

ANNUAL REPORT 2025



HTWF™

Healing Touch Worldwide Foundation, Inc.

PRESIDENT'S LETTER

President's Report

Our focus for 2026 is "Planning for Growth" and we have an array of new offerings already scheduled. Each quarter you will find a mix of offering-based and fee based classes and events that will be paramount in supporting you with new knowledge and to help you expand your practice and footprint into the world. We know what a difference you make in providing Healing Touch to the world around you and are here every step of the way for you. Make sure to follow us on social media and sign up for our Newsletter to stay abreast of all the new offerings.

Our refreshed vision of "Accelerating the science and practice of Healing Touch Worldwide" guides us forward and our energized new missions of

"Supporting the advancement of Healing Touch through grants and scholarships that fund research, education, and outreach" is more vital than ever.

Your continued generosity and support is what allowed us to be able to offer so many scholarships this past year and we are most grateful for that. Marching into 2026 your support is more crucial than ever as the need is rising and the word of Healing Touch continues to reach into new realms. Whether you donate funds, your time, your expertise and any time given towards HTWF know that you have made a world of difference in supporting our cause. As you continue to read the Annual report for 2025 you will see that we have been very busy putting your gifts into good use!

From the bottom of my heart, thank you to all of you who have supported us through this last year. I look forward to seeing you as we extend our renewed energy into 2026 and I am eager to meet new faces and make new connections as well!



Corinna Kromer

PRESIDENT

HEALING TOUCH WORLDWIDE FOUNDATION

Looking back at 2025, it was a busy year of growth and support for our non-profit. We had some new faces join our team, myself being new at the role of President for HTWF and we had a couple of wonderful new trustees and a new secretary at the end of the year. HTWF is very excited to have this infusion of new ideas and we still have more room to welcome more people into our board if you are feeling called to this amazing work.



OUR VISION
Advance Healing Touch Worldwide

OUR MISSION
Support Healing Touch research, service
& education through grant opportunities

2025 HTWF BOARD OF TRUSTEES



Corinna Kromer.
HTCP, HMC/M/T,
HTWF President



RaNae Wright,
MHSA, BA, HTPA
HTWF Vice President



Barbara Cox, CPA,
Treasurer



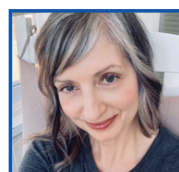
Ellen Lenz
Secretary



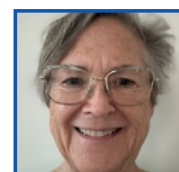
Lisa Mentgen-Gordon,
Board of Trustee



Robin Phelps
Board of Trustee



Joanne Veith, RN,
HN-BC, HTPC/I
Board of Trustee



Jan Steffen, MAELD
Board of Trustee

2025 STANDING COMMITTEE CHAIRS

Nancy Lavergne, HTCP, Past President – Marketing Committee

Karen B. Chin, RN, MS, HTCP/I – Scholarship Committee

Norman Morrow, BS, PhD, Past President – Grants Committee

In 2025 three grants were funded in the amount of \$367 under the Healing Touch Professional Association (HTPA) Exhibitor Outreach Program. Healing Touch materials and information was provided to participants at three Health Fairs – one in Virginia, one in Minnesota and one in California. This program is administered by HTPA and funded by HTWF. It reimburses some expenses associated with having an exhibitor table at health-related events.

There were three grant requests received in the service and education category, but none were funded because Healing Touch was not the focus of the proposal or because the activities proposed fell outside the scope of our grant program. Our Grant and Marketing Committees continued efforts to encourage grant applications, particularly applications for HT research.



One class primarily consisted of nurses, while the other was attended by single mothers. Isle reports that all participants were deeply engaged and committed to using Healing Touch to improve their own lives and the well-being of those in their communities, particularly in underserved and impoverished areas.

Key Insights

- Healing Touch groups showed more flexible metabolism
- Lower levels of specific metabolites were observed
- Participants reported positive benefits in well-being

Grants Continued....

Results of the HTWF-funded study of **metabolic effects of Healing Touch during cervical cancer treatment** were reported in 2025 and published in the peer-reviewed journal *Integrative Cancer Therapies* (Vol. 24 pages 1-15). The abstract follows.

Why This Study Matters

Cancer treatment with chemotherapy frequently leads to side effects such as fatigue, pain, nausea, and anxiety. Healing Touch is a non-invasive complementary therapy often used by cancer patients to address side effects of treatment. To better inform the use of complementary therapies, there is a need to understand the biological mechanisms underlying the effects of such treatments.

