In Chinese medicine, the client's symptoms correlate with the diagnose; Liver Qi stagnation, why colours were applied to actual acupuncture points on the body. This decision is supported by PV as well. PV says - let's broaden our knowledge 😊 Choice of colour: G53 – as previous R24 – as previous V35 - essential colour for mitochondrial reactivation (respiratory chain). Very useful in cases of functional destruction and molecular breaks, as it promotes healthy tissue rebuilding. And importantly, it releases muscle tension. Blue 47 - as previous G58 - as previous O21 – as previous I98 – as previous	Since the last treatment: -Very much less and milder pain in hip and knees. -New, but known pain in the loin-usually related to a coming period. -Has cried for 3 days-letting go of grief, fear, and anger (took 2 days off from work to cry) -Feels lighter after the cry release and has now better contact to her body and signals from it -Anger seldom shows or arises now -Sleep is more disturbed, but no more nightmares and less fear. The feelings from these less fearful dreams continue when she is awake. -Has now nightly sweats -Still has an oppressed and tight feeling in diaphragm and chest midline During treatment on the forehead: Client says that the forehead line has been sore in relation to the crying out. Is related to the grieving process. (loss of grandfather) During treatment in the right ear: When applying A21, the VAS pulse changed to being 2-stringed for around 20 VAS. During treatment in the left ear: When applying 98, muscular activity was spotted in the L area. During treatment on the body: Anger arose, and the need to protect herself was activated while working in the area of the acupuncture point LE14. Releasing the tension in her fists and opening the hands during treatment helped dim the feeling. The oppressed feeling in the diaphragm improved, and breathing became easy. Still a bit tense on the frontline at the end. Evaluation of the patient and which frequency/colours, going forward: Investigate both ears and if possible, focus on the allergy and worsening of eczema and, in the future, PCOS.

Client NB 1 Treatment 4, 16 June 2026		Client's reactions/sensations/observations/evaluations
TREATMENT	THOUGHTs	
 First: VAS was counted on the right and left ear at the Entry point with Green 53. Equal VAS in both ears: 42 Next: Findings with Green 53 on the right ear and treated (marked on the picture with green): Allergy point: 42 Anxiety and aggression: 50 Liver area: 42 On the back (liver): 42 Findings with Green 53 on the left ear and treated (marked on the picture with green): Eye area: 50 Then: the colours of the Allergy protocol were applied until no more VAS; Y15 (strong VAS on all points), R24, Blue 47, C80B, E44, G58, A21 and ended I98 Premio 40, used for examination and treatment. Frequency used: C fundamental (slow) The treatment above could also have been applied to the body, especially liver and eyes. I chose to postpone it due to the length of the treatment and the tiredness of the client. The treatment ended with a strong VAS.	My Focus is, of course, the areas/points with the most VAS. The client, who is very self-aware, wanted to explore if the sudden start of allergy at age 15, from one day to another, could be related to a traumatic incident. So, with this in mind, the ears were examined. The allergy-, eye- and liver points were found with the most VAS, so Journal I decided to go with the allergy protocol suggested by PV. Choice of colour: G53 - as previous Y15 - is characterized by anti-allergic properties, useful in allergic syndromes. It is useful with digestive difficulties associated with recoupling as well. R24 - as previous Blue 47 - as previous C80B - as previous and can also reactivate large quantities of electrons immediately in areas of localized disturbance due to its rich wavelength spectrum T44 - as previous and also because in functional pathologies, the use of turquoise colours facilitates revascularization and supports vascular support treatment, thereby reinforcing the effect of the other colours G58 - as previous O21 – as previous I98 – as previous	Since the last treatment: -First 3-4 days the client felt that her energy had returned. Felt clear-sighted and sharp. -No more pain in hip and knee -Has been very much aware of her breathing. Especially how superficial it has been. No more oppressed feeling in the chest. Unaware, she catches herself doing massages on the ribs. -Breathing is light, easy, and deep. -Feels more tired and stressed -Sleep is with more chaotic dreams. Has had 2 nightmares, involving her father - Still feels tired in the muscles During treatment The client came into contact with the trauma when treating the anxiety point, possibly the reason for the onset of the allergy. This traumatic event was thereafter, for a period, followed by fainting and anxiety episodes. No adults took it seriously. This revelation was followed by other memories from childhood and adult life, also related to her 3 brothers and especially her father, who was expelled from Denmark 3 years ago. In collaboration with the client, we decided not to go further into this newly remembered trauma, with the trauma protocol, as many processes were going on already. So, we stuck with the allergy protocol colours. We are, though, both aware that the treatment also affects the traumas. Evaluation of the patient and which frequency/colours, going forward: Prioritize the further treatment to focus on wherever VAS leads. Having a focus on the traumas, muscle energy, eczema, and PCOS.