SHAPING VOWELS

Keep Your Tongue and Mouth Narrow

Certain vowels can create a darker / lower sound. **"Ee" has a brighter sound**, as in "eat" or "beep" due to the position of the tongue and mouth which **forms a smile position.**

To contrast this try out an evil laugh e.g. "Mwah ha ha ha". **Feel how open the space is in your mouth** and vocal tract and listen for the **darker sound**. Now **try a witchy cackle** e.g. "Hee hee hee". Feel for the **narrow mouth** and vocal tract and listen for the **brighter sound**.

Achieving a Narrow Position

Use the 'ee' position to create a narrow position in your mouth. This is a position with a **high and forward tongue.** Keep that tongue position and **try out these words:**

Me	**May**	**Moe**	**Nay**	**Ny**
Knee	**My**	**Moo**	**No**	**New**

Tip: It can help if you say "ee" before the word. Don't forget to keep your resonance forward too! Keep things feeling buzzy, and fuel it with a supported breath from your diaphragm.

Meat	**Moat**	**Might**	**Name**	**Nice**
Mate	**Moon**	**Neat**	**News**	**Gnome**