How the Study Was Conducted

This study included 44 patients with cervical cancer undergoing chemoradiation randomized into a Healing Touch (HT), a relaxation training (RT) and a usual care (UC) group. An exploratory metabolomics analysis was conducted on plasma samples taken at baseline, 4, and 6 weeks of ongoing treatment (4 sessions per week).

What Was Observed

A multivariate data analysis revealed no significant separation in metabolites between the 3 groups. Univariate data analysis revealed changes in metabolites between baseline and week 6 within each group. The main findings were lower levels of acylcarnitines, bile acids and proline in the HT group, higher levels of fatty acids in the HT and RT groups, and lower levels of kynurenine and quinolate in the UC group. The network of correlations between metabolites shows clear differences in correlations between steroids, fatty acids, sphingomyelins, amino acids, and γ glutamyl peptides between the 3 groups, suggesting a more flexible and resilient metabolism in the HT and RT groups compared with UC.

What This Means Going Forward

This first exploratory study investigating metabolic effects of Healing Touch in cancer patients indicated suggestive differences in metabolic signatures which need further investigation in a larger study.

We also received interim results from a study we funded in 2024 at Shore Hospital in New Jersey on the effects of Healing Touch on oncology patients with active symptoms of pain, anxiety, depression, and/or insomnia. While the number of participants to date is small (6) both the quantitative and qualitative responses to the Healing Touch Study have been positive at this interim point and every participant expressed positive benefit and/ or value to learning basic self-care tools from this Healing Touch Study.

SCHOLARSHIP PROGRAM



2025 HTWF Scholarship Report

In 2025, HTWF received 109 scholarship applications, a slight decrease from 112 in 2024. Altogether, 40 scholarships were awarded for the year: HTP awards – 27, HTA awards – 13. This includes the training of two Level 6 students (instructors). The total funds committed for this past year’s awards amounted to \$14,600.00.

We did implement a slight change in the numbers of allowable scholarships due to the Foundation’s current financial health. Nevertheless, the value of HT for Animals Level 3 was changed from \$300. to \$500. in the 3rd quarter.

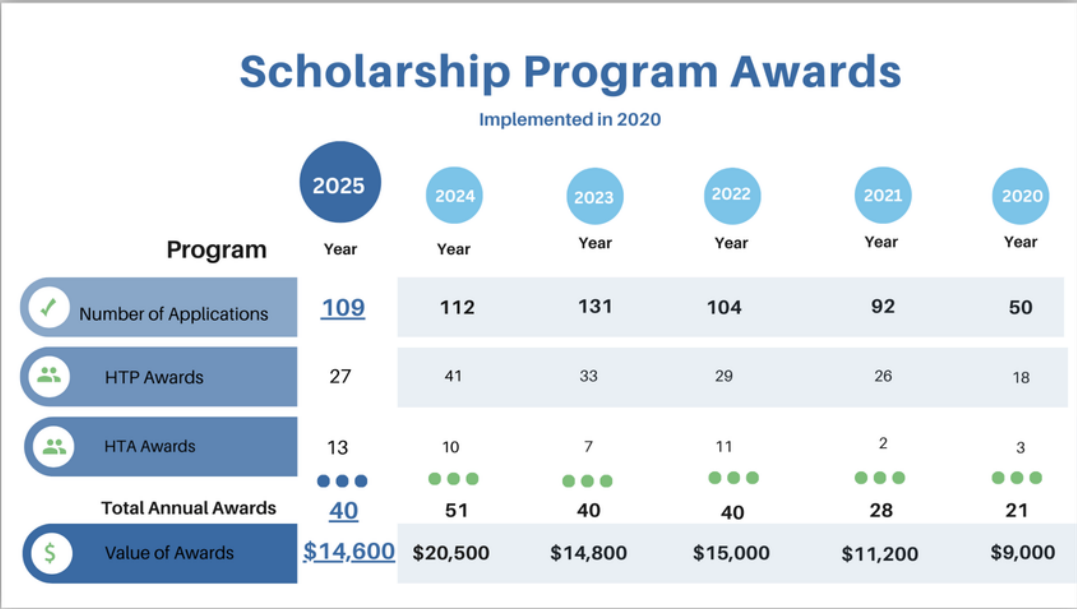
Since its inception in 2020, the HTWF Scholarship Program has awarded 220 scholarships with a total commitment of \$85,400. Over \$45,000. has been disbursed, to date, to support recipients on their Healing Touch journey.

