

**Training Opportunities for Parents & Caregivers presented by
The Sonya G. Oppenheimer Division of Developmental and Behavioral Pediatrics (DDBP)**

- Classes are for *adults only* including parents, professionals, and other caregivers of children and adolescents **with developmental disabilities**.
- **Participants must register ahead of time to attend these classes.** See below for registration details, location, time, and fees for each class.
- With general questions, please contact DDBPFamilySupport@cchmc.org or call 513-636-2158.

<p>Monday, January 27th 5:30pm - 8:00pm</p> <p><u>Location:</u> Liberty Campus 7777 Yankee Rd. Liberty Township, OH 45044</p> <p>Cost: \$10 per two adult participants</p>	<p>Managing Anxiety: Helping Kids with Developmental Disabilities Cope & Succeed</p> <p>Registration: https://bit.ly/35rkTKw (or search class title on www.eventbrite.com) Registration opens 1 month before the class date.</p>	<p>This 2 ½ hour introductory course discusses the signs and symptoms of anxiety. Caregivers will learn how to teach coping skills and address symptoms through cognitive approaches and positive behavioral supports.</p> <p><i>*Please note: This class primarily targets anxiety concerns in children ages 8 and older. Early childhood anxiety concerns are discussed in the "Understanding Behavior" class.</i></p> <p>Instructors: Nick Hartley, PsyD, Clinical Psychologist & Amy Turner-Iannacci, Family Outreach Associate</p>
<p>Thursday, February 27th & Thursday, March 5th 9:00am – 12:00pm</p> <p><u>Location:</u> Liberty Campus 7777 Yankee Rd. Liberty Township, OH 45044</p> <p>Cost: \$25 per family</p>	<p>Toilet Training Children with Developmental Disabilities</p> <p>Registration: 513-636-2742 or jennifer.gastright@cchmc.org</p>	<p>This 2-day educational training coaches caregivers through strategies for toilet training children with developmental disabilities. Cost includes both classes and a training manual. Individual and/or intensive follow-up services are available if needed after the course is completed.</p> <p><i>*Please note: Attendance of both class dates is required.</i></p> <p>Instructor: Kimberly Kroeger-Geoppinger, PsyD, Clinical Psychologist</p>
<p>Wednesday, March 18th 5:30pm - 8:00pm</p> <p><u>Location:</u> Zembrod Education Center: 625 Washington Ave, Covington KY 41011</p> <p>Cost: \$10 per two adult participants</p>	<p>Understanding Behavior in Individuals with Developmental Disabilities</p> <p>Registration: https://bit.ly/33c97IC (or search class title on www.eventbrite.com) Registration opens 1 month before the class date.</p>	<p>This 2 ½ hour introductory course focuses on the reasons challenging behaviors may occur and teaches way to change challenging behaviors. Caregivers will learn how to encourage cooperation, compliance, and positive family interactions.</p> <p>Instructors: Amber Massa, PsyD, Postdoctoral Fellow & Amy Turner-Iannacci, Family Outreach Associate</p>
<p>Wednesday, April 8th 5:30pm - 8:00pm</p> <p><u>Location:</u> DDBP Building 3430 Burnet Ave. Cincinnati, OH 45229</p> <p>Cost: \$10 per two adult participants</p>	<p>Care Connections: Understanding DDBP & Community Support Options</p> <p>Registration: https://bit.ly/2QIDfCA (or search class title on www.eventbrite.com) Registration opens 1 month before the class date.</p>	<p>This 2 ½ hour course discusses the resources available within the Division of Developmental and Behavioral Pediatrics (DDBP), including therapy options. The course also aims to help caregivers understand how to access community supports and services.</p> <p>Instructors: Meg Stone-Heaberlin, PsyD, Clinical Psychologist & Amy Turner-Iannacci, Family Outreach Associate</p>

