


*An enhanced eBook*

# LEARNING SOLUTIONS IN COUNSELLING

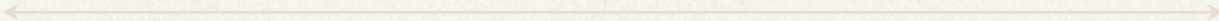


WITH DR ROB MCNEILLY

# DEDICATION



*This book is offered as a humble gesture of appreciation of the continuation of Milton Erickson's heritage into the future.*



*Rob*

## PREFACE

Hello and welcome to this series of videos of counselling sessions with a variety of clients.

My name is Rob McNeilly. I come from a medical background, and had the privilege of learning from Milton Erickson.

Over the last 35 years I have been using and teaching my version of what I learnt from that remarkable human being.

This series of videos is offered so that anyone interested can join me in these experiences, take what is useful, alter anything so you can find your own approach to counselling as a wonderful way of assisting clients to resolve their dilemmas and continue with a more satisfying life.

Let the learning continue ...



# *Chapter 1*

## INTRODUCTION

To watch this video

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## *Chapter 2*

# RESOLVING TRAUMA

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## *Chapter 3*

# OVERCOMING ANXIETY

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## *Chapter 4*

# RESOLVING DEPRESSION

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## *Chapter 5*

# RESOLVING A FEAR OF HEIGHTS

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