We are so excited in continuing to help current and future Healing Touch students meet their goals!

Here is a quote from one of our scholarship recipients this past year:

Thank you so incredibly much!!!! This means everything to me!!! Without the blessing of this scholarship, I would not be able to continue on with my education!! Many blessings and much gratitude to everyone involved!!!

Love, light, and hugs ...



2025 YEAR-END MARKETING & FUNDRAISING REPORT



In 2025, our organization experienced both meaningful growth and notable challenges. Despite loss within our team that impacted spring programming, we successfully adapted our strategies to remain aligned with our mission, deepen community engagement, and strengthen fundraising outcomes. This year marked a pivotal shift toward greater community visibility, increased accessibility to learning, and relationship-centered fundraising.

Marketing Highlights

In 2025, we introduced a marketing strategy focused on **growing visibility and engagement by serving our community first**. This approach emphasized free and donation-based online learning as a way to build relationships, share knowledge, and invite participation in our mission.



- **Free online learning experiences** to serve, educate, and connect with our community
- **Donation-based access** to encourage voluntary contributions while keeping programs inclusive
- **Relationship building** through consistent presence and meaningful educational learnings

This approach successfully increased awareness, participation, and goodwill, while also generating **new fundraising directly tied to free and donation-based online offerings**. This model has laid a strong foundation for sustained engagement and future donor cultivation.

Fundraising Impact: Education at the Heart of Giving Total Funds Raised in 2025: \$27,912

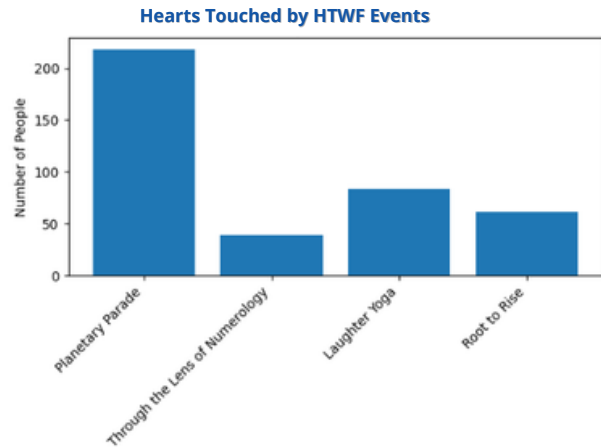
Our fundraising efforts were centered on education, community connection, and shared purpose. Throughout the year, we successfully delivered a diverse mix of events and campaigns that invited both participation and generosity.

2025 YEAR-END MARKETING & FUNDRAISING REPORT



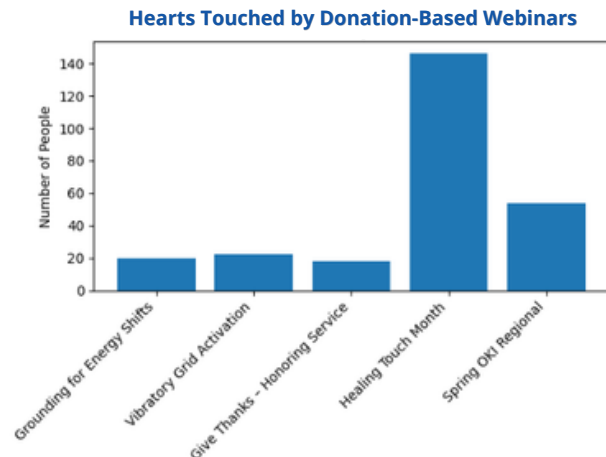
Educational & Event-Based Fundraising

- Annual Cincinnati OKI Regional Event
- One Live Online Masterclass
- Two Pre-Recorded Educational Presentations
- Three Donation-Based Short Learning Presentations



Donation Campaigns

- 3 Dedicated Donation Campaigns launched and completed
- One substantial Legacy donation, which made a significant impact on our overall fundraising success



The success of 2025 reflects resilience, community trust, and the power of mission-driven education. With \$27,912 raised, increased visibility, and a clear strategy for growth, we enter 2026 positioned for deeper impact and sustainability.

Thank You to Our Community

Every donation, every shared event, and every learning experience made this impact possible. We are deeply grateful for the trust, generosity, and continued support of our community. Together, we are creating lasting change.

