Getting Clear on What You Actually Want Roadmap

WHO YOU ARE, WHAT DRIVES YOU, WHAT HAS SHAPED YOU,
WHERE YOU MIGHT BE HEADING



Wheels of Life — Seeing the Whole Picture

How balanced are you? An overview across different domains — work, wellbeing, relationships, personal growth, contribution. Helps identify your future focus.



Life Map — Discovering Your Story

Reflect on the experiences & challenges that shape who you are. Your story reveals patterns of strength and resilience that underpin your leadership style.



Clarifying Your Values

What matters most? Understand what is important and why. Explore your personal and professional values — the principles that shape your decisions and reactions.



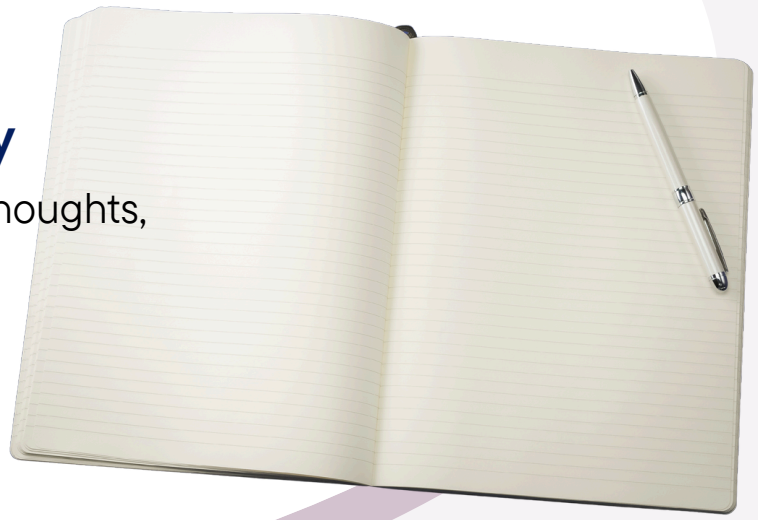
Vision, Mission and Purpose

Create direction: Your vision - the bigger picture; your mission - how you'll contribute; your purpose - the "why" behind it all.



Plot your map. Record your journey

As you work through this module record your thoughts, insights and plans for the future.



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Getting Clear: Who You Are and What Drives You

Your roadmap to building self-awareness, clarity, and confidence.

Introduction: Why This Matters

Before we can make confident career decisions or lead others, it helps to understand ourselves — our values, our beliefs, the things that motivate us to do what we do and the experiences that have shaped us.

This module invites you to pause and take stock. It offers tools to help you reconnect with what matters most, understand where you are now and start defining who you want to become as a leader.

> *Knowing yourself is the beginning of all wisdom.*
>
> Aristotle

Self-discovery - getting clear on what you actually want - is not about finding something missing. It's about noticing what's already there — and learning to use it with intentionality and purpose.

The work does require self-reflection and the purpose is to shape future growth.

Understanding what is important and why, clarifies the often uncertain process of decision-making. It connects directly to choices about how to invest your time or prioritise that which is important to you.

It shapes the person you are becoming and allows you to be present with awareness and authenticity.



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How to Use This Module

You can move through the lessons in sequence or dip into the ones that feel most relevant to you right now.

Keep a notebook or digital journal handy. Many people return to these reflections throughout their coaching or development journey — your answers are likely to evolve as you do.

Lesson Flow

Lesson 1: The Wheel of Life — Seeing the Whole Picture
Take a step back and look at your life as a whole, across different domains — work, wellbeing, relationships, personal growth, contribution.
This overview of balance helps identify where you want to focus next.

Lesson 2: Life Map — Discovering Your Story
Step back and reflect on the experiences, challenges and unique events that have shaped you. Reveal patterns of strength and resilience, learn from your reactions/responses, gain insight into your leadership style and future direction.

Lesson 3: Clarifying Your Values — What Matters Most
Explore your personal and professional values — the guiding principles and underlying beliefs that shape your choices, decisions and reactions.

Lesson 4: Vision, Mission, and Purpose — Creating Direction
Bring your values to life: your vision = the bigger picture;
your mission = how you'll contribute; your purpose = the "why" behind it all.
Together, they create a framework for motivation and focus.

Your Outcome

By the end of this module, you'll have:

- A clearer sense of balance in your life and work.
- An understanding of how your story shapes your present and future.
- Defined values that guide your priorities and future decisions.
- A vision, mission and purpose statement that reflect what matters most.

Self-awareness is the foundation of growth.
The more clearly you see yourself, the more intentionally you can make decisions and choices that shape your future.

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