GENERALISATION TASKS

Ways to practice using your voice.

Conversation Starters

Use a conversation starter as a prompt. You could look some up, or ask a friend!

eg. What kind of foods do you like?
What's one place you haven't travelled to yet that you really want to go?
Tell me about your best friend.
What is the best way for you to relax?
What's your favourite [...]?

Roleplay

Use a script, scenario, or other pre-planned interaction.

eg. Someone cuts in front of you at the supermarket line.
A waiter gives you the wrong order at a restaurant.
Someone has called you, and they have the wrong number.
You're making plans to hang out with someone.
You're in a job interview.

You could also read the script for a play, show, or game that you like!

Describe How

Talk through the steps of how to do something.

eg. How to make a perfect cup of coffee/tea.
How to iron a shirt.
How to plan a picnic.
How to colour your hair.
How to change a tire.

Play a Game

Social games give a great chance to practice!

eg. Guess Who
Pictionary
Word Tennis
Two Truths and a Lie
Card Games

Picture Description

Find some photos or drawings, and describe as much detail as you can!

eg. Image search a preferred topic
Browse photo forums and websites
Go to a museum or art gallery.

AFFIRM&THRIVE

Through these tasks, and many more like them, you can focus on maintaining the voice changes you've achieved through training in everyday situations. Generalisation tasks are particularly helpful for the maintenance of your voice changes and increasing your ability to use it throughout daily life.