2025 YEAR-END MARKETING & FUNDRAISING REPORT

2025 HTWF Marketing and Fundraising Events

Vibratory Grid Activation with Jeannette Nienaber



This transformational 2-part workshop invited participants to explore and activate the high-vibration energy gridlines of the body, expanding beyond traditional energy systems into multidimensional fields of light and sound. Through guided practices, sacred geometry meditation, and hands-on experience, attendees deepened their connection to universal

energy and strengthened their healing skills. 22 attendees participated in this immersive experience. The event raised \$2900 in support of HTWF's Healing Touch Scholarship Programs.

Root to Rise with Corinna Kromer



This grounding and resilience-focused workshop supported participants in building coherence during times of change by reconnecting with the body and the Earth. Through practical techniques, guided exercises, and mindfulness practices, attendees learned tools to manage anxiety, stress, trauma, and overall well-being. The experience emphasized heart-focused

breathing, situational awareness, and embodied practices to restore balance and promote a healthier relationship with self and environment. 19 attendees participated in this free event, supporting education and connection within the Healing Touch community.

2025 YEAR-END MARKETING & FUNDRAISING REPORT

2025 HTWF Marketing and Fundraising Events

Grounding for the Energy Shifts



This multi-presenter workshop brought together a diverse group of experts to share powerful grounding techniques designed to support stability during times of energetic and personal change. Through breathwork, sensory awareness, embodied practices, and nature-based insights, participants explored a variety of approaches to staying rooted, resilient, and connected.

The event offered practical tools to enhance emotional and mental well-being while empowering individuals to navigate life's challenges with greater clarity and balance. 22 attendees participated in this event. The workshop raised \$475 in support of HTWF's Healing Touch Scholarship Programs.

Laughter Yoga with Mary Duennes



This free 30-minute learning experience introduced participants to the joyful and healing practice of Laughter Yoga - a unique blend of deep breathing, gentle movement, and playful laughter exercises. Rooted in a global movement founded by Dr. Madan Kataria, the session offered a lighthearted yet powerful way to reduce stress, boost mood, and reconnect with a sense of

childlike joy. 84 attendees participated in this free event, supporting community connection and well-being through shared laughter. The event received \$225 in donations.

2025 YEAR-END MARKETING & FUNDRAISING REPORT

2025 HTWF Marketing and Fundraising Events

2025 Planetary Parades with Christina Richter



This free 50-minute presentation guided participants through the rare and powerful planetary alignments occurring in 2025, offering insight into their potential energetic and personal impacts. Christina Richter shared practical ways to prepare for and navigate these cosmic events, helping attendees deepen self-awareness and align with transformative energies

for personal growth and well-being. 218 attendees participated in this free event, supporting education and connection within the Healing Touch community. The event received \$550 in donations.

Through the Lens of Numerology with Jonelle Davis



This free 20-minute forecast introduced participants to the practical and insightful applications of numerology, with a focus on navigating the 9 Universal Year of 2025. Jonelle Davis shared how themes of "letting go" can create space for growth, clarity, and new opportunities, offering guidance on both universal and personal year cycles. Attendees gained tools to better

understand life transitions and align their actions with supportive energetic patterns. 42 attendees participated in this free event, and the event received \$70 in donations, supporting personal insight and growth within the community.

2025 YEAR-END MARKETING & FUNDRAISING REPORT

2025 HTWF Marketing and Fundraising Donation Events

Give Thanks ~ Honoring Service (November 2024 – November 2025)



This year-long donation-based initiative was created to honor and support those who serve our communities by sharing the benefits of Healing Touch. Through practitioner-led sessions and outreach, the program offered moments of rest, care, and connection to dedicated service groups. This ongoing effort reflects HTWF's commitment to giving

back while expanding access to healing work. 18 individuals were served through this initiative, with 45 practitioners stepping up to support and honor these groups of service workers. The event raised \$825 in support of HTWF's Healing Touch Scholarship Programs.

Cincinnati OKI Healing Touch Regional (May 10, 2025)



HTWF hosted a regional gathering in Cincinnati featuring Renee Baribeau, who guided participants in exploring shamanism and nature-based approaches to healing. This immersive day of learning invited attendees to deepen their connection with nature spirits and the elements, Earth, Air, Fire, and Water, through guided journeys, rituals, and intuitive practices. The

event supported both personal transformation and the integration of earth-based wisdom into professional healing work. 54 attendees participated in this regional event. The workshop raised \$5,900 in support of HTWF's Healing Touch Scholarship Programs.



