



Be Magick
in 2020
Workbook



Be Magick in 2020

How To Use This Kit

Go through each of the 5 steps by watching the class videos first and then doing the work in this workbook or just any notebook or journal.

Listen to the audios and read over the workbook **FIRST**. It will give you instructions to make this workbook much easier.

The **WAY** to be Magick in 2020 involves following through on all 5 steps. They aren't difficult to do but they will shift your vibration and keep you focused on what you want to create for the entire year. That's when the magick happens.

So let's be magick!



Be Magick in 2020

5 steps to the Most Magical Year of Your Life

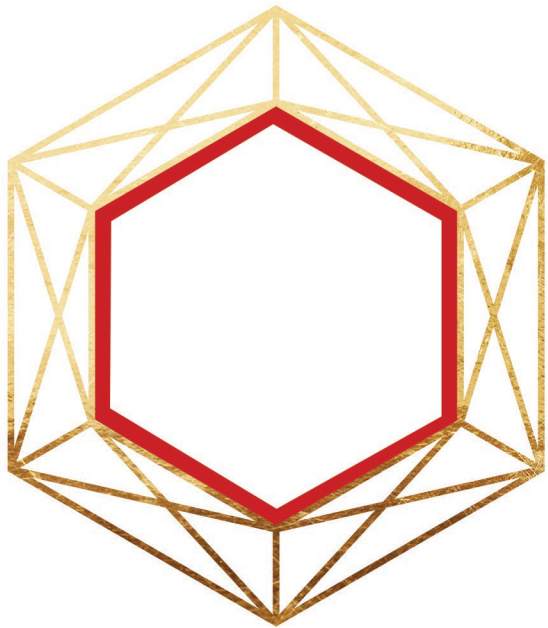
- ▽ **1. Your Word for the Year:** How Do You Want to Feel in 2020?
- △ **2. Scripting Your 2 Best Days:** Your Magical “Normal” day and Your Magical “Peak” Day
- △ **3. 100 Things to Do in 2020:** Actually Do the Things You’ve Been Wanting to Do
- ▽ **4. One Core Practice:** 5 - 10 Minutes a Day to Keep You Focused All Year Long
- △ **5. Accountability:** Create a Plan to Make Sure You Focus On Being Magick through All of 2020



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Step 1: How do you want to feel in 2020?

What is the word that will most describe 2020 for you?



Don't worry if it takes a little while for your word to come to you. Just set the intention that the work will become obvious to you and be aware of ideas that come to you.

When you look back on 2020 what feeling will be most prevalent?

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*Step 2: Script Out Your
Two Best Days*

Your New Normal

On this page, script a day in your new normal. What does your new normal like and feel like? Give as much detail as you can to your day. Don't forget to watch the videos in the class to get more info on how to do this.

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*Step 2: Script Out Your
Two Best Days*

Your New Peak Day

On this page, script out your best “peak” day of the year. It’s a special day, not your average day. You might be on vacation in a dream location, just received news that your book is a best-seller, or just got engaged. Whatever would be your best experience of the year, write it out here in detail.

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100 Things to Do in 2020

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100 Things to Do in 2020

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100 Things to Do in 2020

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Step 4: My Core Practice for 2020

What core practice am I choosing to do for 2020? Remember to keep it simple and something that you can do in 10 minutes or less. Watch the videos and read the lesson in the class before you decide.

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How am I going to keep up the habit of my One Core Practice? A reminder on my phone? A sticky note on my bathroom mirror? What will make me remember?

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Step 5: Accountability

Keeping your focus for a year can be tricky even when you are focusing on creating a magical life that you love. A big part of sticking to your plan and following each and every week of the year is to have someone to be accountable to besides just yourself. There are some accountability resources in the class materials. Look them over and create a plan to stay accountable in 2020. You can use free or paid resources. Sometimes, it's easier to stick to a paid program because you want to follow through because you've paid out the money. Sometimes, just having a partner who can keep you on track will work. Do what works best for you.

My Accountability Plan

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Be Magick in 2020

You have the 5 steps now. Take action. Do the 5 steps and keep focusing on feeling the way you want to feel. May 2020 be the best year of your life, until the next year rolls around.

Please step out of your comfort zone and let magick into your life. Love yourself and your life and magick will come.