

Patient journal: CA**Anamnese:**

Male 60y.

Complaints:

Cough attacks in the morning and during the day. After COVID the changed from dry to sometimes wet. Two types of cough:

1. Long powerful attacks aspcially after waking up, sometimes during the day in the car, that takes a long time to calm.
2. Drier coughs that stay only for a 2-5 coughs, but still brings up mucus.

Pain in the right leg sometimes

History:

Diagnosed with Asthma, but no apperent findings in the lung/brochia.

Works often in physically demanding situations.

5 years ago dissection of Aorta Type A1. Heart has been diagnosed as “Worn out”, but after strengh training and change of eating and supplements, it looks much better.

Enlarged Septum, Slightly leakikng Aorta valve

Has a tendency to eat too little. Goes most of the day without food. . Takes blood thinner and blood pressure medicine.

Three years ago, broke both legs when losing consiousness due to fall in blood pressure. Takes “HUSK” fibers for digestion. Sleep is not really good. Periodically stress both on the home front and at work.

Therapy

The choice of colors in the first treatment was inspired by the suplied material on Asthma. But since I did not get much result, I consulted Pascal who has suggested the below change in filters. The last three treatments, I have kept the same set of colors to see what if anything would change.

I deviated from the recommendation of staying only with photonic medicine in only the third treatement, since I felt a number of traumas were coming up and disturbing many times during the first sessions.

Filter	Left Ear	Right Ear
First treatment 260713		

G53: Entry point 10.	Darwin, Kidney, E-zone (C7 – Pleura?),	Cerebellum.
C3:	VERY strong VAS all over on many points. Liver or was it E(C7)? (VAS disappears and it appears he is losing consciousness). I stop using C3	
A21:	Under tragus, Liver, Brochie, Stress, B: Stress,	Lung T2 Bronchie, B: L5, bladder
B25:	Hip, Bronchie, under anxiety ,	Lower leg, Prostate
E44:	Under HT, HC-anxiety, Passes out again!,	Dental scar VI, Hip, Spleen, Lung/Brochia
35:	Darwin, C3(E) T2, T6,	Wall C1, above Darwin, Liver (E),
F98:		Borderline stress
Comments		
Second treatment 260716		
53: (no record of entry VAS)	E(T5 Pleura?), T3,	nedenfor CB edge (HC?) E(T2)?, C8, Hofte eller control point. Check!
54: No VAS		
C3:	E (C7 Pleura?), Large Intestine, B: Liver,	CB, C2, Wrist, Doudenum, Mouth of Stomach (HC phase 3), Sympathetic in B
38:	Epiphysis, HT, CB, Jaw, B: Wrist	
44:	E(C2), B: Eye motor,	CC, Sinuse f2s
80:	Below stress and dental scar zone, B: Finger,	E(T6 Pleura?), TT (down), C1 wall (symp)
98:	E(C2), E(T3 Pleura?), B: ?,	D som under Tragus,. Prostata, B: C2
Third treatment 260721		
Glasses according to Daniel Asis. Old trauma in a different incarnation (patient views the world antroposophically). Feeling is low self worth - "Not worthy to be here). Physically Sweat, stomach and intestines. Does not go all the way to 0. That would be against his "beliefs".		
Breathing exercises, Vidal		
Fourth Treatment 260730		
53: (5-6)	C2, C7, C5 external side, Hip, Foot, Sinuse f2s, B: Hand, Thalamus,	(12) PFC (Sinus?), L5, L7
58:	Under CB (HC?), Ovenpå Kathi's punkt, Bronchi, B: Eye,	Prostate, Liver.
38:	Leg, Lung, B: Jaw,	E (T2-T7 Pleura?), Dental zone (made him relax)

