

CHRISTINA'S DANCE WORLD
FALL 2026-2027 CLASS SCHEDULE

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MONDAY

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9:30 AM – 10:30 AM

Class: Adult Fitness

Instructor: Jennifer

Duration: 1 hour

3:30 PM – 5:00 PM

Class: Tap & Jazz – Broadway Style (Beginners)

Instructor: Ms. Christina

Duration: 1.5 hours

5:00 PM – 6:00 PM

Class: Ladies Cardio Dance

Instructor: Ms. Christina

Duration: 1 hour

5:00 PM – 6:00 PM

Class: Beginner Ballet

Instructor: Ophelia

Duration: 1 hour

6:00 PM – 7:15 PM

Class: Contemporary Jazz

Instructor: Nicole

Duration: 1 hour 15 minutes

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TUESDAY

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9:30 AM – 10:30 AM

Class: Stretch & Relaxation

Instructor: Ms. Christina

Duration: 1 hour

3:15 PM – 4:30 PM

Class: Preschool

Instructor: Ms. Christina

Duration: 1 hour 15 minutes

4:30 PM – 6:30 PM

Class: Production Team

Instructor: Ms. Christina

Duration: 2 hours

5:30 PM – 6:30 PM
Class: Adult Tap
Instructor: Ruth Ann
Duration: 1 hour

6:30 PM – 7:30 PM
Class: Ballet Barre and Center Floor
Instructor: Ophelia
Duration: 1 hour

7:30 PM – 8:00 PM
Class: Pointe
Instructor: Ophelia
Duration: 30 minutes

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WEDNESDAY

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9:30 AM – 10:30 AM
Class: Adult Fitness
Instructor: Jennifer
Duration: 1 hour

4:00 PM – 5:30 PM
Class: K-Pop(ish)/Hip Hop Jazz & Hip Hop Tap (Intermediate)
Instructor: Christina
Duration: 1 hour 30 minutes

5:30 PM – 7:00 PM
Class: Preschool
Instructor: Olivia (Ms. Christina Chaperone and Production Team
helpers)
Duration: 1 hour 30 minutes

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THURSDAY

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9:30 AM – 11:00 AM
Class: Cardio Dance and Tone
Instructor: Ms. Christina
Duration: 1 hour 30 minutes

4:30 PM – 6:00 PM
Class: Trio Production Team
Instructor: Keeli
Duration: 1 hour 30 minutes

6:00 PM – 7:15 PM
Class: Gymnastics
Instructor: Keeli
Duration: 1 hour 15 minutes

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INSTRUCTOR SUMMARY

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Christina: 7 classes/week

- Monday: Tap & Jazz Broadway (3:30–5:00), Ladies Cardio Dance (5:00–6:00)
- Tuesday: Stretch & Relaxation (9:30–10:30), Preschool (3:15–4:30), Production Team (4:30–6:30)
- Wednesday: K-Pop(ish)/Hip Hop Jazz & Hip Hop Tap (4:00–5:30)
- Thursday: Cardio Dance and Tone (9:30–11:00)

Jennifer: 2 classes/week

- Monday: Adult Fitness (9:30–10:30)
- Wednesday: Adult Fitness (9:30–10:30)

Ophelia: 3 classes/week

- Monday: Beginner Ballet (5:00–6:00)
- Tuesday: Ballet Barre and Center Floor (6:30–7:30), Pointe (7:30–8:00)

Nicole: 1 class/week

- Monday: Contemporary Jazz (6:00–7:15)

Ruth Ann: 1 class/week

- Tuesday: Adult Tap (5:30–6:30)

Olivia: 1 class/week

- Wednesday: Preschool (5:30–7:00)

Keeli: 2 classes/week

- Thursday: Trio Production Team (4:30–6:00), Gymnastics (6:00–7:15)