<p>Wednesday, May 27th 5:30pm – 8:00pm</p> <p><u>Location:</u> DDBP Building 3430 Burnet Ave. Cincinnati, OH 45229</p> <p>Cost: \$10 per two adult participants</p>	<p>Managing Anxiety: Helping Kids with Developmental Disabilities Cope & Succeed</p> <p>Registration: https://bit.ly/2KlxvVF (or search class title on www.eventbrite.com) Registration opens 1 month before the class date.</p>	<p>This 2 ½ hour introductory course discusses the signs and symptoms of anxiety. Caregivers will learn how to teach coping skills and address symptoms through cognitive approaches and positive behavioral supports.</p> <p><i>*Please note: This class primarily targets anxiety concerns in children ages 8 and older. Early childhood anxiety concerns are discussed in the "Understanding Behavior" class.</i></p> <p>Instructors: Amber Massa, PsyD, Postdoctoral Fellow & Amy Turner-Iannacci, Family Outreach Associate</p>
<p>Monday, June 8th & Monday, June 15th 5:00pm - 8:00pm</p> <p><u>Location:</u> DDBP Building 3430 Burnet Ave. Cincinnati, OH 45229</p> <p>Cost: \$25 per family</p>	<p>Toilet Training Children with Developmental Disabilities</p> <p>Registration: 513-636-2742 or Jennifer.gastright@cchmc.org</p>	<p>This 2-day educational course coaches caregivers through strategies for toilet training children with developmental disabilities. Cost includes both classes and a training manual. Individual and/or intensive follow-up services are available if needed after the course is completed.</p> <p><i>*Please note: Attendance of both class dates is required.</i></p> <p>Instructor: Kimberly Kroeger-Geoppinger, PsyD, Clinical Psychologist</p>
<p>Monday, June 22nd 9:00-11:30am</p> <p><u>Location:</u> Green Township Campus- 5899 Harrison Avenue Cincinnati, OH 45248</p> <p>Cost: \$10 per two adult participants</p>	<p>Understanding Behavior in Individuals with Developmental Disabilities</p> <p>Registration: https://bit.ly/2sb1xeB (or search class title on www.eventbrite.com) Registration opens 1 month before the class date.</p>	<p>This 2 ½ hour introductory course focuses on the reasons challenging behaviors may occur and teaches way to change challenging behaviors. Caregivers will learn how to encourage cooperation, compliance, and positive family interactions.</p> <p>Instructors: Natalie Justice, PhD, Postdoctoral Fellow & Amy Turner-Iannacci, Family Outreach Associate</p>
<p>Tuesday, July 21st 9:00am - 11:30am</p> <p><u>Location:</u> DDBP Building 3430 Burnet Ave. Cincinnati, OH 45229</p> <p>Cost: \$10 per two adult participants</p>	<p>Functional Communication Training for Children and Adolescents with Developmental Disabilities</p> <p>Registration: https://bit.ly/34nToSb (or search class title on www.eventbrite.com) Registration opens 1 month before the class date.</p>	<p>This 2 ½ hour introductory course is designed for caregivers of children and adolescents with developmental disabilities, particularly those who are nonverbal or have limited verbal language skills. The instructor will discuss how to develop a functional communication system through pictures and will teach how to encourage initiation, concrete exchange of pictures symbols, and discrimination training of pictures that symbolize spoken language.</p> <p>Instructor: Jennifer Budde, MS, CCC-SLP, Speech Pathologist</p>



BOOSTER SESSIONS
Journey into a Meaningful Life

2020 Schedule

Booster sessions are intended to provide information on the transition from school to adult life for youth with disabilities. Families, individuals with disabilities, educators, and other professionals are invited to attend these sessions at **no cost**.

**All Session are from
6:00 – 8:00 PM**

**Medical Office Building (MOB),
Cincinnati Children's Hospital Medical Center (CCHMC)**
5th floor Conference Room 201/202
3430 Burnet Avenue | Cincinnati, OH 45229

**MAY
18**

Pre-Employment Skills and Employment Preparation

In this session you will learn how to support youth with Developmental Disabilities (DD) in gaining pre-employment skills, such as how to complete tasks and interact with others, that will prepare them for success in the workforce.

Speakers: Celia Schloemer & Erin Riehle, CCHMC

Register Online: <http://bit.ly/2Hf7qvr>

**JUNE
11**

Social Security Income + Social Security Disability

In this session you will learn how to qualify for SSI beginning at age 18 when parents' income/resources no longer count; about Disabled Adult Child (DAC) benefits for those disabled before age 22; about Social Security makes a medical decision for an adult vs. a child; about the application process and appeals process; how Medicare and Medicaid work with the disability programs; and about working while disabled and Social Security's many work incentives.

Speaker: Kelly Draggoo, *Social Security Administration*

Register Online: <http://bit.ly/2SgC3H6>

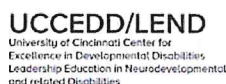
**AUG
13**

Guardianship and Alternatives

In this session you will learn what Guardianship is, what other options exist, and why it is important to think carefully about this decision; develop a better understanding of the legal considerations and process; see examples of county probate court forms and applications and become more prepared and empowered with resources to make informed decisions about your loved one's life

Speakers: Andrew Brennan, *Disability Rights Ohio*; Jane Gerhardt, *Family Member*; Lisa Portune, *Family Member*

Register Online: <http://bit.ly/2UGKbCd>



Transition BOOTCAMP



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**SEPT
10**

Transition from Pediatric to Adult Health Care

In this session you will learn about the differences between the pediatric and adult health care systems; preparing for a successful transition from pediatric to adult healthcare providers and how to successfully navigate the adult healthcare world.

Speakers: Jason Woodward, MD, *CCHMC*; Abby Nye, MD & Lauren Wang, MD, *UC Physicians*

Register Online: <http://bit.ly/2Szop0z>

**OCT
20**

Puberty, Relationships, Sexuality, and General Safety

In this session, we will discuss the rationale for providing comprehensive health and sex education to exceptional learners, review some current research and facts related to relationships, sexuality and safety, share our experiences in teaching health and sex education concepts to young adults and adults with DD and discuss available curriculums and resources.

Speakers: Amanda Tipkemper, *HEIDT Center of Excellence* & TJ Nestheide, *HCDD*

Register Online: <http://bit.ly/38hkUTH>