24:	Sinuses, Fingr, B: Parietal Cortex,	Eye, B: Under Shen Men
44:	B: Heart,	under ITN, B: Bronchie
35:	B: below PC	
32:		left of Anthelix bifurcation
58:	B: under HC,	B: C6, T12 perifipheral
80:	Sinuses f2, Fear (Amygdela?), Finger,	Leg
53: Exit	0	15
On Body, Left Leg lots of VAS, Sinuses RS and left eye		
38 and 44 along aorta fown to feet. Heart.		
Comments		
Deep cough has disappeared. But is still coughing up mucus		
Fifth treatment 260805		
53: (11)	E (T8 Pleura?), Cogcyx (D), Point below ITN (HC?),	PFC (edge, Sinus?) Jaw, Bronchie, B: C4 , Upper leg
58:	PFC low,	T12, sympathetic, Bronchie, B: E(T12)
24:	Th/HAT, upper leg,	B: E(T2)
38: no VAS		
44:	B: Eye,	C4 periferpheral (en Cn?), B: PFC, Jaw, CB, Bronchie, sympathic, parasympathic
35:	Pancreas, B: Pancreas,	B: SI
32:	S1/L5,	above D
80B:	T8 (Heart?), B: E(C2),	B: above Darwin ?
Body: Foot, Kidney, Bronchi, C2, T8		
Comments		
Patient reports a lot less coughinhg, although it is still there.		
Sixth treatment 260825		
G53: 17	Near Kathi's point - Under Adrenal Structure, B: C7, Behind liver (HS35?),	HT, L1 symp, Bronchi, B: Lung, Motor cord sensory T11-T12, Shoulder
58:	Bochia, SMP, B: HT,	Below CB, C7, Bronchi/stomach, B: Helix edge ?, SMP
24:	Prostate, Hip, Bronchi, B: HT, Epiphysis, C7	

38:	C1, Femur,	Bronchi, Hand, L3
44:	Bronchi,	HT, PFC/Epiphysis, T12 symp, L3, Lung
35:	C1	Femur, B: arm
32:		Kidney, Pons
80B:	RT12 in E, B: Shoulder,	Lung/Bronchi, , 0-point, B: Elbow
Comments:	Pt: Reports a marked improvement in frequency and severity of cough. Still some mucus. Marked less pain in the leg.	
Seventh treatment 2609015		
G53 (6, 15)	Dental /stress, Sinus f2,C3, C7 muscle, SyMP B: Wrist	CB, S1, CC, C2 symp, Hip,L1, Lung B: C7, Elbow, L1
G58	SMP, V1, C7, T12 symp, Cogcyx, HC B: Arm (RT5)	Ret.form.,Femur, SyMP, E(RT7), CB, Knee B: T7
R24	Nose, Par. Cortex, T9 motor, Femur, Oesophagus) B: E(RC1 motor root), Heart, Liver	Supp.Col.
38	Darwin, ?,?	E(RC7), B: Knee, Extension of Cogcyx (Kathi's point),
44	Motor spine T5, Bronci	Elbow, Stomach B: C3, Elbox
35	Thalamus sensory, S1 B: Subthalamus	Femur
32	B: Elbow	
80B	Thalamus sensory, Lung	C1 symp, B: C3 motor
Comments	Reports a dry nose "sometime during filter 2 or 3", Dizzy when getting up.	

My reflections

I have found this challenging. The first 5 treatments I found a lot of points, so treatment took a very long time. I had a hard time forcing me to write down the points found. I have not meticulously written down the treatment on the body. Here, I have tried to treat all body areas found on the ear with the same color.

I have found that I am gradually getting better to write the points down. I dive very “into it” when treating, so staying “out” – sensing the points on the ear and registering them is a change of style for me. But there are points that I have forgotten to write down.

I have found it difficult to register the precise locations. I could use some ear maps, but given the number of points, I would need an ear set pr color or mark e.g. points form two or three filters on one drawing using different colored pens.

A further challenge is the many differences between the various ear point maps that are out there. I currently have ten different ones and they differ very much. This perhaps makes it even more important to mark the points on a drawing instead of trying to interpret what the point represents. Also, some of the points I find are not included on the maps.

I have tried to use/think only phase 1. But

I found it quite frustrating that I had very little effect from each session. Not to speak of the first and partly in the second session, where I could knock out the patient with light alone. That was a very weird experience – especially because the patients did experience it as an excarnation of his body (he has an antroposophic type of world view) and thus was totally comfortable with what happened.

Remarkably (for me) the sixth session was VERY different. Here there were fewer points, and the lung area and the leg area dominated. However, the seventh were like the treatment 3 to 5.

So, in conclusion, I am still learning how to document what I find. I have very little feeling for what each filter does, except on an “academic” level. So, I still at loss of how to choose a set of colors and then getting feedback from the patients reaction. I hope to slowly change this for the better as I get more praxis.

The patient reports he is definitely better. Treatment has taken place in a period where grass allergy is from its highest and declining. Earlier years, that has had no influence on the cough, which also is outside the pollen season.