



Adrienne Cress

2456 Lafayette Rd. Suite 12
Portsmouth, NH 03801
(603) 312-2903
ac@adriennecress.com

PERMISSION TO TREAT MINORS

When children and adolescents are in therapy, parents/legal guardians have rights to information regarding treatment. However, in order for therapy to be effective, the child must have assurance of confidentiality. Because of this, it is our policy to ask parents to agree that information will be shared only with the child's permission, except in situations where the child's safety is acutely at stake. Parents/Guardians are encouraged to ask their child's therapist about the therapy and together your child's therapist and your child will talk to you about your concerns and will share information that is clinically optimal for the child to share as determined by the therapist and child.

Consent for treatment from both parents (all legal guardians) is required in order for treatment to occur. When a child turns 18 years of age, the decisions about treatment and their treatment record reverts to the child. If this is a concern, please discuss it with me before starting treatment.

We, _____ and _____,
have read and accepted the terms outlined above and hereby give my consent for my
daughter/son, _____, to be in treatment with Adrienne
Cress LCMHC, REAT.

Signature of Parent or Legal Guardian

Date

Signature of Parent or Legal Guardian

Date