

Name: Ema	մ l :	Phone:	
your level of satisfaction and range of expression in where you can acknowledge yourself for the success each of the statements below on a scale from 1 (Hig	these areas as a sr you have created a hly Disagree) to 10		find areas tion. Rank
Recognition (1 of 8) 1 (Highly Disagrams) I feel valued and affirmed at work.	gree) to 10 (Highly Agree)	Creative Self-expression (5 of 8) 1 (Highly Disagree) to 10 I feel I make a unique contribution through my work.	(Highly Agree)
		I give myself permission to take risks, experiment, innovate and	
I am appropriately compensated for the work I do.		create things "outside the box."	
I acknowledge and appreciate others. I take time to celebrate my accomplishments and growth.		I see challenge as an opportunity to expand and engage.	
, , ,	Total /40	I have opportunities to engage my strengths every day at work.	
		Total	/40
	gree) to 10 (Highly Agree)	Results (6 of 8) 1 (Highly Disagree) to 10	(Highly Agree)
I am engaged in meaningful work.		I produce high quality results.	
I feel vibrant and alive in my work.		I am reliable and consistent.	
I look forward to going to work on Monday morning. I have energy at the end of each day to attend to the peop	le I	I use my influence to impact the day to day success of the company.	
care about and my personal interests.	Tatal (40	I accept responsibility for my successes and failures.	
	Total /40	Total	/40
Relationship (3 of 8) 1 (Highly Disagonal Control of the Control	gree) to 10 (Highly Agree)	Career Development (7 of 8) 1 (Highly Disagree) to 10	(Highly Agree)
I establish good relationships with others.		I take responsibility for the evolution of my career path.	
I design effective alliances with others.		I use everything that occurs as an opportunity to grow.	
I respect my colleagues and the work they do.		I look for ways to expand my responsibility.	
I cultivate trust in others.		I have a champion at work who encourages my development.	
I empower leadership in myself and others.		I invest time and energy to develop myself as an individual, in	
	Total /50	addition to developing my career skills.	
Communication (4 of 8) 1 (Highly Disag	gree) to 10 (Highly Agree)	Total	/50
I communicate clearly with my colleagues, supervisor and leadership teams.		Climate and Culture (8 of 8) 1 (Highly Disagree) to 10	(Highly Agree)
I value listening as much as I do speaking.		The company culture and mission aligns with my personal values.	
I am thoughtful about the impact of my communication.		I foster a positive environment.	
I make direct requests rather than communicating requests indirectly or through gossip or complaint.	S	I champion my organization and the people who work there.	
I communicate for the sake of something larger than myse	lf.	I create a physical environment that supports my work.	
	Total /50	Total	/40

Total

/50



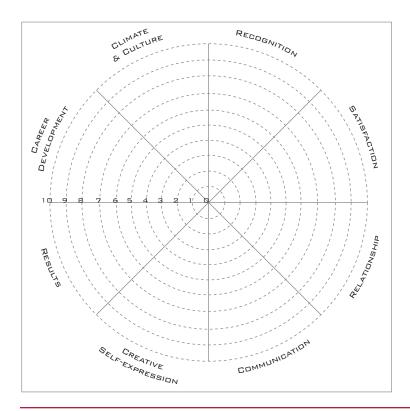
To get a snapshot of your life, transfer your total scores from page one to the summary Wheel and find the % of the total for each area. Then take that percent and draw a line in the respective area on the Wheel. Look at your completed Wheel. If your professional life is riding on this Wheel, how bumpy is the ride? Answer the questions on the right to help you expand your satisfaction and balance.

What area on the wheel would you like to improve your level of satisfaction?

Summary:

Recognition	/40	=	%
Satisfaction	/40	=	%
Relationship	/50	=	%
Communication	/50	=	%
Creative Self-expression	/40	=	%
Results	/40	=	%
Career Development	/50	=	%
Climate and Culture	/40	=	%

What is the current state of this area in your professional life?



What is missing or not working for you in this area?

What would you like to create in this area?