Strengthening Sustainability for the Future

In 2025 we sought to cast our energies in a wider net – expanding the knowledge of the foundation’s mission and funding which is needed to facilitate it. Year end giving and several honorarium and memorial gifts provided us with funds to continue the scholarship funding. We had a few small grant awards, but larger research grants continue to elude our participation.

That said, research results related to a grant funded in 2023 & 2024 related to cervical cancer response showed statistically significant impacts for participants who received Healing Touch!

At the end of 2025, we discovered that someone is “scraping” – using HTWF’s name and EIN number. They filed a tax return with the IRS which effectively changed the foundation’s address on the IRS Tax Exempt Organization search engine and this change filtered down through many of the other charitable giving websites. We are working with the IRS, our bank, and our attorney to safeguard our assets, correct this information, and protect our reputation.

2026 is a year when we are planning for future growth. We are changing our accounting platform and adding features to our fundraising toolbox. Donors will be able to sign into our Aplos platform to view their contribution history, make donations, and establish recurring contributions. Text updates will provide our community with easy access to up to date information. Text to give will allow “on the go” ease for making donations. We are excited to offer these conveniences.

Join us! Together we can make the world a healthier place!

2025 Financial Summary

		2025	2024	2023
Revenue:				
Monetary donations received	\$	16,747	3,515	16,187
Program revenue		8,117	9,803	9,119
Fundraising revenue, net		3,050	832	1,041
Other revenue		24	537	51
	Total revenue	27,938	14,687	26,398
Expenditures:				
Grants, scholarships & other program costs		20,023	32,137	35,624
Fundraising & advertising costs		5,999	5,860	6,990
General & administrative expenses		9,788	9,336	11,250
	Total expenditures	35,810	47,333	53,864
Funds retained (expended)	\$	(7,872)	(32,646)	(27,466)

THANK YOU TO OUR DONORS

Thank you to all these generous Donors for supporting HTWF in our mission to Advance Healing Touch Worldwide in 2025.

Major Donors

Ann Foorman Irrev Trust
Soft Landing Healing LLC
Nancy Lavergne
Rebecca Mastalerz
Norman Morrow
Healing Touch Program
Teresa Wong

Cash Donations

Christine Antenbring
Marleen Athorp
Tamara Barhar
Leanne Bishop
Yolanda Boule Douglas
Jeanne Browning
Leslie A. Bugio
Barbara Cox
Charles Davis
Theresa De Luis
Elizabeth Downs
Charlette Gordon
Graceful Healing Journeys LLC
Anita Groeschke
DebraCarol Hearne
Heaven On Earth Healing Alternatives LLC
Tanya Hoffay
Holistic Connections
Marsha James
Kadmus LLC
Nicole Kasemir
Karen Chin Kelly
Corinna Kromer
Ellen Lenz
Penny Leupold
Theresa Linehan
Barb Litchfield
Ashish Mahajan
Theresa Markiewicz
Arlene Mauney
Tim McConville
Michelle McGrorey

Cash Donations cont.

Carol Metral
Katharine Miller
Sharon Mirman
Billie Mitchell
Ann O'Malley
Veronica Pochron
Jean S Pruett
Veronica Rice
Gillian Robertson
Jennifer Ryden
Nanette Sagastume
Billie Schelbe
Beth Skalak
Jaymee Spannring
Patricia Springer
Jan Steffen
Nancy Strick
Eleanor Namhari Kaur
Treciokas
Stewart & Kathy Vanderlinden
Margaret Vader
Katheryn Hamilton Wang
Lee Ann Wasson
RaNae Wright
Patricia Yetman

In-kind Donations

Dena Astin
Kathy Babula
Gerriann Friday
Janet Groeger
Penny Hergenrather
Jane Hightower
Peggy Holliday
Angeles Mendoza Sammet
Wendi Napier
Lynne O'Donnell
Heidi Reinecker
Veronica Rice
Katerina St Claire
Melissa Wiebe



Thank you!

Because of You...

Because of your support, Healing Touch is being shared with individuals who may not otherwise have access - through scholarships, community programs, and educational events that expand both skill and confidence.

Your generosity supports practitioners as they grow, and helps create moments of care, connection, and healing in communities around the world.

Because of you, this work continues and reaches further than it could on its own.

Thank you for being part of it.

